



Torneio Zonal de Juvenis (Zona Norte)
Bragança, 15, 16 e 17 Dezembro 2023

Prova 38	Masc., 400m Livres				Juvenis B Resultados	
17/12/2023 - 16:10						
Rec Nac 25m Open	3:42.57	LOPES Jose Paulo	POR	Abu Dhabi (UAE)	16/12/2021	
Rec Nac 25m Juv B	4:01.42	PEREIRA Rui Silva	POR	Tomar	15/01/2023	
Tac-JUVBMasc 50m: 4:46.75						

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	MACEDO Martim Cunha	204594	09	Natacao da Maia	4:18.07	556
	50m: 29.70 29.70	150m: 1:34.24 32.26	200m: 2:07.13 32.89	250m: 2:40.53 33.40	350m: 3:46.37 32.52	400m: 4:18.07 31.70
	100m: 1:01.98 32.28			300m: 3:13.85 33.32		
2.	DEUS Bernardo Silva	209237	09	Fluvial Portuense	4:23.98	519
	50m: 28.62 28.62	150m: 1:36.67 34.16	200m: 2:10.74 34.07	250m: 2:44.16 33.42	350m: 3:51.54 33.52	400m: 4:23.98 32.44
	100m: 1:02.51 33.89			300m: 3:18.02 33.86		
3.	SAMPAIO Rafael Rui	206128	09	Famalicão	4:27.14	501
	50m: 28.91 28.91	150m: 1:36.09 33.77	200m: 2:10.73 34.64	250m: 2:45.19 34.46	350m: 3:54.92 34.81	400m: 4:27.14 32.22
	100m: 1:02.32 33.41			300m: 3:20.11 34.92		
4.	BARROS Raul Ventura	210422	09	Braga	4:30.10	485
	50m: 30.09 30.09	150m: 1:37.09 34.02	200m: 2:11.63 34.54	250m: 2:46.30 34.67	350m: 3:56.92 35.38	400m: 4:30.10 33.18
	100m: 1:03.07 32.98			300m: 3:21.54 35.24		
5.	GASPAR Joao Nuno	203634	09	Condeixa Aqua Clube	4:31.15	479
	50m: 31.92 31.92	150m: 1:42.52 35.68	200m: 2:18.35 35.83	250m: 2:51.97 33.62	350m: 3:58.98 33.44	400m: 4:31.15 32.17
	100m: 1:06.84 34.92			300m: 3:25.54 33.57		
6.	SILVA Tiago Joaquim	206653	09	Galitos / Bresimar	4:35.83	455
	50m: 30.47 30.47	150m: 1:39.16 34.95	200m: 2:14.08 34.92	250m: 2:49.51 35.43	350m: 4:00.04 35.49	400m: 4:35.83 35.79
	100m: 1:04.21 33.74			300m: 3:24.55 35.04		
7.	PINTO Rodrigo Teixeira	206287	09	Foca Quinta Da Lixa - Cnf	4:36.97	450
	50m: 30.65 30.65	150m: 1:40.09 35.15	200m: 2:15.50 35.41	250m: 2:49.99 34.49	350m: 4:01.31 36.05	400m: 4:36.97 35.66
	100m: 1:04.94 34.29			300m: 3:25.26 35.27		
8.	MORENO Dinis Lima	209779	09	Braga	4:38.12	444
	50m: 30.87 30.87	150m: 1:39.77 35.04	200m: 2:15.31 35.54	250m: 2:51.21 35.90	350m: 4:03.13 36.06	400m: 4:38.12 34.99
	100m: 1:04.73 33.86			300m: 3:27.07 35.86		
DNS	FERREIRA Pedro Guedes	206178	09	Porto		

