

Torneio de Abertura 2023  
Barcelos, 21 - 22/10/2023

Prova 1	Femin., 400m Livres				Absoluto
21/10/2023 - 15:30					Resultados
Rec. Reg. ANMinho Open	4:08.53	Tamila Hryhorivna Holub	SCB	Leiria	10/12/2022
Rec. Reg. ANMinho Sen	4:08.53	Tamila Hryhorivna Holub	SCB	Leiria	10/12/2022
Rec. Reg. ANMinho Jun 2	4:10.52	Tamila Hryhorivna Holub	SCB	Porto	12/12/2015
Rec. Reg. ANMinho Jun 1	4:15.43	Tamila Hryhorivna Holub	SCB	Porto	20/12/2014
Rec. Reg. ANMinho Juv A	4:20.32	Tamila Hryhorivna Holub	SCB	Vila Praia de Âncora	15/03/2014
Rec. Reg. ANMinho Juv B	4:25.47	Tamila Hryhorivna Holub	SCB	Abrantes	13/04/2013
Rec. Reg. ANMinho Inf A	4:35.75	Diana Ramos Rocha	EDV	Torres Novas	21/04/2007
Rec. Reg. ANMinho Inf B	4:51.13	Diana Ramos Rocha	EDV	Arcos de Valdevez	07/03/2010

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
<b>Infantis B</b>					
1. Matilde Dantas Correia	12	Sporting Caminha	<b>5:53.06</b>		281
50m: 35.97 35.97	150m:	250m:	350m:		
100m: 1:17.71 41.74	200m: 2:48.36	300m: 4:21.34	400m: 5:53.06		
2. Carolina Cunha Gomes	12	Viana Natacao	<b>6:36.88</b>		197
50m: 44.09 44.09	200m: 3:15.92 1:42.53	400m: 6:36.88 1:39.33			
100m: 1:33.39 49.30	300m: 4:57.55 1:41.63				
3. Ana Margarida Fernandes	12	Sporting Caminha	<b>7:09.12</b>		156
50m: 45.61 45.61	200m: 3:29.92 1:49.03	400m: 7:09.12 1:47.48			
100m: 1:40.89 55.28	300m: 5:21.64 1:51.72				
<b>Infantis A</b>					
1. Sofia Hryhorivna Holub	11	Braga	<b>5:14.20</b>		398
50m: 34.43 34.43	150m:	250m:	350m:		
100m: 1:12.36 37.93	200m: 2:32.36	300m: 3:53.59	400m: 5:14.20		
2. Sofia Sytnyk	11	Braga	<b>5:33.12</b>		334
50m: 35.32 35.32	150m:	250m:	350m:		
100m: 1:15.53 40.21	200m: 2:41.10	300m: 4:07.90	400m: 5:33.12		
3. Mariana Araujo Pimenta	11	Viana Natacao	<b>6:01.58</b>		261
50m: 38.76 38.76	200m: 2:57.06 1:33.27	400m: 6:01.58 1:30.94			
100m: 1:23.79 45.03	300m: 4:30.64 1:33.58				
<b>Juvenis B</b>					
1. Ana Laura Nogueira	10	Braga	<b>4:53.06</b>		491
50m: 32.74 32.74	150m:	250m:	350m:		
100m: 1:09.01 36.27	200m: 2:22.99	300m: 3:37.53	400m: 4:53.06		
2. Ana Jose Marques	10	Braga	<b>4:54.87</b>		482
50m: 34.08 34.08	150m:	250m:	350m:		
100m: 1:10.18 36.10	200m: 2:24.31	300m: 3:39.75	400m: 4:54.87		
3. Mariana Mesquita Fernandes	10	Braga	<b>4:59.99</b>		458
50m: 32.43 32.43	150m:	250m:	350m:		
100m: 1:08.68 36.25	200m: 2:25.15	300m: 3:42.72	400m: 4:59.99		
4. Francisca Ramos Ribeiro	10	Desportiva de Viana	<b>5:05.03</b>		436
50m: 33.04 33.04	150m:	250m:	350m:		
100m: 1:10.74 37.70	200m: 2:28.73	300m: 3:47.34	400m: 5:05.03		
<b>Juvenis A</b>					
1. Leonor Queiroz Goncalves	09	Braga	<b>4:44.43</b>		537
50m: 32.39 32.39	150m:	250m:	350m:		
100m: 1:07.17 34.78	200m: 2:18.99	300m: 3:31.55	400m: 4:44.43		
2. Beatriz Maciel Pereira	09	Desportiva de Viana	<b>4:51.28</b>		500
50m: 32.46 32.46	150m:	250m:	350m:		
100m: 1:07.96 35.50	200m: 2:21.19	300m: 3:35.62	400m: 4:51.28		

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Prova 1, Femin., 400m Livres, Juvenis A

Lugar	Ano	Tempo final	Pts
3. Matilde Esteves Magalhaes	09 Sporting Caminha	<b>5:06.12</b>	431
50m: 32.84 32.84	150m:	250m:	350m:
100m: 1:10.14 37.30	200m: 2:29.24	300m: 3:48.64	400m: 5:06.12

Juniores

1. Margarida Vieira Pinto	07 Braga	<b>4:32.09</b>	614
50m: 31.25 31.25	150m:	250m:	350m:
100m: 1:04.84 33.59	200m: 2:14.00	300m: 3:22.83	400m: 4:32.09
2. Diana Gomes Freitas	08 Amigos da Montanha	<b>4:37.22</b>	580
50m: 31.59 31.59	150m:	250m:	350m:
100m: 1:05.37 33.78	200m: 2:14.96	300m: 3:26.96	400m: 4:37.22
3. Margarida Ribeiro Cunha	07 Braga	<b>4:56.28</b>	475
50m: 32.69 32.69	150m:	250m:	350m:
100m: 1:08.63 35.94	200m: 2:23.82	300m: 3:40.17	400m: 4:56.28
4. Mafalda Miranda Vieira	07 Sporting Caminha	<b>5:25.85</b>	357
50m: 35.90 35.90	150m:	250m:	350m:
100m: 1:15.80 39.90	200m: 2:38.93	300m: 4:03.41	400m: 5:25.85

Seniores

1. Ines Santos Amorim	06 Desportiva de Viana	<b>4:27.91</b>	643
50m: 30.91 30.91	150m:	250m:	350m:
100m: 1:04.63 33.72	200m: 2:13.43	300m: 3:20.59	400m: 4:27.91