

Epreuve 20 Messieurs, 400m Libre 11 ans et plus
29/10/2023 - 9:10 série impaire bassin A, série paire bassin B Liste résultats

Records du Qc Sr	3:47.81	NEWMAN, Wesley	DDO	Toronto	13/03/2009
Records du Qc GA 15 - 17	3:51.16	SZMIDT, Peter	PCSC	???	01/03/1979
Records du Qc GA 13 - 14	4:01.94	DUBORD, Marshal	PPO	Montreal	16/02/2013
Records du Qc GA - 12	4:22.94	ORIWOL, Tobias	PCSC	???	01/01/1998

Points: FINA 2023

Rang			Age							Temps	Pts
11 - 13 ans											
1.	COOPER, William		12	Ddo						4:38.18	444
	50m:	32.92 32.92	150m:	1:43.76 35.47	250m:	2:54.30 35.40	350m:	4:04.40 34.84	400m:	4:38.18 33.78	
	100m:	1:08.29 35.37	200m:	2:18.90 35.14	300m:	3:29.56 35.26	400m:	4:38.18 33.78			
2.	WENAAS, Félix		13	Club de natation Saint-Laurent						4:42.54	423
	50m:	32.41 32.41	150m:	1:44.22 36.31	250m:	2:55.93 36.03	350m:	4:08.05 35.80	400m:	4:42.54 34.49	
	100m:	1:07.91 35.50	200m:	2:19.90 35.68	300m:	3:32.25 36.32	400m:	4:42.54 34.49			
3.	MENARD, Thomas		13	LMRL Rivière-du-Loup						4:52.67	381
	50m:	33.52 33.52	150m:	1:46.84 36.84	250m:	3:01.32 37.41	350m:	4:16.46 37.21	400m:	4:52.67 36.21	
	100m:	1:10.00 36.48	200m:	2:23.91 37.07	300m:	3:39.25 37.93	400m:	4:52.67 36.21			
4.	ONORATI, Matteo		13	Ddo						4:57.40	363
	50m:	32.29 32.29	150m:	1:45.86 37.25	250m:	3:01.53 37.73	350m:	4:19.14 38.86	400m:	4:57.40 38.26	
	100m:	1:08.61 36.32	200m:	2:23.80 37.94	300m:	3:40.28 38.75	400m:	4:57.40 38.26			
5.	ROY, Anthony		13	LMRL Rivière-du-Loup						5:08.16	326
	50m:	35.20 35.20	150m:	1:51.75 39.42	250m:	3:12.39 40.84	350m:	4:31.41 39.77	400m:	5:08.16 36.75	
	100m:	1:12.33 37.13	200m:	2:31.55 39.80	300m:	3:51.64 39.25	400m:	5:08.16 36.75			
6.	CHIN, Jonah		12	Ddo						5:23.66	282
	50m:	36.47 36.47	150m:	1:58.20 41.72	250m:	3:21.36 42.63	350m:	4:43.64 41.84	400m:	5:23.66 40.02	
	100m:	1:16.48 40.01	200m:	2:38.73 40.53	300m:	4:01.80 40.44	400m:	5:23.66 40.02			
7.	MCDONALD, Jacob		11	Ddo						5:24.27	280
	50m:	37.45 37.45	150m:	1:59.95 41.01	250m:	3:22.22 40.73	350m:	4:45.47 41.47	400m:	5:24.27 38.80	