Prova 38	Masc., 400m Livres				Juvenis A Resultados	
17/12/2023 - 16:10						
Rec Nac 25m Open	3:42.57	LOPES Jose Paulo	POR	Abu Dhabi (UAE)	16/12/2021	
Rec Nac 25m Juv A	3:58.82	RIBEIRO Diogo Matos	CUC	Mealhada	07/12/2019	
Tac-JUVAMasc 50m: 4:41.63 - 25m: 4:33.44						

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	MEDEIROS Miguel Fragoso	200778	08	Porto	4:07.91	627
	50m: 29.74 29.74	150m: 1:32.17 30.17	200m: 2:02.97 30.80	250m: 2:33.95 30.98	350m: 3:37.20 31.88	400m: 4:07.91 30.71
	100m: 1:02.00 32.26			300m: 3:05.32 31.37		
2.	SOARES Guilherme Costa	201093	08	Vilacondense	4:17.14	562
	50m: 30.04 30.04	150m: 1:34.70 32.15	200m: 2:06.56 31.86	250m: 2:38.80 32.24	350m: 3:44.93 33.05	400m: 4:17.14 32.21
	100m: 1:02.55 32.51			300m: 3:11.88 33.08		
3.	CANELAS Tiago Andre	200358	08	Fluvial Portuense	4:17.68	558
	50m: 29.79 29.79	150m: 1:34.63 32.63	200m: 2:07.41 32.78	250m: 2:40.39 32.98	350m: 3:46.41 32.98	400m: 4:17.68 31.27
	100m: 1:02.00 32.21			300m: 3:13.43 33.04		
4.	SOARES Goncalo Augusto	206424	08	Porto	4:18.16	555
	50m: 30.12 30.12	150m: 1:36.01 33.11	200m: 2:08.79 32.78	250m: 2:41.26 32.47	350m: 3:46.52 32.55	400m: 4:18.16 31.64
	100m: 1:02.90 32.78			300m: 3:13.97 32.71		
5.	LIMA Eduardo Miguel	201133	08	Foca Quinta Da Lixa - Cnf	4:19.29	548
	50m: 29.98 29.98	150m: 1:36.96 33.13	200m: 2:09.14 32.18	250m: 2:41.61 32.47	350m: 3:45.72 31.57	400m: 4:19.29 33.57
	100m: 1:03.83 33.85			300m: 3:14.15 32.54		
6.	OLIVEIRA Paulo Jorge	205716	08	Estarreja/PROZINCO	4:20.14	543
	50m: 29.20 29.20	150m: 1:33.54 32.61	200m: 2:06.25 32.71	250m: 2:39.24 32.99	350m: 3:46.71 34.02	400m: 4:20.14 33.43
	100m: 1:00.93 31.73			300m: 3:12.69 33.45		
7.	FARDILHA Antonio Cruz	140216	08	Galitos / Bresimar	4:22.52	528
	50m: 28.80 28.80	150m: 1:35.43 34.02	200m: 2:09.38 33.95	250m: 2:43.03 33.65	350m: 3:51.02 33.61	400m: 4:22.52 31.50
	100m: 1:01.41 32.61			300m: 3:17.41 34.38		
8.	PEREIRA Santiago Carvalho	206129	08	Famalicão	4:22.84	526
	50m: 28.54 28.54	150m: 1:34.04 33.26	200m: 2:07.74 33.70	250m: 2:41.78 34.04	350m: 3:49.84 34.04	400m: 4:22.84 33.00
	100m: 1:00.78 32.24			300m: 3:15.80 34.02		
9.	PEREIRA Salvador Correia	205594	08	Condeixa Aqua Clube	4:23.51	522
	50m: 30.15 30.15	150m: 1:35.32 32.64	200m: 2:08.55 33.23	250m: 2:42.47 33.92	350m: 3:50.92 34.17	400m: 4:23.51 32.59
	100m: 1:02.68 32.53			300m: 3:16.75 34.28		



