



Limietwedstrijd deel 2  
Zwolle, 26-11-2023

Programmanr. 40  
26-11-2023 - 16:45

Heren, 400m vrije slag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Kick Germers	SWOL 1894	5:16.97	201000185	<b>5:13.04</b>			
	50m: 34.29	34.29	150m: 1:52.83	40.09	250m: 3:14.69	40.53	350m: 4:35.52	39.60
	100m: 1:12.74	38.45	200m: 2:34.16	41.33	300m: 3:55.92	41.23	400m: 5:13.04	37.52
2.	Guido Drenth	ZC Borger	5:21.27	200800221	<b>5:14.23</b>			
	50m: 33.79	33.79	150m: 1:53.61	41.09	250m: 3:15.08	40.65	350m: 4:36.35	40.18
	100m: 1:12.52	38.73	200m: 2:34.43	40.82	300m: 3:56.17	41.09	400m: 5:14.23	37.88
3.	Collin Visscher	MZ&PC De Reest	5:58.29	201001089	<b>5:50.97</b>			
	50m: 36.21	36.21	150m: 2:03.07	44.58	250m: 3:33.91	45.86	350m: 5:06.43	45.82
	100m: 1:18.49	42.28	200m: 2:48.05	44.98	300m: 4:20.61	46.70	400m: 5:50.97	44.54
4.	Milan Eikenaar	SWOL 1894	5:54.65	201100599	<b>5:52.66</b>			
	50m: 38.24	38.24	150m: 2:07.06	44.69	250m: 3:39.28	45.97	350m: 5:10.91	44.12
	100m: 1:22.37	44.13	200m: 2:53.31	46.25	300m: 4:26.79	47.51	400m: 5:52.66	41.75