

Sag-Lac/Chibougamau-Chapais 1
Dolbeau-Mistassini, 14-10-2023

Epreuve 25
2023-10-14 - 15:24

Dames, 400m 4 nages

Cat. générale
Liste résultats

Points: FINA 2023

Rang				Age					Temps	Pts		
11 - 12 ans												
1.	PLANTE, Élizabeth			12	Club de Natation Juvaqua Alma				6:13.16	334		
	50m:	45.13	45.13	150m:	2:21.14	43.88	250m:	3:59.44	54.92	350m:	5:35.42	40.57
	100m:	1:37.26	52.13	200m:	3:04.52	43.38	300m:	4:54.85	55.41	400m:	6:13.16	37.74
15 - 16 ans												
1.	MICHAUD, Laurence			16	Club de natation Jonquière				5:18.89	535		
	50m:	35.67	35.67	150m:	1:58.45	41.45	250m:	3:23.00	43.87	350m:	4:44.66	35.78
	100m:	1:17.00	41.33	200m:	2:39.13	40.68	300m:	4:08.88	45.88	400m:	5:18.89	34.23
2.	GUHA, Anjali			15	C. N. de Chicoutimi				5:57.95	378		
	50m:	38.47	38.47	150m:	2:11.36	45.21	250m:	3:47.33	51.23	350m:	5:17.94	40.87
	100m:	1:26.15	47.68	200m:	2:56.10	44.74	300m:	4:37.07	49.74	400m:	5:57.95	40.01
3.	BERNARD, Florence			15	Club de Natation Juvaqua Alma				6:19.97	316		
	50m:	40.81	40.81	150m:	2:18.51	50.08	250m:	3:59.27	53.77	350m:	5:39.72	44.78
	100m:	1:28.43	47.62	200m:	3:05.50	46.99	300m:	4:54.94	55.67	400m:	6:19.97	40.25
4.	LAROUCHE, Justine			15	Club de Natation Juvaqua Alma				6:21.58	312		
	50m:	42.13	42.13	150m:	2:19.80	48.37	250m:	4:00.87	53.94	350m:	5:41.00	45.93
	100m:	1:31.43	49.30	200m:	3:06.93	47.13	300m:	4:55.07	54.20	400m:	6:21.58	40.58