

Campeonato Regional Juvenis, Juniores e Seniores PC
Coimbra, 25- - 26-11-2023

Prova 25 Masc., 800m Livres Absolutos
26-11-2023 - 9:35 Resultados

Pontos: FINA 2022

| Lugar | Ano | Tempo final | Pts |
|--------------------------|-----------------------|-----------------------|------------------------|
| Juvenis B | | | |
| 1. Tomas Rafael, PEREIRA | 09 Nautico Académico | 10:25.57 | 356 |
| 100m: 1:11.31 1:11.31 | 300m: 3:49.24 1:19.51 | 500m: 6:28.12 1:19.03 | 700m: 9:07.53 1:18.96 |
| 200m: 2:29.73 1:18.42 | 400m: 5:09.09 1:19.85 | 600m: 7:48.57 1:20.45 | 800m: 10:25.57 1:18.04 |

Juvenis A

| | | | |
|------------------------------|-----------------------|-----------------------|-----------------------|
| 1. Rafael Pereira, RODRIGUES | 08 Condeixa Clube | 8:59.44 | 555 |
| 100m: 1:05.20 1:05.20 | 300m: 3:22.08 1:08.60 | 500m: 5:38.18 1:07.56 | 700m: 7:53.18 1:07.35 |
| 200m: 2:13.48 1:08.28 | 400m: 4:30.62 1:08.54 | 600m: 6:45.83 1:07.65 | 800m: 8:59.44 1:06.26 |
| 2. Guilherme Simoes, SOUSA | 08 Nautico Académico | 9:08.31 | 528 |
| 100m: 1:04.88 1:04.88 | 300m: 3:22.22 1:08.70 | 500m: 5:40.74 1:09.43 | 700m: 8:00.70 1:09.91 |
| 200m: 2:13.52 1:08.64 | 400m: 4:31.31 1:09.09 | 600m: 6:50.79 1:10.05 | 800m: 9:08.31 1:07.61 |
| 3. Salvador Correia, PEREIRA | 08 Condeixa Clube | 9:18.35 | 500 |
| 100m: 1:04.69 1:04.69 | 300m: 3:25.93 1:11.43 | 500m: 5:48.23 1:11.41 | 700m: 8:11.15 1:10.83 |
| 200m: 2:14.50 1:09.81 | 400m: 4:36.82 1:10.89 | 600m: 7:00.32 1:12.09 | 800m: 9:18.35 1:07.20 |
| 4. Samuel Dinis, MAIA | 08 Miranda do Corvo | 9:41.73 | 442 |
| 100m: 1:06.92 1:06.92 | 300m: 3:31.24 1:12.45 | 500m: 5:59.24 1:14.47 | 700m: 8:28.58 1:14.20 |
| 200m: 2:18.79 1:11.87 | 400m: 4:44.77 1:13.53 | 600m: 7:14.38 1:15.14 | 800m: 9:41.73 1:13.15 |

