

Torneio de Abertura ANICentro
Fundão, 22/10/2023

Prova 23
22/10/2023 - 17:10

Femin., 400m Livres

12 anos e mais velhos
Resultados

Pontos: FINA 2022

Lugar			Ano					Tempo final	Pts
1.	CALDES, Ana Sofia		06	Elvense				5:18.74	395
	50m:	36.52 36.52	150m:	1:56.66	40.30	250m:	3:17.00 39.37	350m:	4:38.16 40.78
	100m:	1:16.36 39.84	200m:	2:37.63	40.97	300m:	3:57.38 40.38	400m:	5:18.74 40.58
2.	ALMEIDA, Maria Ines		09	Clube Natacao Fundao/Girassol				5:35.51	338
	50m:	37.95 37.95	150m:	2:01.69	42.52	250m:	3:27.99 43.23	350m:	4:55.37 43.36
	100m:	1:19.17 41.22	200m:	2:44.76	43.07	300m:	4:12.01 44.02	400m:	5:35.51 40.14
3.	BANHUDO, Carolina Pinto		10	AN Albicastrense				5:58.92	276
	50m:	38.79 38.79	150m:	2:09.29	46.40	250m:	3:43.89 47.55	350m:	5:16.08 46.42
	100m:	1:22.89 44.10	200m:	2:56.34	47.05	300m:	4:29.66 45.77	400m:	5:58.92 42.84
4.	BILE, Matilde Barbas		08	Portalegre				6:03.41	266
	50m:	38.75 38.75	150m:	2:09.54	46.58	250m:	3:44.21 47.55	350m:	5:19.12 48.33
	100m:	1:22.96 44.21	200m:	2:56.66	47.12	300m:	4:30.79 46.58	400m:	6:03.41 44.29
5.	MESTRE, Maria Beatriz		12	Eléctrico				6:15.42	241
	50m:	42.14 42.14	150m:	2:17.94	47.86	250m:	3:54.93 48.42	350m:	5:29.97 46.87
	100m:	1:30.08 47.94	200m:	3:06.51	48.57	300m:	4:43.10 48.17	400m:	6:15.42 45.45
6.	PAULO, Matilde Trigueiros		11	AN Albicastrense				6:35.42	207
	50m:	41.73 41.73	150m:	2:20.82	50.34	250m:	4:02.32 51.72	350m:	5:44.01 49.53
	100m:	1:30.48 48.75	200m:	3:10.60	49.78	300m:	4:54.48 52.16	400m:	6:35.42 51.41