

CVB TRUST
Tienen, 22/10/2023

Programmanr. 14
22/10/2023 - 17:12

Dames, 400m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2023

| Rang | | | | | Inschr. | Tijd | Pnt |
|------------------------------|-----------------------|---------|-------|-------|----------------|---------|--------------------|
| 11-12 jaar B-zwemmers | | | | | | | |
| 1. | ROELANT Siska | | | | KVZP/21088/11 | 5:54.59 | 5:47.21 295 |
| | 50m: | 39.69 | 39.69 | 150m: | 250m: | 350m: | |
| | 100m: | 1:23.10 | 43.41 | 200m: | 300m: | 400m: | 5:47.21 |
| 2. | JANSSEN Lauren | | | | GZVN/21367/12 | NT | 5:53.93 279 |
| | 50m: | 38.32 | 38.32 | 150m: | 250m: | 350m: | |
| | 100m: | 1:21.83 | 43.51 | 200m: | 300m: | 400m: | 5:53.93 |
| 3. | CUYPERS Manon | | | | GZVN/21315/12 | 6:13.01 | 5:55.17 276 |
| | 50m: | 39.39 | 39.39 | 150m: | 250m: | 350m: | |
| | 100m: | 1:22.56 | 43.17 | 200m: | 300m: | 400m: | 5:55.17 |
| 4. | MINTEN Paulien | | | | KLSVZ/21119/11 | 6:31.85 | 6:00.00 265 |
| | 50m: | | | 150m: | 250m: | 350m: | |
| | 100m: | 1:27.40 | | 200m: | 300m: | 400m: | 6:00.00 |
| 5. | VAN SINTEJAN Manon | | | | SCWR/21058/12 | 5:57.56 | 6:09.23 245 |
| | 50m: | | | 150m: | 250m: | 350m: | |
| | 100m: | 1:30.26 | | 200m: | 300m: | 400m: | 6:09.23 |
| 6. | GERARD Carys | | | | KAZS/21124/11 | NT | 6:17.27 230 |
| | 50m: | | | 150m: | 250m: | 350m: | |
| | 100m: | 1:30.42 | | 200m: | 300m: | 400m: | 6:17.27 |
| 7. | VAN HOOMISSEN Chelsea | | | | ZCK/22112/12 | NT | 6:19.32 226 |
| | 50m: | 41.74 | 41.74 | 150m: | 250m: | 350m: | |
| | 100m: | 1:30.72 | 48.98 | 200m: | 300m: | 400m: | 6:19.32 |
| 8. | VERVLOET Lin | | | | ZCT/21155/12 | 6:26.52 | 6:24.84 217 |
| | 50m: | 47.47 | 47.47 | 150m: | 250m: | 350m: | |
| | 100m: | 1:36.84 | 49.37 | 200m: | 300m: | 400m: | 6:24.84 |
| 9. | BERGHS Jinse | | | | GZVN/21341/12 | 6:46.36 | 6:30.47 207 |
| | 50m: | 43.44 | 43.44 | 150m: | 250m: | 350m: | |
| | 100m: | 1:31.94 | 48.50 | 200m: | 300m: | 400m: | 6:30.47 |
| 10. | DE SITTER Kira | | | | ZCK/22115/12 | NT | 6:39.88 193 |
| | 50m: | 44.56 | 44.56 | 150m: | 250m: | 350m: | |
| | 100m: | 1:35.98 | 51.42 | 200m: | 300m: | 400m: | 6:39.88 |
| 11. | BRAMS Ann-Sophie | | | | ALZV/21149/11 | NT | 6:55.65 172 |
| | 50m: | 47.11 | 47.11 | 150m: | 250m: | 350m: | |
| | 100m: | 1:38.61 | 51.50 | 200m: | 300m: | 400m: | 6:55.65 |
| 12. | MEURRENS Lina | | | | KAZS/21154/12 | 7:41.35 | 7:03.04 163 |
| | 50m: | | | 150m: | 250m: | 350m: | |
| | 100m: | 1:40.78 | | 200m: | 300m: | 400m: | 7:03.04 |
| 13. | VAN NECK Lise | | | | KAZS/21164/11 | NT | 7:15.61 149 |
| | 50m: | 46.25 | 46.25 | 150m: | 250m: | 350m: | |
| | 100m: | 1:38.25 | 52.00 | 200m: | 300m: | 400m: | 7:15.61 |
| 13-14 jaar B-zwemmers | | | | | | | |
| 1. | GEENS Amélie | | | | ZCK/22094/09 | 5:08.20 | 4:53.64 488 |
| | 50m: | 34.12 | 34.12 | 150m: | 250m: | 350m: | |
| | 100m: | 1:11.21 | 37.09 | 200m: | 300m: | 400m: | 4:53.64 |
| 2. | TOUQUET Laura | | | | SCWR/21038/09 | 5:17.05 | 5:15.97 392 |
| | 50m: | 34.47 | 34.47 | 150m: | 250m: | 350m: | |
| | 100m: | 1:12.97 | 38.50 | 200m: | 300m: | 400m: | 5:15.97 |
| 3. | LOUCKX Célie | | | | SCWR/21053/10 | 5:26.96 | 5:20.66 375 |
| | 50m: | | | 150m: | 250m: | 350m: | |
| | 100m: | 1:15.80 | | 200m: | 300m: | 400m: | 5:20.66 |

