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FCN
FEDERACIÓ
CATALANA
DE NATACIÓXVII GRAN PREMI NATACIÓ MÀSTER ANTONI MARRUGAT - VI TROFEU CIUTAT ST FELIU
SANT FELIU DE LLOBREGAT, 16/12/2023Prova 201
16/12/2023 - 12:15

3000m Lliure

Open
Resultats

CR	36:14.82	REMESAR AGUILAR, Nemo Antonio	00063	Sant Feliu de Llobregat	18/12/2021
CR	59:59.59	X, X	00000	Sant Feliu de Llobregat	16/12/2023

Class.	Nom i Cognoms	Any	Club	Temps	Pts.CAT	Pts.CIR/CL	Pts.TROF	Obs
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Open, Masc.

1.	ROMEU VENDRELL, Jordi <i>Rècord Catalunya</i>	81	C.N. Vilafranca	36:39.67	698,00	-	-	
	50m: 38.06 38.06	800m: 9:52.73 36.38	1550m: 19:02.39 36.60	2300m: 28:10.38 36.83				
	100m: 1:16.01 37.95	850m: 10:29.42 36.69	1600m: 19:38.85 36.46	2350m: 28:47.22 36.84				
	150m: 1:53.20 37.19	900m: 11:06.34 36.92	1650m: 20:15.33 36.48	2400m: 29:23.65 36.43				
	200m: 2:30.80 37.60	950m: 11:42.96 36.62	1700m: 20:51.72 36.39	2450m: 29:59.94 36.29				
	250m: 3:07.90 37.10	1000m: 12:20.02 37.06	1750m: 21:28.35 36.63	2500m: 30:36.32 36.38				
	300m: 3:45.19 37.29	1050m: 12:56.84 36.82	1800m: 22:04.72 36.37	2550m: 31:13.00 36.68				
	350m: 4:22.15 36.96	1100m: 13:33.53 36.69	1850m: 22:41.07 36.35	2600m: 31:49.47 36.47				
	400m: 4:59.09 36.94	1150m: 14:09.85 36.32	1900m: 23:17.52 36.45	2650m: 32:26.34 36.87				
	450m: 5:36.13 37.04	1200m: 14:46.24 36.39	1950m: 23:54.05 36.53	2700m: 33:03.10 36.76				
	500m: 6:12.95 36.82	1250m: 15:22.77 36.53	2000m: 24:30.60 36.55	2750m: 33:39.53 36.43				
	550m: 6:49.79 36.84	1300m: 15:59.44 36.67	2050m: 25:07.11 36.51	2800m: 34:16.05 36.52				
	600m: 7:26.77 36.98	1350m: 16:35.95 36.51	2100m: 25:43.66 36.55	2850m: 34:52.24 36.19				
	650m: 8:03.43 36.66	1400m: 17:12.48 36.53	2150m: 26:20.17 36.51	2900m: 35:28.26 36.02				
	700m: 8:40.06 36.63	1450m: 17:44.18 31.70	2200m: 26:56.79 36.62	2950m: 36:04.53 36.27				
	750m: 9:16.35 36.29	1500m: 18:25.79 41.61	2250m: 27:33.55 36.76	3000m: 36:39.67 35.14				
2.	GLEIZES, Sylvain	74	F.P. Claror	37:18.14	648,00	-	-	
	50m: 35.32 35.32	800m: 9:55.23 37.49	1550m: 19:18.63 37.53	2300m: 28:40.35 37.14				
	100m: 1:11.90 36.58	850m: 10:32.60 37.37	1600m: 19:56.25 37.62	2350m: 29:17.90 37.55				
	150m: 1:49.00 37.10	900m: 11:10.14 37.54	1650m: 20:33.78 37.53	2400m: 29:55.19 37.29				
	200m: 2:26.31 37.31	950m: 11:47.59 37.45	1700m: 21:11.43 37.65	2450m: 30:32.48 37.29				
	250m: 3:03.94 37.63	1000m: 12:25.20 37.61	1750m: 21:49.17 37.74	2500m: 31:10.16 37.68				
	300m: 3:41.09 37.15	1050m: 13:02.43 37.23	1800m: 22:26.53 37.36	2550m: 31:47.48 37.32				
