

Epreuve 19 Dames, 400m Libre 11 ans et plus
29/10/2023 - 8:30 série impaire bassin A, série paire bassin B Liste résultats

Records du Qc Sr	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	17/12/2016
Records du Qc GA 15 - 17	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	17/12/2016
Records du Qc GA 13 - 14	4:17.41	HUTCHISON, Jennifer	PCSC	???	01/02/1987
Records du Qc GA - 12	4:23.93	SHEWCHUCK, Stephanie	PCSC	???	01/02/1987

Points: FINA 2023

Rang	Age		Temps						Pts			
11 - 12 ans												
1.	FORTIER, Charlie-Rose		11	Sher		4:51.41				500		
	50m:	32.58	32.58	150m:	1:47.39	37.07	250m:	3:02.52	37.86	350m:	4:16.10	36.61
	100m:	1:10.32	37.74	200m:	2:24.66	37.27	300m:	3:39.49	36.97	400m:	4:51.41	35.31
2.	CHEN, Michelle		12	Ddo		4:51.58				499		
	50m:	31.72	31.72	150m:	1:44.25	36.96	250m:	3:00.00	38.21	350m:	4:15.71	37.32
	100m:	1:07.29	35.57	200m:	2:21.79	37.54	300m:	3:38.39	38.39	400m:	4:51.58	35.87
3.	TANNY, Leora		12	Cote Saint-Luc Aquatics		5:20.74				375		
	50m:	36.09	36.09	150m:	1:57.79	40.52	250m:	3:18.86	39.82	350m:	4:41.69	41.23
	100m:	1:17.27	41.18	200m:	2:39.04	41.25	300m:	4:00.46	41.60	400m:	5:20.74	39.05
4.	KEFI, Beya		12	Ddo		5:21.72				371		
	50m:	36.20	36.20	150m:	1:58.06	41.49	250m:	3:20.85	40.88	350m:	4:43.56	41.54
	100m:	1:16.57	40.37	200m:	2:39.97	41.91	300m:	4:02.02	41.17	400m:	5:21.72	38.16
5.	MARMOUZ, Siane		12	Dorval Swim Club		5:28.52				349		
	50m:	37.62	37.62	150m:	1:59.20	41.05	250m:	3:24.00	42.29	350m:	4:49.10	42.61
	100m:	1:18.15	40.53	200m:	2:41.71	42.51	300m:	4:06.49	42.49	400m:	5:28.52	39.42
6.	MOSHUTZ, Laura		12	Club de natation Saint-Laurent		5:30.90				341		
	50m:	36.93	36.93	150m:	2:01.43	43.19	250m:	3:27.76	43.03	350m:	4:51.90	41.25
	100m:	1:18.24	41.31	200m:	2:44.73	43.30	300m:	4:10.65	42.89	400m:	5:30.90	39.00
7.	LAPRISE, Beatrice		12	LMRL Rivière-du-Loup		5:39.51				316		
	50m:	36.54	36.54	150m:	1:57.90	41.18	250m:	3:25.06	44.39	350m:	4:58.33	47.66
	100m:	1:16.72	40.18	200m:	2:40.67	42.77	300m:	4:10.67	45.61	400m:	5:39.51	41.18
8.	RIVARD, Mathilde		12	Requins de Drummondville		5:43.69				304		
	50m:	36.84	36.84	150m:	2:02.86	43.95	250m:	3:31.89	44.66	350m:	5:00.16	43.98
	100m:	1:18.91	42.07	200m:	2:47.23	44.37	300m:	4:16.18	44.29	400m:	5:43.69	43.53
9.	COROVINA, Elizaveta		12	Cote Saint-Luc Aquatics		5:44.67				302		
	50m:	40.31	40.31	150m:	2:08.16	43.59	250m:	3:34.76	43.06	350m:	5:02.35	43.80
	100m:	1:24.57	44.26	200m:	2:51.70	43.54	300m:	4:18.55	43.79	400m:	5:44.67	42.32
10.	BASSERMANN, Kayla		12	Dorval Swim Club		5:53.09				281		
	50m:	41.44	41.44	150m:	2:09.18	43.30	250m:	3:38.43	44.81	350m:	5:09.50	45.06
	100m:	1:25.88	44.44	200m:	2:53.62	44.44	300m:	4:24.44	46.01	400m:	5:53.09	43.59
11.	HUNT, Alexa		11	Dorval Swim Club		5:59.33				266		
	50m:	41.17	41.17	150m:	2:10.26	44.24	250m:	3:41.81	45.93	350m:	5:15.74	46.31
	100m:	1:26.02	44.85	200m:	2:55.88	45.62	300m:	4:29.43	47.62	400m:	5:59.33	43.59
12.	MAXIMENCO, Sophia		11	Ddo		6:06.40				251		
	50m:	44.17	44.17	150m:	2:18.91	48.34	250m:	3:52.73	47.18	350m:	5:24.84	46.50
	100m:	1:30.57	46.40	200m:	3:05.55	46.64	300m:	4:38.34	45.61	400m:	6:06.40	41.56
13.	PARENT, Florence		12	Cac		6:17.38				230		
	50m:	39.96	39.96	150m:	2:14.60	48.25	250m:	3:52.33	48.84	350m:	5:29.80	48.55
	100m:	1:26.35	46.39	200m:	3:03.49	48.89	300m:	4:41.25	48.92	400m:	6:17.38	47.58
14.	LAFOREST, Jeanne		12	LMRL Rivière-du-Loup		6:20.32				224		
	50m:	42.24	42.24	150m:	2:20.67	49.35	250m:	3:56.34	47.83	350m:	5:33.67	48.59
	100m:	1:31.32	49.08	200m:	3:08.51	47.84	300m:	4:45.08	48.74	400m:	6:20.32	46.65
15.	CHOUINARD, Annaelle		11	LMRL Rivière-du-Loup		6:25.27				216		
	50m:	45.76	45.76	150m:	2:27.67	51.47	250m:	4:05.77	49.20	350m:	5:43.51	48.55
	100m:	1:36.20	50.44	200m:	3:16.57	48.90	300m:	4:54.96	49.19	400m:	6:25.27	41.76

