

Torneio Abertura Ldc  
Quarteira, 28 - 29/10/2023

Prova 15 Femin., 400m Livres Absoluto  
29/10/2023 - 8:30 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
<b>Juvenil B</b>			
1. Ines Filipa, MATEUS	10	<b>5:03.94</b>	440
50m: 33.34 33.34 150m: 250m: 350m:	2:28.16	300m: 400m:	5:03.94
100m: 1:10.66 37.32			
2. Constanca Lourenco, AZEVEDO	10	<b>5:06.30</b>	430
50m: 35.12 35.12 150m: 250m: 350m:	2:32.37	300m: 400m:	5:06.30
100m: 1:13.30 38.18			
3. Sira Valentim, FALEIRO	10	<b>5:27.16</b>	353
50m: 35.87 35.87 150m: 250m: 350m:	2:39.19	300m: 400m:	5:27.16
100m: 1:15.84 39.97			
4. Leticia Coelho, BATISTA	10	<b>5:38.18</b>	319
50m: 36.78 36.78 150m: 250m: 350m:	2:42.76	300m: 400m:	5:38.18
100m: 1:17.61 40.83			
5. Sonya Antonova, SINYAKOVA	10	<b>5:48.97</b>	291
50m: 35.84 35.84 150m: 250m: 350m:	2:46.32	300m: 400m:	5:48.97
100m: 1:17.12 41.28			
6. Bruna Catarina, GUERREIRO	10	<b>5:59.18</b>	267
50m: 37.63 37.63 150m: 250m: 350m:	2:54.51	300m: 400m:	5:59.18
100m: 1:21.59 43.96			
<b>Juvenil A</b>			
1. Annabela Veronika, FARCAS	09	<b>5:02.16</b>	448
50m: 35.22 35.22 150m: 250m: 350m:	2:29.97	300m: 400m:	5:02.16
100m: 1:13.12 37.90			
2. Lara Sofia, AGUAS	09	<b>5:26.81</b>	354
50m: 35.46 35.46 150m: 250m: 350m:	2:38.81	300m: 400m:	5:26.81
100m: 1:15.74 40.28			
3. Carolina Teixeira, DANIEL	09	<b>5:29.17</b>	346
50m: 35.67 35.67 150m: 250m: 350m:	2:39.42	300m: 400m:	5:29.17
100m: 1:15.67 40.00			
<b>Junior</b>			
1. Julia Norte, DRENTJE	07	<b>5:02.79</b>	445
50m: 34.94 34.94 150m: 250m: 350m:	2:29.22	300m: 400m:	5:02.79
100m: 1:12.69 37.75			
2. Ana Margarida, CERQUEIRA	07	<b>5:03.14</b>	444
50m: 34.12 34.12 150m: 250m: 350m:	2:29.03	300m: 400m:	5:03.14
100m: 1:11.71 37.59			
3. Tinna Karen, SIGURDARDOTTIR	08	<b>5:14.91</b>	396
50m: 35.91 35.91 150m: 250m: 350m:	2:33.73	300m: 400m:	5:14.91
100m: 1:15.09 39.18			
4. Ines Filipe, ANTUNES	07	<b>5:21.81</b>	371
50m: 36.04 36.04 150m: 250m: 350m:	2:35.56	300m: 400m:	5:21.81
100m: 1:14.56 38.52			
<b>Senior</b>			
1. Ana Teresa, ROMAO	06	<b>4:55.17</b>	481
50m: 32.92 32.92 150m: 250m: 350m:	2:24.64	300m: 400m:	4:55.17
100m: 1:09.57 36.65			