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Programmanr. 14, Meisjes, 400m vrije slag, 13-14 jaar B-zwemmers

| Rang | | | | Inschr. | Tijd | Pnt |
|------|------------------------|-------|---------------|------------------------|----------------|-----|
| 4. | CHAFWEHE Vanina | | | KLSVZ/21135/10 5:34.36 | 5:33.58 | 333 |
| | 50m: 37.76 | 37.76 | 150m: | 250m: | 350m: | |
| | 100m: 1:18.50 | 40.74 | 200m: 2:44.29 | 300m: | 400m: 5:33.58 | |
| 5. | VALVEKENS Lily | | | BEST/21128/09 5:38.06 | 5:39.99 | 314 |
| | 50m: | | 150m: | 250m: | 350m: | |
| | 100m: 1:19.87 | | 200m: 2:46.42 | 300m: | 400m: 5:39.99 | |
| 6. | ALLOING Myrthe | | | KLSVZ/21063/09 5:38.23 | 5:46.34 | 297 |
| | 50m: 40.09 | 40.09 | 150m: | 250m: | 350m: | |
| | 100m: 1:24.16 | 44.07 | 200m: 2:52.69 | 300m: | 400m: 5:46.34 | |
| 7. | VAN STEENWINKEL Esther | | | KVZP/21095/10 6:24.60 | 5:50.75 | 286 |
| | 50m: 41.18 | 41.18 | 150m: | 250m: | 350m: | |
| | 100m: 1:25.25 | 44.07 | 200m: 2:55.25 | 300m: | 400m: 5:50.75 | |
| 8. | DEPLOIGE Lore | | | TRUST/21214/10 6:17.98 | 5:53.15 | 280 |
| | 50m: | | 150m: | 250m: | 350m: | |
| | 100m: 1:24.72 | | 200m: 2:55.87 | 300m: | 400m: 5:53.15 | |
| 9. | VEUCHELEN Alexia | | | KLSVZ/21073/09 6:35.87 | 6:33.24 | 203 |
| | 50m: 45.90 | 45.90 | 150m: | 250m: | 350m: | |
| | 100m: 1:35.93 | 50.03 | 200m: 3:15.52 | 300m: | 400m: 6:33.24 | |
| 10. | ROBYNS Emilie | | | ALZV/21131/10 NT | 6:51.02 | 178 |
| | 50m: 41.95 | 41.95 | 150m: | 250m: | 350m: | |
| | 100m: 1:33.25 | 51.30 | 200m: 3:21.50 | 300m: | 400m: 6:51.02 | |

13-14 jaar A-zwemmers

| | | | | | | |
|----|-------------------|-------|---------------|------------------------|----------------|-----|
| 1. | VERSPECHT Lizanne | | | ZCK/22096/09 4:57.12 | 4:48.51 | 515 |
| | 50m: | | 150m: | 250m: | 350m: | |
| | 100m: 1:09.16 | | 200m: 2:21.56 | 300m: | 400m: 4:48.51 | |
| 2. | DECONYNCK Sterre | | | TRUST/21166/09 4:51.63 | 4:54.24 | 485 |
| | 50m: 34.16 | 34.16 | 150m: | 250m: | 350m: | |
| | 100m: 1:11.02 | 36.86 | 200m: 2:25.38 | 300m: | 400m: 4:54.24 | |