Epreuve 19, Filles, 400m Libre, 11 - 12 ans

Rang			Age					Temps	Pts			
16.	TOUGAS, Héloïse		12	Sher				6:37.55	196			
	50m:	42.99	42.99	150m:	2:22.40	50.44	250m:	4:05.20	51.04	350m:	5:50.81	52.46
	100m:	1:31.96	48.97	200m:	3:14.16	51.76	300m:	4:58.35	53.15	400m:	6:37.55	46.74
17.	ROY, Emmanuelle		12	LMRL Rivière-du-Loup				6:52.08	176			
	50m:	48.22	48.22	150m:	2:35.86	54.60	250m:	4:21.91	52.22	350m:	6:06.24	51.91
	100m:	1:41.26	53.04	200m:	3:29.69	53.83	300m:	5:14.33	52.42	400m:	6:52.08	45.84
18.	MURCIA, Sofia		11	LMRL Rivière-du-Loup				7:06.07	159			
	50m:	48.14	48.14	150m:	2:35.55	54.22	250m:	4:25.57	55.48	350m:	6:15.42	54.61
	100m:	1:41.33	53.19	200m:	3:30.09	54.54	300m:	5:20.81	55.24	400m:	7:06.07	50.65
disq.	STORELLI, Elisabeth		11	Club de natation Saint-Laurent				7:00.89				
	50m:	45.85	45.85	150m:	2:34.17	54.09	250m:	4:22.41	54.04	350m:	6:11.77	54.53
	100m:	1:40.08	54.23	200m:	3:28.37	54.20	300m:	5:17.24	54.83	400m:	7:00.89	49.12

