

Torneio de Abertura 2023
Barcelos, 21 - 22/10/2023

Prova 16 Masc., 400m Livres Absoluto
22/10/2023 - 9:30 Resultados

Rec. Reg. ANMinho Open	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Sen	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Jun 2	3:52.06	Jose Paulo Lopes	SCB	Porto	09/12/2017
Rec. Reg. ANMinho Jun 1	3:58.55	Jose Paulo Lopes	SCB	Funchal	10/12/2016
Rec. Reg. ANMinho Juv A	4:02.24	Jose Paulo Lopes	SCB	Ponte da Barca	30/06/2016
Rec. Reg. ANMinho Juv B	4:05.48	Jose Paulo Lopes	SCB	Braga	14/06/2015
Rec. Reg. ANMinho Inf A	4:17.89	Hugo Miguel Neves	SCB	Bragança	19/04/2016
Rec. Reg. ANMinho Inf B	4:26.63	Hugo Miguel Neves	SCB	Ponte da Barca	02/07/2015

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
Infantis B			
1. Afonso Silva Cerqueira	11 Braga	5:16.50	301
50m: 34.25 34.25	150m:	250m:	350m:
100m:	200m: 2:32.94	300m: 3:55.06	400m: 5:16.50
2. Diogo Corte-Real Alpoim	11 Viana Natacao	5:21.40	288
50m: 34.06 34.06	150m:	250m:	350m:
100m: 1:14.19 40.13	200m: 2:38.41	300m: 4:02.34	400m: 5:21.40
3. José Pedro Martins	11 Viana Natacao	5:53.72	216
50m: 39.09 39.09	150m:	250m:	350m:
100m: 1:23.39 44.30	200m: 2:54.84	300m: 4:28.04	400m: 5:53.72
4. Matias Fernandes Goncalves	11 Sporting Caminha	6:14.78	181
50m: 40.75 40.75	150m:	250m:	350m:
100m: 1:27.27 46.52	200m: 3:03.30	300m: 4:40.24	400m: 6:14.78
5. Duarte Santiago Afonso	11 Viana Natacao	6:39.04	150
50m: 42.87 42.87	150m:	250m:	350m:
100m: 1:33.40 50.53	200m: 3:16.89	300m: 5:00.40	400m: 6:39.04
DNS Tomas Pita Costa	11 Sporting Caminha		

Infantis A

1. Tiago Filipe Salgueiro	10 Viana Natacao	5:17.89	297
50m: 35.69 35.69	150m:	250m:	350m:
100m: 1:15.90 40.21	200m: 2:37.24	300m: 3:59.11	400m: 5:17.89

Juvenis B

1. Raul Ventura Barros	09 Braga	4:34.59	461
50m: 31.15 31.15	150m:	250m:	350m:
100m: 1:05.26 34.11	200m: 2:15.63	300m: 3:26.11	400m: 4:34.59
2. Dinis Lima Moreno	09 Braga	4:38.07	444
50m: 31.11 31.11	150m:	250m:	350m:
100m: 1:05.22 34.11	200m: 2:16.13	300m: 3:27.56	400m: 4:38.07
3. Denis Yerygin	09 Braga	4:44.23	416
50m: 31.39 31.39	150m:	250m:	350m:
100m: 1:05.83 34.44	200m: 2:17.18	300m: 3:30.93	400m: 4:44.23
4. Manuel Manso Goncalves	09 Desportiva de Viana	5:23.54	282
50m: 37.30 37.30	150m:	250m:	350m:
100m: 1:18.88 41.58	200m: 2:42.82	300m: 4:05.95	400m: 5:23.54
5. Tiago Avelino Ferreira	09 Sporting Caminha	5:26.87	273
50m: 31.89 31.89	150m:	250m:	350m:
100m: 1:12.28 40.39	200m: 2:37.11	300m: 4:03.61	400m: 5:26.87

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Prova 16, Masc., 400m Livres