	350m: 4:18.60 37.51	1100m: 13:40.00 37.57	1850m: 23:03.93 37.40	2600m: 32:25.14 37.66				
	400m: 4:56.27 37.67	1150m: 14:17.48 37.48	1900m: 23:41.47 37.54	2650m: 33:02.42 37.28				
	450m: 5:33.64 37.37	1200m: 14:54.95 37.47	1950m: 24:19.42 37.95	2700m: 33:39.40 36.98				
	500m: 6:11.12 37.48	1250m: 15:32.37 37.42	2000m: 24:57.15 37.73	2750m: 34:16.07 36.67				
	550m: 6:48.74 37.62	1300m: 16:09.98 37.61	2050m: 25:34.26 37.11	2800m: 34:52.71 36.64				
	600m: 7:26.50 37.76	1350m: 16:47.64 37.66	2100m: 26:11.24 36.98	2850m: 35:28.82 36.11				
	650m: 8:03.86 37.36	1400m: 17:25.48 37.84	2150m: 26:48.61 37.37	2900m: 36:05.61 36.79				
	700m: 8:40.81 36.95	1450m: 18:03.47 37.99	2200m: 27:25.77 37.16	2950m: 36:42.01 36.40				
	750m: 9:17.74 36.93	1500m: 18:41.10 37.63	2250m: 28:03.21 37.44	3000m: 37:18.14 36.13				
3.	MORCILLO ESPUNY, Joan Francesc <i>Rècord Catalunya</i>	61	C.N. Badalona	41:04.99	726,00	-	-	
	50m: 38.24 38.24	800m: 10:49.62 41.22	1550m: 21:07.62 40.85	2300m: 31:27.03 41.37				
	100m: 1:18.39 40.15	850m: 11:30.71 41.09	1600m: 21:48.75 41.13	2350m: 32:08.46 41.43				
	150m: 1:58.81 40.42	900m: 12:11.86 41.15	1650m: 22:30.40 41.65	2400m: 32:49.67 41.21				
	200m: 2:38.96 40.15	950m: 12:52.88 41.02	1700m: 23:11.91 41.51	2450m: 33:30.89 41.22				
	250m: 3:19.35 40.39	1000m: 13:34.00 41.12	1750m: 23:53.12 41.21	2500m: 34:12.39 41.50				
	300m: 4:00.33 40.98	1050m: 14:15.58 41.58	1800m: 24:34.66 41.54	2550m: 34:53.95 41.56				
	350m: 4:40.66 40.33	1100m: 14:56.58 41.00	1850m: 25:16.04 41.38	2600m: 35:35.27 41.32				
	400m: 5:21.73 41.07	1150m: 15:37.57 40.99	1900m: 25:57.60 41.56	2650m: 36:16.94 41.67				
	450m: 6:02.99 41.26	1200m: 16:18.64 41.07	1950m: 26:38.33 40.73	2700m: 36:58.10 41.16				
	500m: 6:43.55 40.56	1250m: 17:00.03 41.39	2000m: 27:19.52 41.19	2750m: 37:39.62 41.52				
	550m: 7:24.53 40.98	1300m: 17:41.27 41.24	2050m: 28:00.64 41.12	2800m: 38:21.17 41.55				
	600m: 8:05.36 40.83	1350m: 18:22.44 41.17	2100m: 28:41.89 41.25	2850m: 39:02.67 41.50				
	650m: 8:46.40 41.04	1400m: 19:03.95 41.51	2150m: 29:23.19 41.30	2900m: 39:44.10 41.43				
	700m: 9:27.57 41.17	1450m: 19:45.13 41.18	2200m: 30:04.93 41.74	2950m: 40:25.17 41.07				
	750m: 10:08.40 40.83	1500m: 20:26.77 41.64	2250m: 30:45.66 40.73	3000m: 41:04.99 39.82				

Piscina 25mts - Cronometratge Manual

DIRECCIÓ
C/ Varg de Montserrat 2
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08980, Sant Feliu de Llobregat
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de Catalunya
Consell Català
de l'Esport
Pugibert
fisioteràpiaTURBO
Ajuntament de
Sant Feliu de Llobregat

