

Championnats de District 2023
Seraing, 4- - 5-11-2023Epreuve 14
04-11-23 - 14:17

Messieurs, 1500m Libre

11 ans et plus
Liste résultats11 ans Ben: 22:44.96 / 12 ans Ben: 21:26.32 / 13 ans Min: 20:35.35 / 14 ans Min: 19:57.59 / 15 ans Cad: 19:46.81 /
16 ans Cad: 19:36.02 / Jun: 19:06.62; 19 +: 18:29.07

Points: FINA 2020

Rang		AN			Temps	Pts		
Benjamins								
1.	SCHEPERS Thimothée	12	Perron		20:56.23	333		
	100m: 1:16.62	1:16.62	500m: 6:58.69	1:25.79	900m: 12:36.19	1:23.43	1300m: 18:13.66	1:24.26
	200m: 2:40.71	1:24.09	600m: 8:23.44	1:24.75	1000m: 14:01.50	1:25.31	1400m: 19:36.31	1:22.65
	300m: 4:06.55	1:25.84	700m: 9:48.51	1:25.07	1100m: 15:25.19	1:23.69	1500m: 20:56.23	1:19.92
	400m: 5:32.90	1:26.35	800m: 11:12.76	1:24.25	1200m: 16:49.40	1:24.21		

Benjamins

1.	GLODKIEWICZ Alexandre	11	Ecole de Natation Waremme		18:25.44	489		
	100m: 1:10.19	1:10.19	500m: 6:04.54	1:13.32	900m: 11:00.48	1:14.90	1300m: 15:59.19	1:14.02
	200m: 2:23.89	1:13.70	600m: 7:18.30	1:13.76	1000m: 12:15.35	1:14.87	1400m: 17:14.28	1:15.09
	300m: 3:37.68	1:13.79	700m: 8:31.97	1:13.67	1100m: 13:30.40	1:15.05	1500m: 18:25.44	1:11.16
	400m: 4:51.22	1:13.54	800m: 9:45.58	1:13.61	1200m: 14:45.17	1:14.77		
2.	JAENEN Per	11	Ecole de Natation Waremme		19:11.35	432		
	100m: 1:15.70	1:15.70	500m: 6:26.41	1:17.46	900m: 11:35.63	1:17.26	1300m: 16:42.08	1:16.66
	200m: 2:34.15	1:18.45	600m: 7:44.39	1:17.98	1000m: 12:52.40	1:16.77	1400m: 17:58.15	1:16.07
	300m: 3:51.92	1:17.77	700m: 9:01.03	1:16.64	1100m: 14:08.79	1:16.39	1500m: 19:11.35	1:13.20
	400m: 5:08.95	1:17.03	800m: 10:18.37	1:17.34	1200m: 15:25.42	1:16.63		
3.	FERRARI Maxime	11	Perron		20:37.76	348		
	100m: 1:19.46	1:19.46	500m: 6:55.03	1:22.97	900m: 12:27.59	1:22.70	1300m: 17:57.88	1:22.87
	200m: 2:43.59	1:24.13	600m: 8:18.85	1:23.82	1000m: 13:50.73	1:23.14	1400m: 19:18.90	1:21.02
	300m: 4:08.18	1:24.59	700m: 9:42.23	1:23.38	1100m: 15:13.06	1:22.33	1500m: 20:37.76	1:18.86
	400m: 5:32.06	1:23.88	800m: 11:04.89	1:22.66	1200m: 16:35.01	1:21.95		