Juvenis A

1.	Luis Pedro Goncalves	08	Braga	4:32.06	474
	50m: 29.71 29.71	150m:	250m:	350m:	
	100m: 1:02.33 32.62	200m: 2:11.18	300m: 3:22.04	400m: 4:32.06	
2.	Martim Goncalves Jesus	08	Sporting Caminha	4:34.06	464
	50m: 30.61 30.61	150m:	250m:	350m:	
	100m: 1:04.21 33.60	200m: 2:14.37	300m: 3:24.74	400m: 4:34.06	
3.	Pedro Malhao Dias	08	Desportiva de Viana	4:36.49	452
	50m: 31.31 31.31	150m:	250m:	350m:	
	100m: 1:05.24 33.93	200m: 2:13.98	300m: 3:24.28	400m: 4:36.49	
4.	Rodrigo Peres Escaleira	08	Desportiva de Viana	4:45.13	412
	50m: 31.01 31.01	150m:	250m:	350m:	
	100m: 1:05.64 34.63	200m: 2:17.40	300m: 3:32.20	400m: 4:45.13	
5.	Salvador Duarte Gouveia	08	Desportiva de Viana	5:01.90	347
	50m: 31.87 31.87	150m:	250m:	350m:	
	100m: 1:07.81 35.94	200m: 2:25.34	300m: 3:43.78	400m: 5:01.90	

Juniores

1.	Filipe Manso Laranjo	07	Desportiva de Viana	4:08.94	619
	50m: 28.66 28.66	150m:	250m:	350m:	
	100m: 1:00.40 31.74	200m: 2:04.12	300m: 3:07.41	400m: 4:08.94	
2.	Mark Zhukov	06	Braga	4:10.48	608
	50m: 28.84 28.84	150m:	250m:	350m:	
	100m: 1:00.65 31.81	200m: 2:04.54	300m: 3:08.28	400m: 4:10.48	
3.	Eduardo Sousa Saragoca	07	Viana Natacao	4:27.32	500
	50m: 30.48 30.48	150m:	250m:	350m:	
	100m: 1:03.19 32.71	200m: 2:10.87	300m: 3:19.44	400m: 4:27.32	
4.	Afonso Miguel Nogueira	07	Braga	4:29.28	489
	50m: 30.98 30.98	150m:	250m:	350m:	
	100m: 1:04.66 33.68	200m: 2:13.06	300m: 3:21.41	400m: 4:29.28	
5.	Rodrigo Castro Alves	06	Desportiva de Viana	4:29.31	489
	50m: 30.72 30.72	150m:	250m:	350m:	
	100m: 1:03.81 33.09	200m: 2:11.54	300m: 3:20.91	400m: 4:29.31	
6.	Eduardo Nuno Faria	06	Braga	4:33.54	467
	50m: 30.35 30.35	150m:	250m:	350m:	
	100m: 1:04.03 33.68	200m: 2:13.50	300m: 3:23.56	400m: 4:33.54	
7.	João Pedro Tinoco	07	Braga	4:51.98	384
	50m: 32.82 32.82	150m:	250m:	350m:	
	100m: 1:09.13 36.31	200m: 2:22.44	300m: 3:36.80	400m: 4:51.98	
8.	Jose Diogo Vaz	07	Sporting Caminha	4:59.64	355
	50m: 33.31 33.31	150m:	250m:	350m:	
	100m: 1:10.50 37.19	200m: 2:26.44	300m: 3:43.81	400m: 4:59.64	

DNS Yuri Toth Aita 07 Viana Natacao

Seniores

1.	Joao Maria Sousa	05	Braga	4:14.16	582
	50m: 28.70 28.70	150m:	250m:	350m:	
	100m: 1:00.37 31.67	200m: 2:04.87	300m: 3:08.91	400m: 4:14.16	
2.	Marcio Fernandes Gomes	04	Braga	4:17.99	556
	50m: 29.81 29.81	150m:	250m:	350m:	
	100m: 1:01.53 31.72	200m: 2:06.38	300m: 3:11.77	400m: 4:17.99	
3.	Dinis Queiroz Goncalves	05	Braga	4:27.08	501
	50m: 28.04 28.04	150m:	250m:	350m:	
	100m: 59.59 31.55	200m: 2:07.14	300m: 3:16.76	400m: 4:27.08	