

Belgian Masters Swimming Championships
Kortrijk, 4 - 5/11/2023

Programmanr. 13 400m vrije slag 20 - 89 jaar
05/11/2023 - 9:30 Resultaten

Punten: FINA 2023

Rang	Nat	Geb.		Tijd	Pnt	100m	200m	300m	400m		
25 - 29 jaar, Heren											
	FF	CLIJMANS, Gert	BEL	94	KST						
25 - 29 jaar, Dames											
1.		RIJCKMANS, Ellen	BEL	94	ZORO	5:23.31	390	1:15.37	1:22.44	1:23.19	1:22.31
2.		BORREMANS, Verena	BEL	97	ZVL	5:40.10	335	1:17.22	1:27.34	1:27.66	1:27.88
3.		VANCAUWENBERGH, C.	BEL	98	BEST	5:40.46	334	1:19.36	1:27.87	1:27.67	1:25.56
4.		ROTHIER, Tessa	BEL	96	GBZ	5:50.41	307	1:21.79	1:29.65	1:31.18	1:27.79
30 - 34 jaar, Heren											
1.		OPRINS, Mike	BEL	93	KST	5:47.59	253	1:20.69	1:30.22	1:30.53	1:26.15
30 - 34 jaar, Dames											
1.		VAN DAELE, Phedra	BEL	93	MEGA	5:19.39	405	1:13.69	1:20.80	1:23.52	1:21.38
2.		VANDEN BROECK, Jana	BEL	89	CNBA	5:23.61	389	1:15.88	1:24.25	1:22.63	1:20.85
3.		GONDA, Mandy	BEL	90	FNCS	5:29.58	369	1:17.45	1:24.86	1:24.18	1:23.09
35 - 39 jaar, Heren											
1.		DE POORTER, Bram	BEL	84	SWEM	4:42.10	474	1:06.57	1:11.39	1:11.90	1:12.24
2.		CAPPELLO, Federico	ITA	84	SHARKS	4:49.51	439	1:06.35	1:12.15	1:15.98	1:15.03
3.		DE PAUW, Stijn	BEL	84	DZV	5:05.27	374	1:09.76	1:18.02	1:19.69	1:17.80
4.		SEUNTIENS, Hans	BEL	84	KST	5:07.14	367	1:08.89	1:18.82	1:20.59	1:18.84
5.		VAERNEWYCK, Jonathan	BEL	86	DZV	5:08.97	361	1:11.67	1:19.78	1:20.39	1:17.13
6.		LONDON, Frederic	BEL	86	VN	6:01.26	226	1:24.58	1:31.76	1:32.79	1:32.13
35 - 39 jaar, Dames											
1.		VANDERRIJST, Ananza	BEL	84	SWEM	5:55.07	295	1:24.06	1:31.03	1:31.74	1:28.24
2.		DE WEVER, Griet	BEL	85	MEGA	5:58.99	285	1:24.04	1:31.86	1:32.63	1:30.46
3.		TEMMERMAN, Annelies	BEL	88	FIRST	6:06.84	267	1:25.27	1:33.15	1:35.75	1:32.67
4.		MOSTAERT, Anais	BEL	88	MQN702	6:18.72	243	1:23.20	1:34.19	1:39.09	1:42.24
5.		BUTTENAEERS, Lindsay	BEL	86	FNCS	6:29.13	224	1:30.31	1:41.11	1:40.33	1:37.38
40 - 44 jaar, Heren											
1.		ROELS, David	BEL	79	AC	4:58.52	400	1:12.03	1:15.69	1:15.83	1:14.97
2.		ARNAUTS, Bert	BEL	79	STZC	5:13.95	344	1:15.34	1:21.71	1:18.88	1:18.02
3.		BUTTENAEERS, Patrice	BEL	83	FNCS	5:21.00	322	1:11.56	1:22.01	1:25.12	1:22.31
4.		LIEKENS, Bart	BEL	79	SHARK	5:25.39	309	1:15.17	1:24.01	1:24.97	1:21.24
5.		HULOT, Julien	BEL	80	W	5:41.70	267	1:16.42	1:28.45	1:29.75	1:27.08
6.		HEIJL, Jan	BEL	79	LZV	5:57.81	232	1:23.14	1:29.48	1:31.70	1:33.49
dis		DEVOS, Sam	BEL	81	DMI			1:18.32	1:25.92	1:27.10	
<i>SW 15 - Gebruik maken van hulpmiddelen OF dragen van 'niet toegelaten' kledij, power bands of tape op het lichaam (behalve deze toegestaan door World Aquatics)</i>											
40 - 44 jaar, Dames											
1.		VAERNEWYCK, Stephanie	BEL	83	MEGA	5:01.86	480	1:11.40	1:16.49	1:17.21	1:16.76
2.		DE TEMMERMAN, Joke	BEL	82	LZV	5:23.25	391	1:17.20	1:23.15	1:22.89	1:20.01
45 - 49 jaar, Heren											
1.		RUTTEN, Ben	BEL	76	FAST	4:48.59	443	1:07.19	1:12.65	1:14.14	1:14.61
2.		JOINNEAU, Cédric	BEL	76	DM	6:40.07	166	1:31.31	1:43.82	1:45.48	1:39.46

