



Torneio Zonal de Juvenis (Zona Norte)
Bragança, 15, 16 e 17 Dezembro 2023

Prova 1 Femin., 800m Livres Juvenis B
15/12/2023 - 15:30 Resultados

Rec Nac 25m Open 8:20.97 DURAES Diana Margarida POR Glasgow (GBR) 04/12/2019
Rec Nac 25m Juv B 9:00.27 SILVA Alexandra Maria FCP Antibbes (FRA) 20/12/1980

Tac-JUVBFem 50m: 10:52.14 - 25m: 10:33.54

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	MARCELO Camila Duarte	208416	10	Condeixa Aqua Clube	9:30.05	587
	50m: 32.73 32.73	250m: 2:53.24 35.44	450m: 5:15.97 36.05	650m: 7:41.76 36.75		
	100m: 1:07.56 34.83	300m: 3:28.32 35.08	500m: 5:52.07 36.10	700m: 8:18.43 36.67		
	150m: 1:42.59 35.03	350m: 4:04.05 35.73	550m: 6:28.41 36.34	750m: 8:54.78 36.35		
	200m: 2:17.80 35.21	400m: 4:39.92 35.87	600m: 7:05.01 36.60	800m: 9:30.05 35.27		
2.	CASTRO Leticia Alves	209781	10	Braga	9:37.08	566
	50m: 32.73 32.73	250m: 2:56.51 36.35	450m: 5:22.44 36.60	650m: 7:48.90 36.61		
	100m: 1:07.82 35.09	300m: 3:32.93 36.42	500m: 5:59.22 36.78	700m: 8:25.26 36.36		
	150m: 1:43.87 36.05	350m: 4:09.57 36.64	550m: 6:35.70 36.48	750m: 9:01.73 36.47		
	200m: 2:20.16 36.29	400m: 4:45.84 36.27	600m: 7:12.29 36.59	800m: 9:37.08 35.35		
3.	CARDEAL Leonor Nunes	201021	10	Academico Viseu Futebol Clube	9:39.15	560
	50m: 32.58 32.58	250m: 2:57.40 36.45	450m: 5:23.87 36.37	650m: 7:51.30 36.50		
	100m: 1:08.02 35.44	300m: 3:33.93 36.53	500m: 6:00.62 36.75	700m: 8:28.22 36.92		
	150m: 1:44.26 36.24	350m: 4:10.62 36.69	550m: 6:37.53 36.91	750m: 9:04.44 36.22		
	200m: 2:20.95 36.69	400m: 4:47.50 36.88	600m: 7:14.80 37.27	800m: 9:39.15 34.71		
4.	CUNHA Maria Rita	206403	10	Colegio Efanor	9:50.54	528
	50m: 33.97 33.97	250m: 3:01.08 37.03	450m: 5:29.66 36.97	650m: 7:59.21 37.46		
	100m: 1:10.14 36.17	300m: 3:38.33 37.25	500m: 6:06.99 37.33	700m: 8:36.77 37.56		
	150m: 1:47.29 37.15	350m: 4:15.66 37.33	550m: 6:44.25 37.26	750m: 9:13.99 37.22		
	200m: 2:24.05 36.76	400m: 4:52.69 37.03	600m: 7:21.75 37.50	800m: 9:50.54 36.55		
5.	MARQUES Ana Jose	210414	10	Braga	9:58.01	508
	50m: 33.35 33.35	250m: 2:59.52 37.35	450m: 5:30.40 38.10	650m: 8:03.95 38.61		
	100m: 1:09.27 35.92	300m: 3:36.84 37.32	500m: 6:08.66 38.26	700m: 8:42.87 38.92		