	100m:	1:18.94 41.49	200m:	2:41.49 41.54	300m:	4:04.00 41.78	400m:	5:24.27 38.80			
8.	WANG, Yannick Immanuel		13	Dorval Swim Club						5:24.90	278
	50m:	35.67 35.67	150m:	1:58.43 42.09	250m:	3:21.58 41.60	350m:	4:45.82 41.55	400m:	5:24.90 39.08	
	100m:	1:16.34 40.67	200m:	2:39.98 41.55	300m:	4:04.27 42.69	400m:	5:24.90 39.08			
9.	BEN-ABDALLAH, Adam		12	Club de natation Saint-Laurent						5:25.64	276
	50m:	37.64 37.64	150m:	2:01.15 41.88	250m:	3:23.90 41.72	350m:	4:46.20 41.19	400m:	5:25.64 39.44	
	100m:	1:19.27 41.63	200m:	2:42.18 41.03	300m:	4:05.01 41.11	400m:	5:25.64 39.44			
10.	TROTIER, Charles		12	Ddo						5:27.39	272
	50m:	35.93 35.93	150m:	1:58.88 42.02	250m:	3:22.60 41.91	350m:	4:47.15 42.37	400m:	5:27.39 40.24	
	100m:	1:16.86 40.93	200m:	2:40.69 41.81	300m:	4:04.78 42.18	400m:	5:27.39 40.24			
11.	GAUDREAU, Émile		13	Cac						5:32.39	260
	50m:	37.71 37.71	150m:	2:01.30 42.50	250m:	3:27.10 43.00	350m:	4:52.41 42.17	400m:	5:32.39 39.98	
	100m:	1:18.80 41.09	200m:	2:44.10 42.80	300m:	4:10.24 43.14	400m:	5:32.39 39.98			
12.	CARON, Zachary		12	Sher						5:39.46	244
	50m:	37.39 37.39	150m:	2:03.27 43.60	250m:	3:29.36 42.80	350m:	4:55.77 43.46	400m:	5:39.46 43.69	
	100m:	1:19.67 42.28	200m:	2:46.56 43.29	300m:	4:12.31 42.95	400m:	5:39.46 43.69			
13.	XUE, Eric		11	Ddo						5:51.96	219
	50m:	40.06 40.06	150m:	2:11.30 46.01	250m:	3:43.36 46.31	350m:	5:12.31 42.88	400m:	5:51.96 39.65	
	100m:	1:25.29 45.23	200m:	2:57.05 45.75	300m:	4:29.43 46.07	400m:	5:51.96 39.65			
14.	SERVIO, Aidan		11	Ddo						5:56.01	211
	50m:	39.71 39.71	150m:	2:10.01 45.21	250m:	3:42.12 45.70	350m:	5:13.48 45.66	400m:	5:56.01 42.53	
	100m:	1:24.80 45.09	200m:	2:56.42 46.41	300m:	4:27.82 45.70	400m:	5:56.01 42.53			
15.	LAGHNEJ, Ali Mohamed		11	Club de natation Saint-Laurent						5:59.32	206
	50m:	40.12 40.12	150m:	2:12.14 46.14	250m:	3:45.92 47.17	350m:	5:17.45 45.40	400m:	5:59.32 41.87	
	100m:	1:26.00 45.88	200m:	2:58.75 46.61	300m:	4:32.05 46.13	400m:	5:59.32 41.87			

