

RSR: Championnats Romands Eté
Lausanne, 14. - 16.6.2024

Epreuve 11 Messieurs, 400m 4 nages Cat. générale
14.06.2024 - 15:45 Liste résultats

Swiss National Records 4:12.86 DESPLANCHES Jérémy GEN Rennes (FRA) 16.04.2019
Records régionaux de la Romandie 4:12.86 DESPLANCHES Jérémy GEN Rennes (FRA) 16.04.2019

Time standard 1 - 14: 5:43.01; 15: 5:30.61; 16: 5:23.41; 17 +: 5:19.21

Points: FINA 2023

Rang			AN							Temps	Pts
14 ans et moins											
1.	MUEHLBAUER Tom Scott		10	Lancy Natation						5:09.80	487
	50m:	31.59 31.59	150m:	1:49.00	40.64	250m:	3:14.25	44.97	350m:	4:34.99	35.47
	100m:	1:08.36 36.77	200m:	2:29.28	40.28	300m:	3:59.52	45.27	400m:	5:09.80	34.81
2.	GABELLIERI Tommaso		10	Renens-Natation						5:20.57	440
	50m:	32.54 32.54	150m:	1:51.02	40.89	250m:	3:17.55	45.21	350m:	4:42.94	38.66
	100m:	1:10.13 37.59	200m:	2:32.34	41.32	300m:	4:04.28	46.73	400m:	5:20.57	37.63
3.	ZWEIACKER Charly		10	Red-Fish Neuchâtel						5:27.88	411
	50m:	33.89 33.89	150m:	1:55.47	42.20	250m:	3:26.74	49.99	350m:	4:52.81	36.74
	100m:	1:13.27 39.38	200m:	2:36.75	41.28	300m:	4:16.07	49.33	400m:	5:27.88	35.07
4.	MICHALIS Leo		11	Genève Natation 1885						5:29.36	405
	50m:	35.01 35.01	150m:	2:00.28	41.99	250m:	3:28.63	47.91	350m:	4:53.93	36.36
	100m:	1:18.29 43.28	200m:	2:40.72	40.44	300m:	4:17.57	48.94	400m:	5:29.36	35.43
5.	INTERBRICK David		10	Rolle Natation						5:35.76	383
	50m:	34.05 34.05	150m:	1:56.34	42.42	250m:	3:28.99	50.85	350m:	4:57.33	38.28
	100m:	1:13.92 39.87	200m:	2:38.14	41.80	300m:	4:19.05	50.06	400m:	5:35.76	38.43
6.	GARDON Victor		10	Lausanne Aquatique						5:38.08	375
	50m:	32.43 32.43	150m:	1:54.68	43.89	250m:	3:26.05	49.00	350m:	4:58.38	41.82
	100m:	1:10.79 38.36	200m:	2:37.05	42.37	300m:	4:16.56	50.51	400m:	5:38.08	39.70
7.	ABDUL BAKI Ali		10	CN Plan-les-Ouates						5:38.97	372
	50m:	32.50 32.50	150m:	1:57.28	44.16	250m:	3:31.27	50.53	350m:	5:01.08	39.92
	100m:	1:13.12 40.62	200m:	2:40.74	43.46	300m:	4:21.16	49.89	400m:	5:38.97	37.89

15 - 16 ans

1.	GUIDOTTI Lorenzo		08	Genève Natation 1885						4:41.68	648
	50m:	29.49 29.49	150m:	1:42.31	38.71	250m:	2:58.37	38.58	350m:	4:10.34	32.40
	100m:	1:03.60 34.11	200m:	2:19.79	37.48	300m:	3:37.94	39.57	400m:	4:41.68	31.34
2.	PENNEL Jamie Alexander		08	Lausanne Aquatique						5:02.03	526
	50m:	30.47 30.47	150m:	1:47.28	40.81	250m:	3:11.69	45.08	350m:	4:30.73	34.36
	100m:	1:06.47 36.00	200m:	2:26.61	39.33	300m:	3:56.37	44.68	400m:	5:02.03	31.30
3.	SOFIA Alessio		08	Lausanne Aquatique						5:02.16	525
	50m:	31.67 31.67	150m:	1:48.45	38.74	250m:	3:09.77	42.23	350m:	4:28.78	35.48
	100m:	1:09.71 38.04	200m:	2:27.54	39.09	300m:	3:53.30	43.53	400m:	5:02.16	33.38
4.	EL GAOUZI Rayan		09	Lancy Natation						5:04.10	515
	50m:	30.75 30.75	150m:	1:49.23	42.45	250m:	3:11.63	41.92	350m:	4:31.63	36.60
	100m:	1:06.78 36.03	200m:	2:29.71	40.48	300m:	3:55.03	43.40	400m:	5:04.10	32.47
5.	MOSCONI Pietro		09	Genève Natation 1885						5:08.70	492
	50m:	29.92 29.92	150m:	1:48.36	42.16	250m:	3:14.22	45.61	350m:	4:35.78	35.08
	100m:	1:06.20 36.28	200m:	2:28.61	40.25	300m:	4:00.70	46.48	400m:	5:08.70	32.92
6.	MATELJIC Roko		08	Vevey-Natation						5:11.87	477
	50m:	31.20 31.20	150m:	1:50.80	42.87	250m:	3:17.63	45.85	350m:	4:38.33	34.74
	100m:	1:07.93 36.73	200m:	2:31.78	40.98	300m:	4:03.59	45.96	400m:	5:11.87	33.54
7.	LORENZO VIANA Victor		08	Morges-Natation						5:13.98	468
	50m:	32.29 32.29	150m:	1:49.08	39.11	250m:	3:12.01	43.51	350m:	4:37.30	39.30
	100m:	1:09.97 37.68	200m:	2:28.50	39.42	300m:	3:58.00	45.99	400m:	5:13.98	36.68