	150m: 1:45.55 36.28	350m: 4:14.54 37.70	550m: 6:47.09 38.43	750m: 9:20.91 38.04		
	200m: 2:22.17 36.62	400m: 4:52.30 37.76	600m: 7:25.34 38.25	800m: 9:58.01 37.10		
6.	COSTA Sofia Rodrigues	206179	10	Porto	9:59.78	504
	50m: 33.96 33.96	250m: 3:05.28 39.16	450m: 5:37.37 39.02	650m: 8:08.97 38.06		
	100m: 1:11.47 37.51	300m: 3:43.31 38.03	500m: 6:15.11 37.74	700m: 8:46.59 37.62		
	150m: 1:49.26 37.79	350m: 4:21.75 38.44	550m: 6:52.93 37.82	750m: 9:24.50 37.91		
	200m: 2:26.12 36.86	400m: 4:58.35 36.60	600m: 7:30.91 37.98	800m: 9:59.78 35.28		
7.	NOGUEIRA Ana Laura	209772	10	Braga	9:59.88	504
	50m: 33.37 33.37	250m: 3:02.54 37.94	450m: 5:34.52 38.34	650m: 8:06.80 38.40		
	100m: 1:09.75 36.38	300m: 3:40.37 37.83	500m: 6:12.25 37.73	700m: 8:44.88 38.08		
	150m: 1:47.16 37.41	350m: 4:18.31 37.94	550m: 6:50.23 37.98	750m: 9:22.88 38.00		
	200m: 2:24.60 37.44	400m: 4:56.18 37.87	600m: 7:28.40 38.17	800m: 9:59.88 37.00		
8.	PAIVA Leonor Antunes	211155	10	Cnac	10:11.11	476
	50m: 34.59 34.59	250m: 3:07.79 38.65	450m: 5:43.15 38.65	650m: 8:17.17 38.02		
	100m: 1:12.28 37.69	300m: 3:46.53 38.74	500m: 6:22.04 38.89	700m: 8:55.41 38.24		
	150m: 1:50.82 38.54	350m: 4:25.62 39.09	550m: 7:00.70 38.66	750m: 9:33.59 38.18		
	200m: 2:29.14 38.32	400m: 5:04.50 38.88	600m: 7:39.15 38.45	800m: 10:11.11 37.52		
9.	GREGORIO Bruna Bacelar FTL	214610	10	Vilacondense	10:38.17	418
	50m: 35.15 35.15	250m: 3:15.42 40.65	450m: 5:57.86 40.36	650m: 8:39.10 40.24		
	100m: 1:13.95 38.80	300m: 3:56.22 40.80	500m: 6:37.88 40.02	700m: 9:19.19 40.09		
	150m: 1:54.19 40.24	350m: 4:36.60 40.38	550m: 7:18.35 40.47	750m: 9:58.92 39.73		
	200m: 2:34.77 40.58	400m: 5:17.50 40.90	600m: 7:58.86 40.51	800m: 10:38.17 39.25		
10.	CARVALHO Mariana Bagagem FTL	211148	10	Miranda do Corvo	10:43.13	409
	50m: 34.78 34.78	250m: 3:15.86 40.89	450m: 6:00.01 41.21	650m: 8:42.78 40.67		
	100m: 1:14.15 39.37	300m: 3:56.83 40.97	500m: 6:40.48 40.47	700m: 9:23.25 40.47		
	150m: 1:54.27 40.12	350m: 4:37.67 40.84	550m: 7:21.61 41.13	750m: 10:04.23 40.98		
	200m: 2:34.97 40.70	400m: 5:18.80 41.13	600m: 8:02.11 40.50	800m: 10:43.13 38.90		