Juniores

| | | | |
|----------------------------|-------------------------|-----------------------|-----------------------|
| 1. Marco Dimitar, OLIVEIRA | 07 Nautico Académico | 8:53.99 | 572 |
| 100m: 1:01.29 1:01.29 | 300m: 3:13.81 1:07.01 | 500m: 5:30.38 1:08.77 | 700m: 7:48.22 1:08.64 |
| 200m: 2:06.80 1:05.51 | 400m: 4:21.61 1:07.80 | 600m: 6:39.58 1:09.20 | 800m: 8:53.99 1:05.77 |
| 2. Duarte Cachulo, MARQUES | 07 Condeixa Clube | 8:55.49 | 567 |
| 100m: 1:02.33 1:02.33 | 300m: 3:14.97 1:06.40 | 500m: 5:29.81 1:08.60 | 700m: 7:48.62 1:08.92 |
| 200m: 2:08.57 1:06.24 | 400m: 4:21.21 1:06.24 | 600m: 6:39.70 1:09.89 | 800m: 8:55.49 1:06.87 |
| 3. Joao Ferreira, MARQUES | 06 Academica de Coimbra | 8:58.66 | 557 |
| 100m: 1:04.15 1:04.15 | 300m: 3:21.15 1:08.49 | 500m: 5:36.99 1:07.84 | 700m: 7:52.97 1:07.13 |
| 200m: 2:12.66 1:08.51 | 400m: 4:29.15 1:08.00 | 600m: 6:45.84 1:08.85 | 800m: 8:58.66 1:05.69 |
| 4. Tomas Veiga, PEREIRA | 06 Nautico Académico | 8:59.87 | 554 |
| 100m: 1:02.30 1:02.30 | 300m: 3:17.09 1:08.25 | 500m: 5:34.25 1:08.52 | 700m: 7:51.50 1:08.87 |
| 200m: 2:08.84 1:06.54 | 400m: 4:25.73 1:08.64 | 600m: 6:42.63 1:08.38 | 800m: 8:59.87 1:08.37 |
| 5. Jose Miguel, MARQUES | 06 Condeixa Clube | 9:08.25 | 529 |
| 100m: 1:06.14 1:06.14 | 300m: 3:23.16 1:08.37 | 500m: 5:40.47 1:08.06 | 700m: 7:59.61 1:10.08 |
| 200m: 2:14.79 1:08.65 | 400m: 4:32.41 1:09.25 | 600m: 6:49.53 1:09.06 | 800m: 9:08.25 1:08.64 |
| 6. Francisco Couto, FRAZAO | 06 Academica de Coimbra | 9:17.06 | 504 |
| 100m: 1:05.48 1:05.48 | 300m: 3:24.42 1:09.45 | 500m: 5:45.97 1:11.15 | 700m: 8:07.77 1:11.01 |
| 200m: 2:14.97 1:09.49 | 400m: 4:34.82 1:10.40 | 600m: 6:56.76 1:10.79 | 800m: 9:17.06 1:09.29 |
| 7. David Ferreira, SILVA | 07 Academica de Coimbra | 9:18.18 | 501 |
| 100m: 1:05.59 1:05.59 | 300m: 3:24.71 1:10.17 | 500m: 5:46.16 1:11.09 | 700m: 8:09.16 1:11.95 |
| 200m: 2:14.54 1:08.95 | 400m: 4:35.07 1:10.36 | 600m: 6:57.21 1:11.05 | 800m: 9:18.18 1:09.02 |

Seniores

| | | | |
|---------------------------|-----------------------|-----------------------|-----------------------|
| 1. Ricardo Matias, SANTOS | 05 Louzan Natação | 8:32.64 | 647 |
| 100m: 1:01.10 1:01.10 | 300m: 3:10.04 1:04.64 | 500m: 5:20.55 1:05.23 | 700m: 7:30.17 1:04.57 |
| 200m: 2:05.40 1:04.30 | 400m: 4:15.32 1:05.28 | 600m: 6:25.60 1:05.05 | 800m: 8:32.64 1:02.47 |
| 2. Antonio Pedro, MARTINS | 05 União de Coimbra | 9:23.22 | 487 |
| 100m: 1:08.15 1:08.15 | 300m: 3:31.10 1:11.10 | 500m: 5:53.11 1:11.02 | 700m: 8:15.13 1:11.02 |
| 200m: 2:20.00 1:11.85 | 400m: 4:42.09 1:10.99 | 600m: 7:04.11 1:11.00 | 800m: 9:23.22 1:08.09 |

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| Lugar | | | | | | | | | Ano | | | | | | | | | Tempo final | Pts |
|-------|------------------------|---------|---------|-------|---------|---------|-------|---------|---------|----------------|---------|---------|--|--|--|--|--|----------------|-----|
| 3. | Tomas Cardoso, GERALDO | | | | | | | | 05 | Condeixa Clube | | | | | | | | 9:35.13 | 458 |
| | 100m: | 1:07.80 | 1:07.80 | 300m: | 3:31.48 | 1:11.70 | 500m: | 5:55.88 | 1:12.51 | 700m: | 8:22.41 | 1:13.23 | | | | | | | |
| | 200m: | 2:19.78 | 1:11.98 | 400m: | 4:43.37 | 1:11.89 | 600m: | 7:09.18 | 1:13.30 | 800m: | 9:35.13 | 1:12.72 | | | | | | | |