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45 - 49 jaar, Dames

1. NUYTEN, Marie Céline	FRA	76	DENAIN	6:06.29	268	1:27.57	1:34.89	1:33.52	1:30.31
2. CHRISTIAENS, Elke	BEL	78	GBZ	6:07.30	266	1:25.81	1:35.97	1:35.54	1:29.98

50 - 54 jaar, Heren

1. TONUS, Frederic	BEL	73	SHARKS	4:34.95	512	1:03.75	1:10.00	1:12.47	1:08.73
<i>Record Belgique - Belgisch record</i>									
2. NAHON, Bruno	FRA	70	CNSW	5:18.83	328	1:19.94	1:19.74	1:19.36	1:19.79
3. REMY, Christophe	BEL	72	MOSAN	5:28.57	300	1:14.60	1:24.77	1:25.61	1:23.59
4. PIRET, Benoit	BEL	69	W	6:18.87	195	1:27.18	1:38.53	1:38.77	1:34.39
5. DELEPLANQUE, Xavier	BEL	73	HELIOS	6:26.71	184	1:29.32	1:39.74	1:40.33	1:37.32

50 - 54 jaar, Dames

1. NEIRYNCK, An	BEL	73	BZK	5:45.82	319	1:24.44	1:28.76	1:28.45	1:24.17
2. DELMEE, Marianne	BEL	72	CNSW	6:21.84	237	1:24.75	1:39.63	1:41.48	1:35.98
3. DELAERE, Sabine	BEL	69	DM	6:51.12	190	1:35.67	1:45.55	1:46.08	1:43.82

55 - 59 jaar, Heren

1. CLOEZ, Frédéric	FRA	68	SNL	5:22.59	317	1:17.34	1:22.85	1:23.86	1:18.54
2. AERTS, Davy	BEL	64	SHARK	5:39.17	273	1:22.19	1:27.57	1:26.07	1:23.34
3. WADIN, Christophe	BEL	68	KZK	5:44.89	259	1:18.55	1:28.74	1:29.45	1:28.15
4. NAILI, Karim	BEL	66	CNBA	5:47.50	253	1:20.37	1:29.44	1:30.68	1:27.01
5. VERCOUTER, Wolfgang	BEL	64	DZV	6:26.97	183	1:25.65	1:40.04	1:42.20	1:39.08
6. CALLENS, Jean-Claude	FRA	67	DM	7:01.48	142				
dis HEUNINCK, Geert	BEL	66	SWEM			1:24.81	1:37.23	1:40.48	
<i>SW 4.4 - valse start</i>									

55 - 59 jaar, Dames

1. DELAENDER, Katrien	BEL	66	DZV	5:08.67	449	1:12.39	1:19.14	1:20.46	1:16.68
2. AERTS, Christel	BEL	66	TESS	6:26.49	228	1:31.14	1:39.10	1:39.90	1:36.35
3. VANDENBROUCK, Ann	BEL	65	ROSC	8:44.79	91	2:04.54	2:13.06	2:15.77	2:11.42

60 - 64 jaar, Heren

1. WITTEBOON, David	BEL	63	MZVA	5:12.74	348	1:13.50	1:20.76	1:19.62	1:18.86
2. HANSSENS, Peter	BEL	63	BRABO	6:05.12	218	1:24.59	1:32.62	1:35.49	1:32.42
3. PICAUVET, Michel	BEL	62	DM	6:40.46	165	1:32.89	1:43.51	1:44.50	1:39.56

60 - 64 jaar, Dames

1. DEVRIESE, Carla	BEL	61	ROSC	6:28.48	225	1:31.48	1:39.69	1:39.81	1:37.50
2. VANDORMAEL, M.	BEL	63	GZVN	7:44.42	131	1:48.95	1:59.91	1:59.50	1:56.06

65 - 69 jaar, Heren

1. MOURMANS, Eddy	BEL	57	DM	6:22.64	190	1:27.04	1:38.48	1:39.24	1:37.88
2. JULLIEN, Guy	BEL	57	HELIOS	7:23.54	122	1:43.42	1:54.78	1:54.92	1:50.42

65 - 69 jaar, Dames

1. SCHELFAUT, Hilde	BEL	56	STW	7:12.67	163	1:41.95	1:51.30	1:51.17	1:48.25
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70 - 74 jaar, Heren

1. CADIAT, Jean-Marie	BEL	53	CNSW	5:41.64	267	1:23.14	1:26.83	1:27.48	1:24.19
2. WILLEMS, Albert	BEL	50	ROSC	6:26.72	184	1:33.22	1:39.69	1:39.90	1:33.91

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20 - 24 jaar, Dames

FF VINCK, Lore BEL 02 BZK