Torneio Zonal de Juvenis (Zona Norte)
Bragança, 15, 16 e 17 Dezembro 2023

Prova 38, Masc., 400m Livres, Juvenis A

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
10.	SOUZA Guilherme Simoes	202988	08	Cnac	4:24.13	518
	50m: 29.66 29.66	150m: 1:35.33 33.40		250m: 2:43.00 34.06	350m: 3:51.51 34.08	
	100m: 1:01.93 32.27	200m: 2:08.94 33.61		300m: 3:17.43 34.43	400m: 4:24.13 32.62	
11.	LIMA Rodrigo Silva	206003	08	Porto	4:24.43	517
	50m: 30.45 30.45	150m: 1:36.15 33.04		250m: 2:43.51 33.92	350m: 3:51.32 33.95	
	100m: 1:03.11 32.66	200m: 2:09.59 33.44		300m: 3:17.37 33.86	400m: 4:24.43 33.11	
12.	SILVA Guilherme Martins	204688	08	Academico Viseu Futebol Clube	4:24.79	515
	50m: 30.15 30.15	150m: 1:36.36 33.55		250m: 2:43.94 33.65	350m: 3:51.83 33.74	
	100m: 1:02.81 32.66	200m: 2:10.29 33.93		300m: 3:18.09 34.15	400m: 4:24.79 32.96	
13.	LOPES Gustavo Miguel	201750	08	Porto	4:27.10	501
	50m: 29.90 29.90	150m: 1:36.03 33.43		250m: 2:44.39 34.16	350m: 3:53.42 34.61	
	100m: 1:02.60 32.70	200m: 2:10.23 34.20		300m: 3:18.81 34.42	400m: 4:27.10 33.68	
14.	ANJOS Nuno Miguel	140396	08	Galitos / Bresimar	4:27.34	500
	50m: 30.42 30.42	150m: 1:38.27 34.58		250m: 2:47.68 34.79	350m: 3:55.57 33.34	
	100m: 1:03.69 33.27	200m: 2:12.89 34.62		300m: 3:22.23 34.55	400m: 4:27.34 31.77	
15.	ESCALEIRA Rodrigo Peres	203567	08	Escola Desportiva de Viana	4:30.14	485
	50m: 30.15 30.15	150m: 1:38.62 34.43		250m: 2:47.10 34.04	350m: 3:56.47 34.76	
	100m: 1:04.19 34.04	200m: 2:13.06 34.44		300m: 3:21.71 34.61	400m: 4:30.14 33.67	
16.	GONCALVES Luis Pedro	146966	08	Braga	4:35.56	456
	50m: 30.15 30.15	150m: 1:37.35 34.50		250m: 2:48.26 35.58	350m: 4:00.70 36.16	
	100m: 1:02.85 32.70	200m: 2:12.68 35.33		300m: 3:24.54 36.28	400m: 4:35.56 34.86	
17.	OLIVEIRA Manuel Martins	202617	08	Sporting de Espinho	4:37.68	446
	50m: 29.90 29.90	150m: 1:37.39 34.16		250m: 2:48.26 35.80	350m: 4:01.66 36.92	
	100m: 1:03.23 33.33	200m: 2:12.46 35.07		300m: 3:24.74 36.48	400m: 4:37.68 36.02	
18.	FERREIRA Bernardo Reis	152333	08	Galitos / Bresimar	4:38.42	443
	50m: 31.52 31.52	150m: 1:40.78 35.27		250m: 2:51.97 35.79	350m: 4:03.87 35.45	
	100m: 1:05.51 33.99	200m: 2:16.18 35.40		300m: 3:28.42 36.45	400m: 4:38.42 34.55	
19.	DIAS Pedro Malhao	207330	08	Escola Desportiva de Viana	4:39.82	436
	50m: 30.29 30.29	150m: 1:37.98 34.11		250m: 2:48.10 35.49	350m: 4:02.61 37.49	
	100m: 1:03.87 33.58	200m: 2:12.61 34.63		300m: 3:25.12 37.02	400m: 4:39.82 37.21	