XVII GRAN PREMI NATACIÓ MÀSTER ANTONI MARRUGAT - VI TROFEU CIUTAT ST FELIU
SANT FELIU DE LLOBREGAT, 16/12/2023

Prova 201, Masc., 3000m Lliure, Open

Class.	Nom i Cognoms	Any	Club	Temps	Pts.CAT	Pts.CIR/CL	Pts.TROF	Obs
4.	GALIANA ROCA, Xavier	73	C.N. Sant Feliu	41:24.88	496,00	-	-	-
	50m: 40.91 40.91	800m: 11:01.03	40.81	1550m: 21:15.15	41.29	2300m: 31:37.67	41.68	
	100m: 1:22.15 41.24	850m: 11:41.44	40.41	1600m: 21:56.60	41.45	2350m: 32:19.10	41.43	
	150m: 2:03.35 41.20	900m: 12:22.14	40.70	1650m: 22:37.68	41.08	2400m: 33:01.02	41.92	
	200m: 2:44.46 41.11	950m: 13:03.15	41.01	1700m: 23:18.84	41.16	2450m: 33:42.69	41.67	
	250m: 3:25.73 41.27	1000m: 13:44.10	40.95	1750m: 23:59.83	40.99	2500m: 34:25.92	43.23	
	300m: 4:07.43 41.70	1050m: 14:25.26	41.16	1800m: 24:41.15	41.32	2550m: 35:08.55	42.63	
	350m: 4:49.71 42.28	1100m: 15:05.96	40.70	1850m: 25:22.44	41.29	2600m: 35:50.93	42.38	
	400m: 5:31.16 41.45	1150m: 15:47.19	41.23	1900m: 26:03.89	41.45	2650m: 36:32.97	42.04	
	450m: 6:12.58 41.42	1200m: 16:27.91	40.72	1950m: 26:45.61	41.72	2700m: 37:15.14	42.17	
	500m: 6:54.18 41.60	1250m: 17:08.79	40.88	2000m: 27:26.78	41.17	2750m: 37:56.78	41.64	
	550m: 7:36.02 41.84	1300m: 17:49.55	40.76	2050m: 28:09.63	42.85	2800m: 38:38.98	42.20	
	600m: 8:16.96 40.94	1350m: 18:30.32	40.77	2100m: 28:51.24	41.61	2850m: 39:20.80	41.82	
	650m: 8:58.53 41.57	1400m: 19:11.55	41.23	2150m: 29:32.69	41.45	2900m: 40:02.93	42.13	
	700m: 9:39.35 40.82	1450m: 19:52.94	41.39	2200m: 30:14.54	41.85	2950m: 40:44.63	41.70	
	750m: 10:20.22 40.87	1500m: 20:33.86	40.92	2250m: 30:55.99	41.45	3000m: 41:24.88	40.25	
BX	PIJUAN ORO, Lluís	72	C.E.N. Balaguer			-	-	-

40+, Masc.

1.	ROMEU VENDRELL, Jordi	81	C.N. Vilafranca	36:39.67	698,00	-	-	-
	<i>Rècord Catalunya</i>							
	50m: 38.06 38.06	800m: 9:52.73	36.38	1550m: 19:02.39	36.60	2300m: 28:10.38	36.83	
	100m: 1:16.01 37.95	850m: 10:29.42	36.69	1600m: 19:38.85	36.46	2350m: 28:47.22	36.84	
	150m: 1:53.20 37.19	900m: 11:06.34	36.92	1650m: 20:15.33	36.48	2400m: 29:23.65	36.43	
	200m: 2:30.80 37.60	950m: 11:42.96	36.62	1700m: 20:51.72	36.39	2450m: 29:59.94	36.29	
	250m: 3:07.90 37.10	1000m: 12:20.02	37.06	1750m: 21:28.35	36.63	2500m: 30:36.32	36.38	
	300m: 3:45.19 37.29	1050m: 12:56.84	36.82	1800m: 22:04.72	36.37	2550m: 31:13.00	36.68	
	350m: 4:22.15 36.96	1100m: 13:33.53	36.69	1850m: 22:41.07	36.35	2600m: 31:49.47	36.47	
	400m: 4:59.09 36.94	1150m: 14:09.85	36.32	1900m: 23:17.52	36.45	2650m: 32:26.34	36.87	
	450m: 5:36.13 37.04	1200m: 14:46.24	36.39	1950m: 23:54.05	36.53	2700m: 33:03.10	36.76	
	500m: 6:12.95 36.82	1250m: 15:22.77	36.53	2000m: 24:30.60	36.55	2750m: 33:39.53	36.43	
	550m: 6:49.79 36.84	1300m: 15:59.44	36.67	2050m: 25:07.11	36.51	2800m: 34:16.05	36.52	
	600m: 7:26.77 36.98	1350m: 16:35.95	36.51	2100m: 25:43.66	36.55	2850m: 34:52.24	36.19	
	650m: 8:03.43 36.66	1400m: 17:12.48	36.53	2150m: 26:20.17	36.51	2900m: 35:28.26	36.02	
	700m: 8:40.06 36.63	1450m: 17:44.18	31.70	2200m: 26:56.79	36.62	2950m: 36:04.53	36.27	
	750m: 9:16.35 36.29	1500m: 18:25.79	41.61	2250m: 27:33.55	36.76	3000m: 36:39.67	35.14	

45+, Masc.