Epreuve 20, Garçons, 400m Libre, 11 - 13 ans

Rang			Age		Temps						Pts	
16.	SLATER, Noah		11	Ddo	6:01.71						202	
	50m:	41.15	41.15	150m:	2:12.57	46.15	250m:	3:45.32	46.95	350m:	5:17.91	46.23
	100m:	1:26.42	45.27	200m:	2:58.37	45.80	300m:	4:31.68	46.36	400m:	6:01.71	43.80
17.	SHAH, Sparsh		13	Ddo	6:06.28						194	
	50m:	41.03	41.03	150m:	2:12.53	45.45	250m:	3:47.75	47.12	350m:	5:22.30	46.82
	100m:	1:27.08	46.05	200m:	3:00.63	48.10	300m:	4:35.48	47.73	400m:	6:06.28	43.98
18.	DE ROSA, Leonardo		11	Ddo	6:39.83						149	
	50m:	41.95	41.95	150m:	2:21.05	50.62	250m:	5:49.30	2:38.45	350m:	6:39.83	
	100m:	1:30.43	48.48	200m:	3:10.85	49.80	300m:			400m:	6:39.83	
19.	ST LOUIS, Jaden		11	Club de natation Saint-Laurent	6:49.19						139	
	50m:	44.18	44.18	150m:	2:25.92	51.96	250m:	4:10.08	51.70	350m:	5:55.78	53.70
	100m:	1:33.96	49.78	200m:	3:18.38	52.46	300m:	5:02.08	52.00	400m:	6:49.19	53.41
20.	LEMIEUX, Jules		12	Sher	6:59.54						129	
	50m:	43.23	43.23	150m:	2:27.87	53.14	250m:	5:12.69	55.44	350m:	6:59.65	52.45
	100m:	1:34.73	51.50	200m:	4:17.25	1:49.38	300m:	6:07.20	54.51	400m:	6:59.54	
21.	DAVIDSON, Caleb		12	Sher	7:27.29						106	
	50m:	44.96	44.96	150m:	2:31.29	52.46	250m:	4:25.42	57.82	350m:	6:25.03	1:00.14
	100m:	1:38.83	53.87	200m:	3:27.60	56.31	300m:	5:24.89	59.47	400m:	7:27.29	1:02.26
disq.	WONG, Mahilo		13	Ddo	4:37.93							
	50m:	30.03	30.03	150m:	1:39.17	35.22	250m:	2:53.04	36.90	350m:	4:04.33	35.54
	100m:	1:03.95	33.92	200m:	2:16.14	36.97	300m:	3:28.79	35.75	400m:	4:37.93	33.60

14 - 15 ans

1.	CLEARY, Evan		14	Ddo	4:21.34						535	
	50m:	29.78	29.78	150m:	1:36.60	33.85	250m:	2:43.79	32.86	350m:	3:49.63	32.95
	100m:	1:02.75	32.97	200m:	2:10.93	34.33	300m:	3:16.68	32.89	400m:	4:21.34	31.71
2.	DONG, Jonathan		15	Club de natation Saint-Laurent	4:22.89						526	
	50m:	29.09	29.09	150m:	1:35.27	33.58	250m:	2:41.73	32.20	350m:	3:49.58	34.07
	100m:	1:01.69	32.60	200m:	2:09.53	34.26	300m:	3:15.51	33.78	400m:	4:22.89	33.31
3.	HUNT, Liam		14	Dorval Swim Club	4:25.89						508	
	50m:	30.04	30.04	150m:	1:37.42	33.87	250m:	2:45.32	33.64	350m:	3:53.20	33.94
	100m:	1:03.55	33.51	200m:	2:11.68	34.26	300m:	3:19.26	33.94	400m:	4:25.89	32.69
4.	BOUAKKAZ, Idris Iyed		14	Sher	4:41.58						428	
	50m:	30.66	30.66	150m:	1:41.47	36.26	250m:	2:53.83	36.42	350m:	4:06.81	36.82
	100m:	1:05.21	34.55	200m:	2:17.41	35.94	300m:	3:29.99	36.16	400m:	4:41.58	34.77
5.	ANISHIN, Mikhail		15	Cote Saint-Luc Aquatics	4:45.54						410	
	50m:	31.55	31.55	150m:	1:41.97	35.84	250m:	2:55.11	36.71	350m:	4:09.96	37.37
	100m:	1:06.13	34.58	200m:	2:18.40	36.43	300m:	3:32.59	37.48	400m:	4:45.54	35.58
6.	LEVESQUE DESCHAMP, Conrad		15	Sher	4:45.93						409	
	50m:	30.74	30.74	150m:	1:41.85	36.32	250m:	2:55.86	37.37	350m:	4:09.24	36.98
	100m:	1:05.53	34.79	200m:	2:18.49	36.64	300m:	3:32.26	36.40	400m:	4:45.93	36.69
7.	KHELLAF, Karim		15	Dorval Swim Club	4:49.46						394	
	50m:	30.90	30.90	150m:	1:42.95	36.89	250m:	2:58.17	37.87	350m:	4:12.93	37.57
	100m:	1:06.06	35.16	200m:	2:20.30	37.35	300m:	3:35.36	37.19	400m:	4:49.46	36.53
8.	YAHMADI, Rayen		14	Club de natation Saint-Laurent	5:16.54						301	
	50m:	32.90	32.90	150m:	1:51.60	40.30	250m:	3:10.58	38.69	350m:	4:35.29	42.45
	100m:	1:11.30	38.40	200m:	2:31.89	40.29	300m:	3:52.84	42.26	400m:	5:16.54	41.25
9.	TAOUFIQ, Anas		14	Club de natation Saint-Laurent	5:28.54						269	
	50m:	35.62	35.62	150m:	1:56.78	41.25	250m:	3:20.59	42.17	350m:	4:47.20	43.71
	100m:	1:15.53	39.91	200m:	2:38.42	41.64	300m:	4:03.49	42.90	400m:	5:28.54	41.34