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Prova 1, Femin., 800m Livres

Prova 1
15/12/2023 - 15:30
Femin., 800m Livres
Juvenis A
Resultados

Rec Nac 25m Open	8:20.97	DURAES Diana Margarida	POR	Glasgow (GBR)	04/12/2019
Rec Nac 25m Juv A	8:46.74	SANTOS Ana Claudia	SFUAP	Cantanhede	19/12/2004

Tac-JUVAFem 50m: 10:40.50 - 25m: 10:22.23

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	PINTO Maria Carvalho	206343	09	Viana Natacao	9:28.12	593
	50m: 31.32 31.32	250m: 2:51.31 35.63	450m: 5:15.12 36.24	650m: 7:40.62 36.33		
	100m: 1:05.60 34.28	300m: 3:27.08 35.77	500m: 5:51.19 36.07	700m: 8:17.00 36.38		
	150m: 1:40.64 35.04	350m: 4:03.00 35.92	550m: 6:27.88 36.69	750m: 8:53.34 36.34		
	200m: 2:15.68 35.04	400m: 4:38.88 35.88	600m: 7:04.29 36.41	800m: 9:28.12 34.78		
2.	MAIA Lara Catarina	205712	09	Estarreja/PROZINCO	9:36.88	566
	50m: 31.82 31.82	250m: 2:52.81 35.87	450m: 5:19.59 36.94	650m: 7:47.65 37.12		
	100m: 1:06.04 34.22	300m: 3:29.47 36.66	500m: 5:56.42 36.83	700m: 8:25.04 37.39		
	150m: 1:41.32 35.28	350m: 4:05.97 36.50	550m: 6:33.45 37.03	750m: 9:02.58 37.54		
	200m: 2:16.94 35.62	400m: 4:42.65 36.68	600m: 7:10.53 37.08	800m: 9:36.88 34.30		
3.	RICARDO Francisca Martingo	206171	09	Porto	9:37.12	566
	50m: 32.21 32.21	250m: 2:54.77 36.19	450m: 5:20.66 36.57	650m: 7:48.46 36.91		
	100m: 1:06.87 34.66	300m: 3:31.23 36.46	500m: 5:57.20 36.54	700m: 8:25.86 37.40		
	150m: 1:42.68 35.81	350m: 4:07.44 36.21	550m: 6:34.13 36.93	750m: 9:03.21 37.35		
	200m: 2:18.58 35.90	400m: 4:44.09 36.65	600m: 7:11.55 37.42	800m: 9:37.12 33.91		
4.	MOREIRA Madalena Valente	207969	09	Colegio Efanor	9:37.53	564
	50m: 31.67 31.67	250m: 2:55.38 36.44	450m: 5:22.49 36.91	650m: 7:50.40 36.90		
	100m: 1:06.88 35.21	300m: 3:32.01 36.63	500m: 5:59.60 37.11	700m: 8:26.99 36.59		
	150m: 1:42.68 35.80	350m: 4:08.51 36.50	550m: 6:36.26 36.66	750m: 9:03.78 36.79		
	200m: 2:18.94 36.26	400m: 4:45.58 37.07	600m: 7:13.50 37.24	800m: 9:37.53 33.75		
5.	GONCALVES Leonor Queiroz	209780	09	Braga	9:39.30	559
	50m: 31.99 31.99	250m: 2:55.38 37.21	450m: 5:17.37 31.91	650m: 7:49.20 35.74		
	100m: 1:06.91 34.92	300m: 3:31.97 36.59	500m: 5:59.49 42.12	700m: 8:25.88 36.68		
	150m: 1:42.68 35.77	350m: 4:08.63 36.66	550m: 6:30.13 30.64	750m: 8:55.63 29.75		
	200m: 2:18.17 35.49	400m: 4:45.46 36.83	600m: 7:13.46 43.33	800m: 9:39.30 43.67		
6.	MARTINS Carolina Correia	206183	09	Porto	9:57.98	508
	50m: 32.49 32.49	250m: 2:56.72 36.65	450m: 5:28.10 38.43	650m: 8:02.62 38.69		
	100m: 1:07.69 35.20	300m: 3:34.13 37.41	500m: 6:06.52 38.42	700m: 8:41.51 38.89		
	150m: 1:43.76 36.07	350m: 4:11.67 37.54	550m: 6:45.18 38.66	750m: 9:20.34 38.83		
	200m: 2:20.07 36.31	400m: 4:49.67 38.00	600m: 7:23.93 38.75	800m: 9:57.98 37.64		
7.	SANTOS Mariana Silva	206175	09	Porto	10:05.27	490
	50m: 33.69 33.69	250m: 3:02.75 38.04	450m: 5:35.85 37.94	650m: 8:10.34 38.80		
	100m: 1:10.32 36.63	300m: 3:41.35 38.60	500m: 6:14.23 38.38	700m: 8:49.73 39.39		
	150m: 1:47.20 36.88	350m: 4:19.81 38.46	550m: 6:52.98 38.75	750m: 9:28.65 38.92		
	200m: 2:24.71 37.51	400m: 4:57.91 38.10	600m: 7:31.54 38.56	800m: 10:05.27 36.62		
8.	REIS Mafalda Brandao	203693	09	Famalicao	10:05.44	490
	50m: 35.16 35.16	250m: 3:05.76 37.86	450m: 5:37.04 37.58	650m: 8:09.71 38.67		
	100m: 1:12.40 37.24	300m: 3:43.45 37.69	500m: 6:15.00 37.96	700m: 8:48.49 38.78		
	150m: 1:50.14 37.74	350m: 4:21.54 38.09	550m: 6:52.85 37.85	750m: 9:27.41 38.92		
	200m: 2:27.90 37.76	400m: 4:59.46 37.92	600m: 7:31.04 38.19	800m: 10:05.44 38.03		
9.	FARIA Ines Maria	205180	09	Porto	10:05.72	489
	50m: 33.97 33.97	250m: 3:03.38 37.40	450m: 5:35.67 37.89	650m: 8:10.81 39.07		
	100m: 1:11.05 37.08	300m: 3:41.65 38.27	500m: 6:14.27 38.60	700m: 8:50.27 39.46		
	150m: 1:48.29 37.24	350m: 4:20.12 38.47	550m: 6:53.15 38.88	750m: 9:29.24 38.97		
	200m: 2:25.98 37.69	400m: 4:57.78 37.66	600m: 7:31.74 38.59	800m: 10:05.72 36.48		
10.	PEDREIRO Francisca Soreto	139907	09	Galitos / Bresimar	10:18.06	460
	50m: 33.17 33.17	250m: 3:01.34 37.36	450m: 5:35.17 38.90	650m: 8:12.31 40.00		
	100m: 1:08.89 35.72	300m: 3:39.46 38.12	500m: 6:13.60 38.43	700m: 8:54.25 41.94		
	150m: 1:46.42 37.53	350m: 4:18.12 38.66	550m: 6:53.08 39.48	750m: 9:36.91 42.66		
	200m: 2:23.98 37.56	400m: 4:56.27 38.15	600m: 7:32.31 39.23	800m: 10:18.06 41.15		