

Championnats vaudois  
Prilly, 16. - 17.12.2023

Epreuve 5  
16.12.2023 - 10:15

Messieurs, 400m 4 nages

Cat. générale  
Liste résultats

Points: FINA 2023

Rang			AN					Temps	Pts		
<b>13 ans et moins</b>											
1.	BACKHAUS, Stefan		11	La				<b>5:44.55</b>	354		
	50m:	33.84 33.84	150m:	2:01.73	44.90	250m:	3:33.69	49.43	350m:	5:04.97	40.02
	100m:	1:16.83 42.99	200m:	2:44.26	42.53	300m:	4:24.95	51.26	400m:	5:44.55	39.58
2.	TE-HERITIER, Lenny		11	Nyon				<b>6:11.10</b>	283		
	50m:	40.20 40.20	150m:	2:18.44	49.44	250m:	3:56.60	50.44	350m:	5:30.24	43.04
	100m:	1:29.00 48.80	200m:	3:06.16	47.72	300m:	4:47.20	50.60	400m:	6:11.10	40.86
<b>14 - 15 ans</b>											
1.	MCGRATH, Thomas		09	Montreux-Natation				<b>5:32.45</b>	394		
	50m:	34.21 34.21	150m:	1:57.27	42.08	250m:	3:25.51	45.64	350m:	4:54.00	40.89
	100m:	1:15.19 40.98	200m:	2:39.87	42.60	300m:	4:13.11	47.60	400m:	5:32.45	38.45
2.	HONORÉ-BEAUDOIN, Nicola		09	La				<b>5:36.56</b>	380		
	50m:	35.17 35.17	150m:	2:02.62	45.86	250m:	3:31.19	44.44	350m:	4:58.24	39.96
	100m:	1:16.76 41.59	200m:	2:46.75	44.13	300m:	4:18.28	47.09	400m:	5:36.56	38.32
3.	BOHRER, Gabriel		10	La				<b>5:53.41</b>	328		
	50m:	36.51 36.51	150m:	2:05.60	44.17	250m:	3:42.47	54.47	350m:	5:15.06	39.73
	100m:	1:21.43 44.92	200m:	2:48.00	42.40	300m:	4:35.33	52.86	400m:	5:53.41	38.35
4.	DI BENEDETTO, Luca		10	La				<b>5:54.64</b>	325		
	50m:	37.56 37.56	150m:	2:09.56	47.97	250m:	3:46.44	51.32	350m:	5:17.68	39.56
	100m:	1:21.59 44.03	200m:	2:55.12	45.56	300m:	4:38.12	51.68	400m:	5:54.64	36.96
5.	JOSEPH, Dany		10	CN Yverdon				<b>5:57.40</b>	317		
	50m:	36.50 36.50	150m:	2:11.61	46.68	250m:	3:48.22	50.81	350m:	5:20.80	40.44
	100m:	1:24.93 48.43	200m:	2:57.41	45.80	300m:	4:40.36	52.14	400m:	5:57.40	36.60
6.	ALEMU, Noah		10	La				<b>6:06.75</b>	293		
	50m:	38.90 38.90	150m:	2:12.80	45.67	250m:	3:49.05	52.76	350m:	5:26.76	42.16
	100m:	1:27.13 48.23	200m:	2:56.29	43.49	300m:	4:44.60	55.55	400m:	6:06.75	39.99
<b>16 ans et plus</b>											
1.	SOFIA, Alessio		08	La				<b>5:04.26</b>	514		
	50m:	31.77 31.77	150m:	1:47.93	38.41	250m:	3:09.46	42.52	350m:	4:28.63	34.93
	100m:	1:09.52 37.75	200m:	2:26.94	39.01	300m:	3:53.70	44.24	400m:	5:04.26	35.63
2.	ALEMU, Raphael		07	La				<b>5:27.43</b>	413		
	50m:	33.82 33.82	150m:	1:55.91	40.08	250m:	3:22.71	46.73	350m:	4:48.89	37.46
	100m:	1:15.83 42.01	200m:	2:35.98	40.07	300m:	4:11.43	48.72	400m:	5:27.43	38.54
disq.	BAUR, Luca		07	Nyon				<b>5:20.94</b>			
	<i>303 - Pas touché le mur simultanément avec les deux mains (virage ...) (Temps: 10:33)</i>										
	50m:	33.41 33.41	150m:	1:54.02	41.20	250m:	3:21.63	46.50	350m:	4:46.01	36.38
	100m:	1:12.82 39.41	200m:	2:35.13	41.11	300m:	4:09.63	48.00	400m:	5:20.94	34.93