

Torneio Abertura Ldc
Quarteira, 28 - 29/10/2023

Prova 10
28/10/2023 - 17:00

Femin., 400m Estilos

Absoluto
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
Juvenil B			
1. Constanca Lourenco, AZEVEDO	10 Lagoa AC	5:31.48	476
50m: 36.23 36.23 150m:	250m:	350m:	
100m: 1:18.13 41.90 200m:	300m:	400m: 5:31.48	
2. Violeta Reis, PETERSSON	10 Louletano / Loule Concelho	5:55.99	384
50m: 38.67 38.67 150m:	250m:	350m:	
100m: 1:25.81 47.14 200m:	300m:	400m: 5:55.99	
DSQ Bruna Catarina, GUERREIRO	10 Louletano / Loule Concelho		
<i>Pernas alternadas apos a viragens dos 50m</i>			
Juvenil A			
1. Carolina Teixeira, DANIEL	09 Louletano / Loule Concelho	6:05.84	354
50m: 37.37 37.37 150m:	250m:	350m:	
100m: 1:22.51 45.14 200m:	300m:	400m: 6:05.84	
Junior			
1. Julia Norte, DRENTJE	07 Louletano / Loule Concelho	5:41.91	434
50m: 34.19 34.19 150m:	250m:	350m:	
100m: 1:13.51 39.32 200m:	300m:	400m: 5:41.91	