

Belgian Masters Swimming Championships  
Kortrijk, 4 - 5/11/2023

Epreuve 12  
05/11/2023 - 9:00

400m 4 nages

20 - 89 ans  
Liste résultats

Points: FINA 2023

| Rang                          | Nat                   | AN  |    | Temps  | Pts            | 100m | 200m    | 300m    | 400m    |         |
|-------------------------------|-----------------------|-----|----|--------|----------------|------|---------|---------|---------|---------|
| <b>25 - 29 ans, Messieurs</b> |                       |     |    |        |                |      |         |         |         |         |
| 1.                            | DEFOIN, Steven        | BEL | 96 | STZC   | <b>5:41.01</b> | 365  | 1:16.95 | 1:32.24 | 1:36.14 | 1:15.68 |
| 2.                            | DIET, Julien          | BEL | 96 | ESN    | <b>5:53.86</b> | 327  | 1:11.55 | 1:33.20 | 1:44.61 | 1:24.50 |
| <b>30 - 34 ans, Messieurs</b> |                       |     |    |        |                |      |         |         |         |         |
| 1.                            | OPRINS, Mike          | BEL | 93 | KST    | <b>6:42.72</b> | 221  | 1:32.17 | 1:49.61 | 1:51.99 | 1:28.95 |
| <b>35 - 39 ans, Messieurs</b> |                       |     |    |        |                |      |         |         |         |         |
| 1.                            | SEUNTIENS, Hans       | BEL | 84 | KST    | <b>5:42.83</b> | 359  | 1:18.22 | 1:30.30 | 1:40.20 | 1:14.11 |
| 2.                            | MARTENS, Jan          | BEL | 88 | BRABO  | <b>6:04.49</b> | 299  | 1:22.29 | 1:32.15 | 1:47.50 | 1:22.55 |
| <b>40 - 44 ans, Messieurs</b> |                       |     |    |        |                |      |         |         |         |         |
| 1.                            | ROELS, David          | BEL | 79 | AC     | <b>5:24.17</b> | 425  | 1:14.79 | 1:24.10 | 1:28.80 | 1:16.48 |
| 2.                            | VAN DE VELDE, Peter   | BEL | 81 | CNSW   | <b>6:52.30</b> | 206  | 1:29.74 | 2:04.77 | 1:51.58 | 1:26.21 |
| <b>40 - 44 ans, Dames</b>     |                       |     |    |        |                |      |         |         |         |         |
| 1.                            | VAERNEWYCK, Stephanie | BEL | 83 | MEGA   | <b>5:45.08</b> | 459  | 1:18.99 | 1:29.44 | 1:39.74 | 1:16.91 |
| <b>45 - 49 ans, Dames</b>     |                       |     |    |        |                |      |         |         |         |         |
| 1.                            | BUSSAC, Katy          | FRA | 78 | SNL    | <b>6:18.62</b> | 348  | 1:28.37 | 1:39.94 | 1:41.78 | 1:28.53 |
| <b>50 - 54 ans, Messieurs</b> |                       |     |    |        |                |      |         |         |         |         |
| 1.                            | HUFKENS, Benny        | BEL | 69 | MOZKA  | <b>7:00.03</b> | 195  | 1:31.44 | 1:58.60 | 1:56.12 | 1:33.87 |
| 2.                            | DELEPLANQUE, Xavier   | BEL | 73 | HELIOS | <b>7:03.06</b> | 191  | 1:31.57 | 1:52.55 | 1:56.00 | 1:42.94 |
| <b>55 - 59 ans, Messieurs</b> |                       |     |    |        |                |      |         |         |         |         |
| 1.                            | BOCKSTAELE, François  | BEL | 68 | LZV    | <b>5:29.05</b> | 406  | 1:11.17 | 1:22.78 | 1:38.67 | 1:16.43 |
| 2.                            | VAN WYMEERSCH, Marc   | BEL | 65 | SWEM   | <b>7:28.77</b> | 160  | 1:45.17 | 1:59.23 | 2:06.77 | 1:37.60 |
| <b>60 - 64 ans, Messieurs</b> |                       |     |    |        |                |      |         |         |         |         |
| 1.                            | SCHOENAERS, Christian | BEL | 59 | CNSW   | <b>8:05.24</b> | 126  | 1:51.94 | 2:14.65 | 2:02.33 | 1:56.32 |
| <b>60 - 64 ans, Dames</b>     |                       |     |    |        |                |      |         |         |         |         |
| 1.                            | MICHEL, Pierrette     | BEL | 62 | CNSW   | <b>6:14.72</b> | 359  | 1:25.23 | 1:32.71 | 1:50.14 | 1:26.64 |
| <b>20 - 24 ans, Dames</b>     |                       |     |    |        |                |      |         |         |         |         |
| 1.                            | VAN NIEUWENHOVE, L.   | BEL | 99 | MEGA   | <b>5:40.33</b> | 479  | 1:17.90 | 1:32.24 | 1:35.39 | 1:14.80 |