1.	GLEIZES, Sylvain	74	F.P. Claror	37:18.14	648,00	-	-	-
	50m: 35.32 35.32	800m: 9:55.23	37.49	1550m: 19:18.63	37.53	2300m: 28:40.35	37.14	
	100m: 1:11.90 36.58	850m: 10:32.60	37.37	1600m: 19:56.25	37.62	2350m: 29:17.90	37.55	
	150m: 1:49.00 37.10	900m: 11:10.14	37.54	1650m: 20:33.78	37.53	2400m: 29:55.19	37.29	
	200m: 2:26.31 37.31	950m: 11:47.59	37.45	1700m: 21:11.43	37.65	2450m: 30:32.48	37.29	
	250m: 3:03.94 37.63	1000m: 12:25.20	37.61	1750m: 21:49.17	37.74	2500m: 31:10.16	37.68	
	300m: 3:41.09 37.15	1050m: 13:02.43	37.23	1800m: 22:26.53	37.36	2550m: 31:47.48	37.32	
	350m: 4:18.60 37.51	1100m: 13:40.00	37.57	1850m: 23:03.93	37.40	2600m: 32:25.14	37.66	
	400m: 4:56.27 37.67	1150m: 14:17.48	37.48	1900m: 23:41.47	37.54	2650m: 33:02.42	37.28	
	450m: 5:33.64 37.37	1200m: 14:54.95	37.47	1950m: 24:19.42	37.95	2700m: 33:39.40	36.98	
	500m: 6:11.12 37.48	1250m: 15:32.37	37.42	2000m: 24:57.15	37.73	2750m: 34:16.07	36.67	
	550m: 6:48.74 37.62	1300m: 16:09.98	37.61	2050m: 25:34.26	37.11	2800m: 34:52.71	36.64	
	600m: 7:26.50 37.76	1350m: 16:47.64	37.66	2100m: 26:11.24	36.98	2850m: 35:28.82	36.11	
	650m: 8:03.86 37.36	1400m: 17:25.48	37.84	2150m: 26:48.61	37.37	2900m: 36:05.61	36.79	
	700m: 8:40.81 36.95	1450m: 18:03.47	37.99	2200m: 27:25.77	37.16	2950m: 36:42.01	36.40	
	750m: 9:17.74 36.93	1500m: 18:41.10	37.63	2250m: 28:03.21	37.44	3000m: 37:18.14	36.13	

XVII GRAN PREMI NATACIÓ MÀSTER ANTONI MARRUGAT - VI TROFEU CIUTAT ST FELIU
SANT FELIU DE LLOBREGAT, 16/12/2023
Prova 201, 3000m Lliure
50+, Masc.