13 - 14 ans

1.	PERREAULT, Maélie		13	Sher				4:46.35	527			
	50m:	31.56	31.56	150m:	1:42.58	35.92	250m:	2:56.25	36.94	350m:	4:10.46	36.85
	100m:	1:06.66	35.10	200m:	2:19.31	36.73	300m:	3:33.61	37.36	400m:	4:46.35	35.89
2.	GIBEROVITCH, Ella		14	Cote Saint-Luc Aquatics				4:57.85	468			
	50m:	31.50	31.50	150m:	1:44.72	37.29	250m:	3:01.76	38.44	350m:	4:19.71	38.78
	100m:	1:07.43	35.93	200m:	2:23.32	38.60	300m:	3:40.93	39.17	400m:	4:57.85	38.14
3.	MICHAUD, Roxane		13	LMRL Rivière-du-Loup				5:02.15	448			
	50m:	34.93	34.93	150m:	1:53.38	38.88	250m:	3:10.88	38.26	350m:	4:27.26	37.88
	100m:	1:14.50	39.57	200m:	2:32.62	39.24	300m:	3:49.38	38.50	400m:	5:02.15	34.89
4.	DION, Chloe		13	Ddo				5:02.59	446			
	50m:	34.75	34.75	150m:	1:52.94	39.28	250m:	3:10.53	38.24	350m:	4:26.84	37.77
	100m:	1:13.66	38.91	200m:	2:32.29	39.35	300m:	3:49.07	38.54	400m:	5:02.59	35.75
5.	MCDONALD, Avery		14	Ddo				5:05.15	435			
	50m:	34.98	34.98	150m:	1:51.90	38.90	250m:	3:10.03	39.35	350m:	4:27.93	38.68
	100m:	1:13.00	38.02	200m:	2:30.68	38.78	300m:	3:49.25	39.22	400m:	5:05.15	37.22
6.	SAUVÉ, Maelie		14	Club de natation Saint-Laurent				5:08.42	421			
	50m:	34.00	34.00	150m:	1:52.01	39.99	250m:	3:11.97	39.93	350m:	4:30.60	38.52
	100m:	1:12.02	38.02	200m:	2:32.04	40.03	300m:	3:52.08	40.11	400m:	5:08.42	37.82
7.	ANDERSON, Lillian		13	Cote Saint-Luc Aquatics				5:08.55	421			
	50m:	33.46	33.46	150m:	1:51.49	39.87	250m:	3:11.03	39.64	350m:	4:30.17	39.31
	100m:	1:11.62	38.16	200m:	2:31.39	39.90	300m:	3:50.86	39.83	400m:	5:08.55	38.38
8.	MACISAAC, Emily		14	Dorval Swim Club				5:13.59	401			
	50m:	35.69	35.69	150m:	1:53.59	39.35	250m:	3:13.65	40.20	350m:	4:34.54	40.62
	100m:	1:14.24	38.55	200m:	2:33.45	39.86	300m:	3:53.92	40.27	400m:	5:13.59	39.05
9.	CONVIE, Lucy		13	Cote Saint-Luc Aquatics				5:14.19	398			
	50m:	36.05	36.05	150m:	1:55.42	39.91	250m:	3:14.95	39.40	350m:	4:35.12	40.50
	100m:	1:15.51	39.46	200m:	2:35.55	40.13	300m:	3:54.62	39.67	400m:	5:14.19	39.07
10.	LAROCQUE, Béatrice		13	Club de natation Saint-Laurent				5:14.26	398			
	50m:	34.99	34.99	150m:	1:53.51	39.51	250m:	3:14.00	40.55	350m:	4:35.20	40.57
	100m:	1:14.00	39.01	200m:	2:33.45	39.94	300m:	3:54.63	40.63	400m:	5:14.26	39.06
11.	YIMLIM, Anna		13	Ddo				5:29.54	345			
	50m:	38.47	38.47	150m:	2:00.48	41.88	250m:	3:25.90	42.61	350m:	4:50.99	42.24
	100m:	1:18.60	40.13	200m:	2:43.29	42.81	300m:	4:08.75	42.85	400m:	5:29.54	38.55
12.	KIRDEIKIS, Anna		14	Dorval Swim Club				5:35.29	328			
	50m:	38.74	38.74	150m:	2:06.40	44.77	250m:	3:30.88	41.83	350m:	4:55.59	41.49
	100m:	1:21.63	42.89	200m:	2:49.05	42.65	300m:	4:14.10	43.22	400m:	5:35.29	39.70
13.	CÔTÉ, Maxime		14	Cac				5:35.89	326			
	50m:	37.47	37.47	150m:	2:02.42	43.15	250m:	3:29.43	43.40	350m:	4:55.35	42.55
	100m:	1:19.27	41.80	200m:	2:46.03	43.61	300m:	4:12.80	43.37	400m:	5:35.89	40.54