Epreuve 20, Messieurs, 400m Libre

16 - 17 ans

1.	TROTIER, Louis		17	Ddo		4:11.82	598	
	50m: 27.04	27.04	150m: 1:29.28	31.94	250m: 2:34.36	32.30	350m: 3:40.45	32.74
	100m: 57.34	30.30	200m: 2:02.06	32.78	300m: 3:07.71	33.35	400m: 4:11.82	31.37
2.	DZHAMAIEV, Timur		17	Dorval Swim Club		4:20.72	539	
	50m: 28.45	28.45	150m: 1:32.50	32.46	250m: 2:39.62	33.74	350m: 3:47.81	33.98
	100m: 1:00.04	31.59	200m: 2:05.88	33.38	300m: 3:13.83	34.21	400m: 4:20.72	32.91
3.	UYANGA, Temuun		16	Cote Saint-Luc Aquatics		4:23.79	520	
	50m: 28.62	28.62	150m: 1:34.02	33.15	250m: 2:41.84	34.23	350m: 3:50.44	34.04
	100m: 1:00.87	32.25	200m: 2:07.61	33.59	300m: 3:16.40	34.56	400m: 4:23.79	33.35
4.	VERGNANO MCRAE, Kyle		16	Ddo		4:24.24	518	
	50m: 28.96	28.96	150m: 1:34.25	33.32	250m: 2:42.07	34.07	350m: 3:51.01	34.50
	100m: 1:00.93	31.97	200m: 2:08.00	33.75	300m: 3:16.51	34.44	400m: 4:24.24	33.23
5.	LEVAC, Philippe		17	Sher		4:25.48	511	
	50m: 28.45	28.45	150m: 1:33.27	33.23	250m: 2:42.64	35.28	350m: 3:53.16	34.85
	100m: 1:00.04	31.59	200m: 2:07.36	34.09	300m: 3:18.31	35.67	400m: 4:25.48	32.32
6.	BOYER, Sébastien		16	Ddo		4:45.00	413	
	50m: 29.47	29.47	150m: 1:38.83	35.84	250m: 2:53.89	38.04	350m: 4:08.03	37.18
	100m: 1:02.99	33.52	200m: 2:15.85	37.02	300m: 3:30.85	36.96	400m: 4:45.00	36.97
7.	PAGEL, Luka		16	Ddo		4:50.77	388	
	50m: 32.03	32.03	150m: 1:46.02	37.56	250m: 3:02.28	38.80	350m: 4:16.05	37.13
	100m: 1:08.46	36.43	200m: 2:23.48	37.46	300m: 3:38.92	36.64	400m: 4:50.77	34.72
8.	BEN-ABDALLAH, Ahmed		16	Club de natation Saint-Laurent		4:53.42	378	
	50m: 30.83	30.83	150m: 1:43.80	37.54	250m: 3:00.24	38.31	350m: 4:16.86	38.52
	100m: 1:06.26	35.43	200m: 2:21.93	38.13	300m: 3:38.34	38.10	400m: 4:53.42	36.56
9.	MASSE, Charles Antoine		17	Sher		4:55.04	372	
	50m: 32.72	32.72	150m: 1:46.42	37.08	250m: 3:01.68	37.73	350m: 4:18.06	38.43
	100m: 1:09.34	36.62	200m: 2:23.95	37.53	300m: 3:39.63	37.95	400m: 4:55.04	36.98
10.	LAMPRON, Mathis		16	Requins de Drummondville		4:57.05	364	
	50m: 32.44	32.44	150m: 1:47.03	38.00	250m: 3:04.36	38.73	350m: 4:19.50	38.37
	100m: 1:09.03	36.59	200m: 2:25.63	38.60	300m: 3:41.13	36.77	400m: 4:57.05	37.55