1. GALIANA ROCA, Xavier	73	C.N. Sant Feliu	41:24.88	496,00	-	-
50m: 40.91 40.91	800m: 11:01.03 40.81	1550m: 21:15.15 41.29	2300m: 31:37.67 41.68			
100m: 1:22.15 41.24	850m: 11:41.44 40.41	1600m: 21:56.60 41.45	2350m: 32:19.10 41.43			
150m: 2:03.35 41.20	900m: 12:22.14 40.70	1650m: 22:37.68 41.08	2400m: 33:01.02 41.92			
200m: 2:44.46 41.11	950m: 13:03.15 41.01	1700m: 23:18.84 41.16	2450m: 33:42.69 41.67			
250m: 3:25.73 41.27	1000m: 13:44.10 40.95	1750m: 23:59.83 40.99	2500m: 34:25.92 43.23			
300m: 4:07.43 41.70	1050m: 14:25.26 41.16	1800m: 24:41.15 41.32	2550m: 35:08.55 42.63			
350m: 4:49.71 42.28	1100m: 15:05.96 40.70	1850m: 25:22.44 41.29	2600m: 35:50.93 42.38			
400m: 5:31.16 41.45	1150m: 15:47.19 41.23	1900m: 26:03.89 41.45	2650m: 36:32.97 42.04			
450m: 6:12.58 41.42	1200m: 16:27.91 40.72	1950m: 26:45.61 41.72	2700m: 37:15.14 42.17			
500m: 6:54.18 41.60	1250m: 17:08.79 40.88	2000m: 27:26.78 41.17	2750m: 37:56.78 41.64			
550m: 7:36.02 41.84	1300m: 17:49.55 40.76	2050m: 28:09.63 42.85	2800m: 38:38.98 42.20			
600m: 8:16.96 40.94	1350m: 18:30.32 40.77	2100m: 28:51.24 41.61	2850m: 39:20.80 41.82			
650m: 8:58.53 41.57	1400m: 19:11.55 41.23	2150m: 29:32.69 41.45	2900m: 40:02.93 42.13			
700m: 9:39.35 40.82	1450m: 19:52.94 41.39	2200m: 30:14.54 41.85	2950m: 40:44.63 41.70			
750m: 10:20.22 40.87	1500m: 20:33.86 40.92	2250m: 30:55.99 41.45	3000m: 41:24.88 40.25			

BX PIJUAN ORO, Lluís	72	C.E.N. Balaguer	-	-	-	-
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60+, Masc.

1. MORCILLO ESPUNY, Joan Francesc	61	C.N. Badalona	41:04.99	726,00	-	-
<i>Rècord Catalunya</i>						
50m: 38.24 38.24	800m: 10:49.62 41.22	1550m: 21:07.62 40.85	2300m: 31:27.03 41.37			
100m: 1:18.39 40.15	850m: 11:30.71 41.09	1600m: 21:48.75 41.13	2350m: 32:08.46 41.43			
150m: 1:58.81 40.42	900m: 12:11.86 41.15	1650m: 22:30.40 41.65	2400m: 32:49.67 41.21			
200m: 2:38.96 40.15	950m: 12:52.88 41.02	1700m: 23:11.91 41.51	2450m: 33:30.89 41.22			
250m: 3:19.35 40.39	1000m: 13:34.00 41.12	1750m: 23:53.12 41.21	2500m: 34:12.39 41.50			
300m: 4:00.33 40.98	1050m: 14:15.58 41.58	1800m: 24:34.66 41.54	2550m: 34:53.95 41.56			
350m: 4:40.66 40.33	1100m: 14:56.58 41.00	1850m: 25:16.04 41.38	2600m: 35:35.27 41.32			
400m: 5:21.73 41.07	1150m: 15:37.57 40.99	1900m: 25:57.60 41.56	2650m: 36:16.94 41.67			
450m: 6:02.99 41.26	1200m: 16:18.64 41.07	1950m: 26:38.33 40.73	2700m: 36:58.10 41.16			
500m: 6:43.55 40.56	1250m: 17:00.03 41.39	2000m: 27:19.52 41.19	2750m: 37:39.62 41.52			
550m: 7:24.53 40.98	1300m: 17:41.27 41.24	2050m: 28:00.64 41.12	2800m: 38:21.17 41.55			
600m: 8:05.36 40.83	1350m: 18:22.44 41.17	2100m: 28:41.89 41.25	2850m: 39:02.67 41.50			
650m: 8:46.40 41.04	1400m: 19:03.95 41.51	2150m: 29:23.19 41.30	2900m: 39:44.10 41.43			
700m: 9:27.57 41.17	1450m: 19:45.13 41.18	2200m: 30:04.93 41.74	2950m: 40:25.17 41.07			
750m: 10:08.40 40.83	1500m: 20:26.77 41.64	2250m: 30:45.66 40.73	3000m: 41:04.99 39.82			

Open, Fem.