Epreuve 19, Filles, 400m Libre, 13 - 14 ans

Rang			Age					Temps	Pts		
14.	DICKNER, Brittany		14	LMRL Rivière-du-Loup				5:36.61	324		
	50m:	38.79 38.79	150m:	2:04.62	43.53	250m:	3:31.82	43.40	350m:	4:56.61	42.61
	100m:	1:21.09 42.30	200m:	2:48.42	43.80	300m:	4:14.00	42.18	400m:	5:36.61	40.00
15.	MELOATAM, Jade		13	LMRL Rivière-du-Loup				5:42.68	307		
	50m:	39.80 39.80	150m:	2:08.28	44.81	250m:	3:36.25	43.62	350m:	5:02.97	43.39
	100m:	1:23.47 43.67	200m:	2:52.63	44.35	300m:	4:19.58	43.33	400m:	5:42.68	39.71
16.	PÉLISSIER, Anna Simone		13	Cac				5:52.41	282		
	50m:	42.09 42.09	150m:	2:13.60	45.88	250m:	3:43.18	44.79	350m:	5:10.99	43.26
	100m:	1:27.72 45.63	200m:	2:58.39	44.79	300m:	4:27.73	44.55	400m:	5:52.41	41.42
17.	ZUPPEL, Eva		13	Ddo				5:56.12	273		
	50m:	39.23 39.23	150m:	2:07.59	44.66	250m:	3:39.34	45.72	350m:	5:11.35	46.00
	100m:	1:22.93 43.70	200m:	2:53.62	46.03	300m:	4:25.35	46.01	400m:	5:56.12	44.77
18.	TREMBLAY, Maëlys		13	Cac				5:57.98	269		
	50m:	41.49 41.49	150m:	2:14.33	46.82	250m:	3:46.60	46.56	350m:	5:16.42	44.84
	100m:	1:27.51 46.02	200m:	3:00.04	45.71	300m:	4:31.58	44.98	400m:	5:57.98	41.56