15-16 jaar B-zwemmers

| | | | | | | |
|----|--------------------|-------|---------------|------------------------|----------------|-----|
| 1. | VERSPECHT Lien | | | ZCK/22092/08 5:31.92 | 5:11.53 | 409 |
| | 50m: 34.11 | 34.11 | 150m: | 250m: | 350m: | |
| | 100m: 1:12.47 | 38.36 | 200m: 2:33.04 | 300m: | 400m: 5:11.53 | |
| 2. | NEEFS Emma | | | TRUST/21070/07 5:19.81 | 5:15.87 | 392 |
| | 50m: 34.95 | 34.95 | 150m: | 250m: | 350m: | |
| | 100m: 1:13.99 | 39.04 | 200m: 2:34.44 | 300m: | 400m: 5:15.87 | |
| 3. | DESCAMPS Adélaïde | | | TRUST/21074/07 5:16.84 | 5:17.16 | 387 |
| | 50m: | | 150m: | 250m: | 350m: | |
| | 100m: 1:14.05 | | 200m: 2:35.44 | 300m: | 400m: 5:17.16 | |
| 4. | SMETS Danique | | | KLSVZ/21076/08 5:22.38 | 5:23.00 | 367 |
| | 50m: 35.38 | 35.38 | 150m: | 250m: | 350m: | |
| | 100m: 1:15.14 | 39.76 | 200m: 2:37.50 | 300m: | 400m: 5:23.00 | |
| 5. | DESENDER Hannelore | | | KVZP/21079/08 6:10.85 | 5:27.95 | 350 |
| | 50m: 39.07 | 39.07 | 150m: | 250m: | 350m: | |
| | 100m: 1:20.56 | 41.49 | 200m: 2:43.69 | 300m: | 400m: 5:27.95 | |
| 6. | DE WITTE Liesl | | | TRUST/21069/07 5:56.26 | 5:53.45 | 280 |
| | 50m: 39.42 | 39.42 | 150m: | 250m: | 350m: | |
| | 100m: 1:23.10 | 43.68 | 200m: 2:52.53 | 300m: | 400m: 5:53.45 | |
| 7. | VEREYCKEN Elise | | | KAZS/21175/08 NT | 6:03.94 | 256 |
| | 50m: 38.87 | 38.87 | 150m: | 250m: | 350m: | |
| | 100m: 1:23.65 | 44.78 | 200m: 2:58.29 | 300m: | 400m: 6:03.94 | |

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Tienen, 22/10/2023

Programmanr. 14, Dames, 400m vrije slag

17 jaar en ouder B-zwemmers

| | | | | |
|-----------------------|----------------|---------|----------------|-----|
| 1. GODDERIS Mien | TRUST/21063/06 | 4:57.27 | 4:54.38 | 485 |
| 50m: 35.29 35.29 | 150m: | 250m: | 350m: | |
| 100m: 1:12.71 37.42 | 200m: 2:28.06 | 300m: | 400m: 4:54.38 | |
| 2. MEYER Eline | TRUST/21044/04 | NT | 5:05.80 | 432 |
| 50m: | 150m: | 250m: | 350m: | |
| 100m: 1:13.98 | 200m: 2:31.59 | 300m: | 400m: 5:05.80 | |
| 3. SUFFELEERS Maren | TRUST/21056/05 | 5:32.87 | 5:34.21 | 331 |
| 50m: 36.61 36.61 | 150m: | 250m: | 350m: | |
| 100m: 1:16.93 40.32 | 200m: 2:40.96 | 300m: | 400m: 5:34.21 | |
| 4. VANDENABEELE Lotta | KVZP/21020/06 | NT | 5:40.48 | 313 |
| 50m: 37.09 37.09 | 150m: | 250m: | 350m: | |
| 100m: 1:18.56 41.47 | 200m: 2:45.36 | 300m: | 400m: 5:40.48 | |