1. PUJOL ULIED, Minerva	78	GEIEG	42:30.07	664,00	-	-
<i>Rècord Catalunya</i>						
50m: 38.54 38.54	800m: 10:59.15 42.12	1550m: 21:39.89 42.51	2300m: 32:25.63 43.17			
100m: 1:19.31 40.77	850m: 11:41.51 42.36	1600m: 22:22.89 43.00	2350m: 33:09.12 43.49			
150m: 2:00.19 40.88	900m: 12:23.59 42.08	1650m: 23:05.66 42.77	2400m: 33:52.39 43.27			
200m: 2:41.01 40.82	950m: 13:05.63 42.04	1700m: 23:48.71 43.05	2450m: 34:35.89 43.50			
250m: 3:22.32 41.31	1000m: 13:48.70 43.07	1750m: 24:31.41 42.70	2500m: 35:20.03 44.14			
300m: 4:02.91 40.59	1050m: 14:31.02 42.32	1800m: 25:14.29 42.88	2550m: 36:03.22 43.19			
350m: 4:44.15 41.24	1100m: 15:14.70 43.68	1850m: 25:57.19 42.90	2600m: 36:46.76 43.54			
400m: 5:25.58 41.43	1150m: 15:57.28 42.58	1900m: 26:40.23 43.04	2650m: 37:30.14 43.38			
450m: 6:06.98 41.40	1200m: 16:39.62 42.34	1950m: 27:22.73 42.50	2700m: 38:13.51 43.37			
500m: 6:48.76 41.78	1250m: 17:22.49 42.87	2000m: 28:05.96 43.23	2750m: 38:56.80 43.29			
550m: 7:30.09 41.33	1300m: 18:05.28 42.79	2050m: 28:49.38 43.42	2800m: 39:39.89 43.09			
600m: 8:11.26 41.17	1350m: 18:47.99 42.71	2100m: 29:32.40 43.02	2850m: 40:23.13 43.24			
650m: 8:52.79 41.53	1400m: 19:30.88 42.89	2150m: 30:15.82 43.42	2900m: 41:04.74 41.61			
700m: 9:34.78 41.99	1450m: 20:13.76 42.88	2200m: 30:59.30 43.48	2950m: 41:48.75 44.01			
750m: 10:17.03 42.25	1500m: 20:57.38 43.62	2250m: 31:42.46 43.16	3000m: 42:30.07 41.32			

XVII GRAN PREMI NATACIÓ MÀSTER ANTONI MARRUGAT - VI TROFEU CIUTAT ST FELIU
SANT FELIU DE LLOBREGAT, 16/12/2023

Prova 201, 3000m Lliure

45+, Fem.

1. PUJOL ULIED, Minerva	78	GEiEG	42:30.07	664,00	-	-					
<i>Rècord Catalunya</i>											
50m:	38.54	38.54	800m:	10:59.15	42.12	1550m:	21:39.89	42.51	2300m:	32:25.63	43.17
100m:	1:19.31	40.77	850m:	11:41.51	42.36	1600m:	22:22.89	43.00	2350m:	33:09.12	43.49
150m:	2:00.19	40.88	900m:	12:23.59	42.08	1650m:	23:05.66	42.77	2400m:	33:52.39	43.27
200m:	2:41.01	40.82	950m:	13:05.63	42.04	1700m:	23:48.71	43.05	2450m:	34:35.89	43.50
250m:	3:22.32	41.31	1000m:	13:48.70	43.07	1750m:	24:31.41	42.70	2500m:	35:20.03	44.14
300m:	4:02.91	40.59	1050m:	14:31.02	42.32	1800m:	25:14.29	42.88	2550m:	36:03.22	43.19
350m:	4:44.15	41.24	1100m:	15:14.70	43.68	1850m:	25:57.19	42.90	2600m:	36:46.76	43.54
400m:	5:25.58	41.43	1150m:	15:57.28	42.58	1900m:	26:40.23	43.04	2650m:	37:30.14	43.38
450m:	6:06.98	41.40	1200m:	16:39.62	42.34	1950m:	27:22.73	42.50	2700m:	38:13.51	43.37
500m:	6:48.76	41.78	1250m:	17:22.49	42.87	2000m:	28:05.96	43.23	2750m:	38:56.80	43.29
550m:	7:30.09	41.33	1300m:	18:05.28	42.79	2050m:	28:49.38	43.42	2800m:	39:39.89	43.09
600m:	8:11.26	41.17	1350m:	18:47.99	42.71	2100m:	29:32.40	43.02	2850m:	40:23.13	43.24
650m:	8:52.79	41.53	1400m:	19:30.88	42.89	2150m:	30:15.82	43.42	2900m:	41:04.74	41.61
700m:	9:34.78	41.99	1450m:	20:13.76	42.88	2200m:	30:59.30	43.48	2950m:	41:48.75	44.01
750m:	10:17.03	42.25	1500m:	20:57.38	43.62	2250m:	31:42.46	43.16	3000m:	42:30.07	41.32

Piscina 25mts - Cronometratge Manual