15 - 16 ans

1.	PIATERA MERCIER, Delphine		15	Sher				4:27.70	645		
	50m:	30.35 30.35	150m:	1:38.09	34.35	250m:	2:45.72	33.39	350m:	3:53.59	34.28
	100m:	1:03.74 33.39	200m:	2:12.33	34.24	300m:	3:19.31	33.59	400m:	4:27.70	34.11
2.	LEFRANCOIS, Audrey		15	Cote Saint-Luc Aquatics				4:34.06	601		
	50m:	30.51 30.51	150m:	1:37.81	34.07	250m:	2:47.58	34.93	350m:	3:58.84	35.74
	100m:	1:03.74 33.23	200m:	2:12.65	34.84	300m:	3:23.10	35.52	400m:	4:34.06	35.22
3.	MARCON, Isabella		16	Ddo				4:35.08	594		
	50m:	31.39 31.39	150m:	1:39.77	34.67	250m:	2:50.28	35.20	350m:	4:00.78	35.13
	100m:	1:05.10 33.71	200m:	2:15.08	35.31	300m:	3:25.65	35.37	400m:	4:35.08	34.30
4.	PAYANT, Léa		16	Dorval Swim Club				4:43.16	545		
	50m:	31.29 31.29	150m:	1:40.71	35.00	250m:	2:52.96	36.36	350m:	4:07.03	37.16
	100m:	1:05.71 34.42	200m:	2:16.60	35.89	300m:	3:29.87	36.91	400m:	4:43.16	36.13
5.	COOPER, Audrey		16	Ddo				4:47.95	518		
	50m:	32.94 32.94	150m:	1:44.88	36.18	250m:	2:58.16	36.54	350m:	4:12.25	36.82
	100m:	1:08.70 35.76	200m:	2:21.62	36.74	300m:	3:35.43	37.27	400m:	4:47.95	35.70
6.	KELLY, Gabrielle		16	Cac				4:49.92	507		
	50m:	31.80 31.80	150m:	1:43.36	36.54	250m:	2:58.01	37.39	350m:	4:13.27	37.46
	100m:	1:06.82 35.02	200m:	2:20.62	37.26	300m:	3:35.81	37.80	400m:	4:49.92	36.65
7.	BERNARD, Mayia		15	Cac				5:03.11	444		
	50m:	33.64 33.64	150m:	1:50.44	38.94	250m:	3:08.73	38.59	350m:	4:26.42	38.22
	100m:	1:11.50 37.86	200m:	2:30.14	39.70	300m:	3:48.20	39.47	400m:	5:03.11	36.69
8.	MARTIN, Léa-Rose		15	Requins de Drummondville				5:05.31	434		
	50m:	34.07 34.07	150m:	1:49.92	38.54	250m:	3:08.93	39.65	350m:	4:27.83	39.09
	100m:	1:11.38 37.31	200m:	2:29.28	39.36	300m:	3:48.74	39.81	400m:	5:05.31	37.48
9.	MOREAU, Jeanne		15	LMRL Rivière-du-Loup				5:06.64	429		
	50m:	34.72 34.72	150m:	1:53.12	39.80	250m:	3:10.61	38.55	350m:	4:28.49	39.41
	100m:	1:13.32 38.60	200m:	2:32.06	38.94	300m:	3:49.08	38.47	400m:	5:06.64	38.15
10.	POIRIER, Alexanne		16	LMRL Rivière-du-Loup				5:14.03	399		
	50m:	35.81 35.81	150m:	1:55.35	39.86	250m:	3:15.16	39.38	350m:	4:34.99	39.94
	100m:	1:15.49 39.68	200m:	2:35.78	40.43	300m:	3:55.05	39.89	400m:	5:14.03	39.04
11.	MCDONALD, Kayden		16	Dorval Swim Club				5:14.75	396		
	50m:	34.21 34.21	150m:	1:53.33	39.88	250m:	3:14.25	40.30	350m:	4:35.65	40.04
	100m:	1:13.45 39.24	200m:	2:33.95	40.62	300m:	3:55.61	41.36	400m:	5:14.75	39.10
12.	GIGUÈRE, Adélie		15	Requins de Drummondville				5:20.50	375		
	50m:	35.36 35.36	150m:	1:55.57	40.68	250m:	3:18.32	41.30	350m:	4:40.38	40.85
	100m:	1:14.89 39.53	200m:	2:37.02	41.45	300m:	3:59.53	41.21	400m:	5:20.50	40.12

Epreuve 19, Filles, 400m Libre, 15 - 16 ans

Rang				Age					Temps	Pts		
13.	VITOROULLIS, Juliana			15	Ddo				5:25.63	358		
	50m:	35.99	35.99	150m:	1:57.94	41.44	250m:	3:21.00	41.46	350m:	4:44.14	41.46
	100m:	1:16.50	40.51	200m:	2:39.54	41.60	300m:	4:02.68	41.68	400m:	5:25.63	41.49
14.	RAMADORI, Lily			15	Cote Saint-Luc Aquatics				5:28.15	350		
	50m:	35.26	35.26	150m:	1:56.03	41.16	250m:	3:20.74	42.34	350m:	4:46.61	43.22
	100m:	1:14.87	39.61	200m:	2:38.40	42.37	300m:	4:03.39	42.65	400m:	5:28.15	41.54
15.	ZHANG, Melody			16	Club de natation Saint-Laurent				5:29.58	345		
	50m:	35.78	35.78	150m:	1:57.01	41.61	250m:	3:22.72	43.10	350m:	4:48.93	42.97
	100m:	1:15.40	39.62	200m:	2:39.62	42.61	300m:	4:05.96	43.24	400m:	5:29.58	40.65
16.	MALENFANT, Julia			15	LMRL Rivière-du-Loup				5:54.70	277		
	50m:	40.92	40.92	150m:	2:10.15	45.31	250m:	3:40.56	45.29	350m:	5:11.29	45.17
	100m:	1:24.84	43.92	200m:	2:55.27	45.12	300m:	4:26.12	45.56	400m:	5:54.70	43.41