18 ans et plus

1.	LAFLEUR, Maxime		21	Ddo		4:09.32	616	
	50m: 27.29	27.29	150m: 1:30.55	31.99	250m: 2:34.15	31.62	350m: 3:38.04	31.88
	100m: 58.56	31.27	200m: 2:02.53	31.98	300m: 3:06.16	32.01	400m: 4:09.32	31.28
2.	SALEM, Adham		19	Ddo		4:13.08	589	
	50m: 28.52	28.52	150m: 1:31.41	31.89	250m: 2:35.66	31.95	350m: 3:40.65	32.51
	100m: 59.52	31.00	200m: 2:03.71	32.30	300m: 3:08.14	32.48	400m: 4:13.08	32.43
3.	NARDUCCI, David		19	Dorval Swim Club		4:18.26	555	
	50m: 28.70	28.70	150m: 1:32.11	32.35	250m: 2:38.29	33.22	350m: 3:45.20	33.32
	100m: 59.76	31.06	200m: 2:05.07	32.96	300m: 3:11.88	33.59	400m: 4:18.26	33.06
4.	VAUDOU, Valentin		23	Sher		4:22.71	527	
	50m: 29.38	29.38	150m: 1:33.99	32.03	250m: 2:40.46	33.29	350m: 3:48.90	34.19
	100m: 1:01.96	32.58	200m: 2:07.17	33.18	300m: 3:14.71	34.25	400m: 4:22.71	33.81
5.	TAYLOR, Nathan		18	Dorval Swim Club		4:25.67	509	
	50m: 28.87	28.87	150m: 1:34.24	33.91	250m: 2:44.42	34.89	350m: 3:52.58	34.23
	100m: 1:00.33	31.46	200m: 2:09.53	35.29	300m: 3:18.35	33.93	400m: 4:25.67	33.09
6.	LEFEBVRE, Matias Sebastian		18	Dorval Swim Club		4:25.97	508	
	50m: 29.37	29.37	150m: 1:35.04	33.25	250m: 2:43.60	34.32	350m: 3:51.93	34.24
	100m: 1:01.79	32.42	200m: 2:09.28	34.24	300m: 3:17.69	34.09	400m: 4:25.97	34.04
7.	LEBEUF, Thomas		18	Cac		4:46.86	405	
	50m: 30.14	30.14	150m: 1:41.56	36.93	250m: 2:56.17	37.19	350m: 4:10.50	37.15
	100m: 1:04.63	34.49	200m: 2:18.98	37.42	300m: 3:33.35	37.18	400m: 4:46.86	36.36

Epreuve 20, Messieurs, 400m Libre, 18 ans et plus

Rang				Age					Temps	Pts		
8.	SIDERIS, Yann			19	Club de natation Saint-Laurent				4:47.89	400		
	50m:	30.65	30.65	150m:	1:41.81	36.56	250m:	2:57.00	37.88	350m:	4:12.43	37.66
	100m:	1:05.25	34.60	200m:	2:19.12	37.31	300m:	3:34.77	37.77	400m:	4:47.89	35.46
9.	WANG, Tian Rui			22	Club de natation Saint-Laurent				4:49.14	395		
	50m:	31.67	31.67	150m:	1:43.25	36.53	250m:	2:57.97	37.64	350m:	4:12.79	37.15
	100m:	1:06.72	35.05	200m:	2:20.33	37.08	300m:	3:35.64	37.67	400m:	4:49.14	36.35