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Epreuve 11, Garçons, 400m 4 nages, 15 - 16 ans

Rang			AN					Temps	Pts		
8.	BELAHBIB Ilyass		09	Lancy Natation				5:15.31	462		
	50m:	32.81 32.81	150m:	1:54.35	41.75	250m:	3:18.87	43.51	350m:	4:43.10	37.47
	100m:	1:12.60 39.79	200m:	2:35.36	41.01	300m:	4:05.63	46.76	400m:	5:15.31	32.21
9.	CHALENDARD Marius		09	Red-Fish Neuchâtel				5:17.92	451		
	50m:	31.84 31.84	150m:	1:51.45	41.63	250m:	3:18.25	45.59	350m:	4:42.18	37.17
	100m:	1:09.82 37.98	200m:	2:32.66	41.21	300m:	4:05.01	46.76	400m:	5:17.92	35.74
10.	DI LORENZO Luca		09	CN Yverdon				5:19.78	443		
	50m:	32.04 32.04	150m:	1:49.80	41.48	250m:	3:20.29	49.22	350m:	4:44.81	36.14
	100m:	1:08.32 36.28	200m:	2:31.07	41.27	300m:	4:08.67	48.38	400m:	5:19.78	34.97
11.	MABILLARD Guillaume		09	Genève Natation 1885				5:24.43	424		
	50m:	34.72 34.72	150m:	2:00.11	44.25	250m:	3:28.21	45.83	350m:	4:50.86	36.34
	100m:	1:15.86 41.14	200m:	2:42.38	42.27	300m:	4:14.52	46.31	400m:	5:24.43	33.57
12.	MCGRATH Thomas		09	Montreux-Natation				5:27.83	411		
	50m:	33.41 33.41	150m:	1:55.32	41.82	250m:	3:24.20	46.00	350m:	4:50.62	39.04
	100m:	1:13.50 40.09	200m:	2:38.20	42.88	300m:	4:11.58	47.38	400m:	5:27.83	37.21
13.	INAN Danny		08	Lancy Natation				5:31.13	399 *		
	50m:	31.91 31.91	150m:	1:54.98	42.13	250m:	3:24.10	47.81	350m:	4:52.87	38.67
	100m:	1:12.85 40.94	200m:	2:36.29	41.31	300m:	4:14.20	50.10	400m:	5:31.13	38.26

17 ans et plus

1.	PARISI Kylian		07	Lausanne Aquatique				4:56.64	555		
	50m:	33.00 33.00	150m:	1:50.45	38.75	250m:	3:07.76	39.48	350m:	4:22.98	35.65
	100m:	1:11.70 38.70	200m:	2:28.28	37.83	300m:	3:47.33	39.57	400m:	4:56.64	33.66
2.	CARVALHOSA Francisco		07	Vevey-Natation				5:05.78	507		
	50m:	32.12 32.12	150m:	1:51.47	41.95	250m:	3:13.58	40.83	350m:	4:31.94	36.85
	100m:	1:09.52 37.40	200m:	2:32.75	41.28	300m:	3:55.09	41.51	400m:	5:05.78	33.84
3.	DAYER Maël		07	Natation Sportive Genève				5:14.42	466		
	50m:	30.04 30.04	150m:	1:50.32	41.54	250m:	3:16.65	46.80	350m:	4:40.02	36.80
	100m:	1:08.78 38.74	200m:	2:29.85	39.53	300m:	4:03.22	46.57	400m:	5:14.42	34.40