Minimes

1.	LAMBERT Noah	10	Liège Natation		18:29.34	484		
	100m: 1:08.49	1:08.49	500m: 6:03.99	1:14.50	900m: 11:02.85	1:15.19	1300m: 16:01.98	1:14.77
	200m: 2:21.67	1:13.18	600m: 7:18.09	1:14.10	1000m: 12:17.65	1:14.80	1400m: 17:16.66	1:14.68
	300m: 3:35.91	1:14.24	700m: 8:32.88	1:14.79	1100m: 13:32.33	1:14.68	1500m: 18:29.34	1:12.68
	400m: 4:49.49	1:13.58	800m: 9:47.66	1:14.78	1200m: 14:47.21	1:14.88		
2.	GILLARD Sacha	10	Liège Natation		19:24.67	418		
	100m: 1:15.29	1:15.29	500m: 6:24.85	1:17.32	900m: 11:35.27	1:17.97	1300m: 16:48.71	1:18.43
	200m: 2:32.64	1:17.35	600m: 7:42.30	1:17.45	1000m: 12:53.61	1:18.34	1400m: 18:07.13	1:18.42
	300m: 3:50.28	1:17.64	700m: 8:59.68	1:17.38	1100m: 14:11.64	1:18.03	1500m: 19:24.67	1:17.54
	400m: 5:07.53	1:17.25	800m: 10:17.30	1:17.62	1200m: 15:30.28	1:18.64		
3.	CONROTTE Jehan	10	Club Natation Bastogne		21:47.84	295 *		
	100m: 1:17.80	1:17.80	500m: 7:06.11	1:28.71	900m: 13:02.50	1:27.95	1300m: 18:57.56	1:28.96
	200m: 2:43.21	1:25.41	600m: 8:34.04	1:27.93	1000m: 14:31.68	1:29.18	1400m: 20:25.24	1:27.68
	300m: 4:09.86	1:26.65	700m: 10:03.63	1:29.59	1100m: 16:00.72	1:29.04	1500m: 21:47.84	1:22.60
	400m: 5:37.40	1:27.54	800m: 11:34.55	1:30.92	1200m: 17:28.60	1:27.88		

Minimes

1.	MAKA Nicolas	09	Ecole Seraing Natation a.s.b.l.		19:20.68	422		
	100m: 1:14.47	1:14.47	500m: 6:24.39	1:17.55	900m: 11:34.93	1:17.54	1300m: 16:46.28	1:18.27
	200m: 2:32.13	1:17.66	600m: 7:41.76	1:17.37	1000m: 12:52.96	1:18.03	1400m: 18:04.70	1:18.42
	300m: 3:49.93	1:17.80	700m: 8:59.67	1:17.91	1100m: 14:09.66	1:16.70	1500m: 19:20.68	1:15.98
	400m: 5:06.84	1:16.91	800m: 10:17.39	1:17.72	1200m: 15:28.01	1:18.35		

**Championnats de District 2023**
Seraing, 4 - 5-11-2023**Epreuve 14, Messieurs, 1500m Libre****Cadets**

1. NOWAK Adrien		08	Nautic Club Herve		17:35.76	561	
100m: 1:05.17	1:05.17	500m: 5:47.50	1:10.99	900m: 10:26.92	1:10.63	1300m: 15:14.46	1:12.55
200m: 2:15.14	1:09.97	600m: 6:56.97	1:09.47	1000m: 11:38.02	1:11.10	1400m: 16:26.73	1:12.27
300m: 3:25.61	1:10.47	700m: 8:06.51	1:09.54	1100m: 12:49.07	1:11.05	1500m: 17:35.76	1:09.03
400m: 4:36.51	1:10.90	800m: 9:16.29	1:09.78	1200m: 14:01.91	1:12.84		
2. GOIRE Arnaud		08	Ecole de Natation Waremme		18:22.12	493	
100m: 1:06.66	1:06.66	500m: 6:02.23	1:14.68	900m: 10:58.52	1:14.28	1300m: 15:56.00	1:14.43
200m: 2:19.45	1:12.79	600m: 7:15.93	1:13.70	1000m: 12:13.45	1:14.93	1400m: 17:09.75	1:13.75
300m: 3:32.98	1:13.53	700m: 8:30.02	1:14.09	1100m: 13:27.16	1:13.71	1500m: 18:22.12	1:12.37
400m: 4:47.55	1:14.57	800m: 9:44.24	1:14.22	1200m: 14:41.57	1:14.41		

Juniors

1. GOIRE Antoine		06	Ecole de Natation Waremme		18:07.47	513	
100m: 1:05.29	1:05.29	500m: 5:56.47	1:13.29	900m: 10:48.94	1:13.26	1300m: 15:42.28	1:13.33
200m: 2:17.00	1:11.71	600m: 7:09.39	1:12.92	1000m: 12:01.94	1:13.00	1400m: 16:55.34	1:13.06
300m: 3:30.09	1:13.09	700m: 8:22.52	1:13.13	1100m: 13:15.55	1:13.61	1500m: 18:07.47	1:12.13
400m: 4:43.18	1:13.09	800m: 9:35.68	1:13.16	1200m: 14:28.95	1:13.40		