17 ans et plus

1.	TREMBLAY, Raphaelle			19	LMRL Rivière-du-Loup				4:25.67	659		
	50m:	30.37	30.37	150m:	1:37.77	33.85	250m:	2:45.02	32.90	350m:	3:52.46	33.60
	100m:	1:03.92	33.55	200m:	2:12.12	34.35	300m:	3:18.86	33.84	400m:	4:25.67	33.21
2.	PONTON, Emma			17	Ddo				4:33.42	605		
	50m:	30.62	30.62	150m:	1:38.49	34.17	250m:	2:48.00	34.72	350m:	3:58.29	35.07
	100m:	1:04.32	33.70	200m:	2:13.28	34.79	300m:	3:23.22	35.22	400m:	4:33.42	35.13
3.	MICHAUD, Élisabeth			18	Club de natation Saint-Laurent				4:39.22	568		
	50m:	32.00	32.00	150m:	1:41.04	34.93	250m:	2:51.61	35.32	350m:	4:03.44	36.15
	100m:	1:06.11	34.11	200m:	2:16.29	35.25	300m:	3:27.29	35.68	400m:	4:39.22	35.78
4.	DESCENT, Ann-Lorie			19	Sher				4:44.73	536		
	50m:	31.83	31.83	150m:	1:42.17	35.77	250m:	2:54.93	36.49	350m:	4:08.69	36.90
	100m:	1:06.40	34.57	200m:	2:18.44	36.27	300m:	3:31.79	36.86	400m:	4:44.73	36.04
5.	CREVIER, Megane			18	Dorval Swim Club				4:49.80	508		
	50m:	32.85	32.85	150m:	1:45.97	36.73	250m:	3:00.21	37.16	350m:	4:14.40	37.10
	100m:	1:09.24	36.39	200m:	2:23.05	37.08	300m:	3:37.30	37.09	400m:	4:49.80	35.40
6.	DAOUST, Rachel			17	Ddo				4:50.41	505		
	50m:	33.22	33.22	150m:	1:45.91	36.63	250m:	2:59.98	37.19	350m:	4:14.32	37.34
	100m:	1:09.28	36.06	200m:	2:22.79	36.88	300m:	3:36.98	37.00	400m:	4:50.41	36.09
7.	LAGUEUX, Mia			19	Sher				4:50.43	505		
	50m:	32.28	32.28	150m:	1:44.41	36.28	250m:	2:57.94	36.71	350m:	4:13.31	37.62
	100m:	1:08.13	35.85	200m:	2:21.23	36.82	300m:	3:35.69	37.75	400m:	4:50.43	37.12
8.	GUALTIERI, Isabella			18	Ddo				4:57.80	468		
	50m:	34.09	34.09	150m:	1:48.06	37.61	250m:	3:04.01	37.91	350m:	4:20.30	38.10
	100m:	1:10.45	36.36	200m:	2:26.10	38.04	300m:	3:42.20	38.19	400m:	4:57.80	37.50
9.	MORISSET, Émilie-Rose			17	Sher				4:58.29	466		
	50m:	32.48	32.48	150m:	1:47.17	38.02	250m:	3:04.28	38.65	350m:	4:21.22	38.18
	100m:	1:09.15	36.67	200m:	2:25.63	38.46	300m:	3:43.04	38.76	400m:	4:58.29	37.07
10.	BOSSE, Marie-Laurence			17	LMRL Rivière-du-Loup				5:16.59	389		
	50m:	35.70	35.70	150m:	1:54.64	40.01	250m:	3:16.01	40.84	350m:	4:37.83	40.97
	100m:	1:14.63	38.93	200m:	2:35.17	40.53	300m:	3:56.86	40.85	400m:	5:16.59	38.76
11.	BORRIS, Florence			17	Requins de Drummondville				5:44.19	303		
	50m:	34.81	34.81	150m:	1:57.59	43.36	250m:	3:28.73	45.63	350m:	5:00.29	45.85
	100m:	1:14.23	39.42	200m:	2:43.10	45.51	300m:	4:14.44	45.71	400m:	5:44.19	43.90