

Belgian Masters Swimming Championships
Kortrijk, 4 - 5/11/2023

Programmanr. 1
04/11/2023 - 9:00

1500m vrije slag

20 - 89 jaar
Resultaten

Punten: FINA 2023

Rang			Geb.			Tijd	Pnt	
25 - 29 jaar, Heren								
1.	DE MOURA COUTINHO, Diogo		98	KZK		20:58.80	331	
	100m:	1:09.93 1:09.93	500m:	6:37.29 1:23.65	900m:	12:19.82 1:25.48	1300m:	18:07.14 1:27.66
	200m:	2:29.38 1:19.45	600m:	8:02.48 1:25.19	1000m:	13:45.78 1:25.96	1400m:	19:34.65 1:27.51
	300m:	3:51.09 1:21.71	700m:	9:27.93 1:25.45	1100m:	15:11.75 1:25.97	1500m:	20:58.80 1:24.15
	400m:	5:13.64 1:22.55	800m:	10:54.34 1:26.41	1200m:	16:39.48 1:27.73		
	FF CLIJMANS, Gert		94	KST				
25 - 29 jaar, Dames								
1.	BORREMANS, Verena		97	ZVL		22:12.24	329	
	100m:	1:18.53 1:18.53	500m:	7:11.30 1:29.26	900m:	13:11.60 1:30.88	1300m:	19:14.24 1:30.96
	200m:	2:45.09 1:26.56	600m:	8:41.53 1:30.23	1000m:	14:42.81 1:31.21	1400m:	20:44.63 1:30.39
	300m:	4:13.04 1:27.95	700m:	10:11.22 1:29.69	1100m:	16:12.81 1:30.00	1500m:	22:12.24 1:27.61
	400m:	5:42.04 1:29.00	800m:	11:40.72 1:29.50	1200m:	17:43.28 1:30.47		
30 - 34 jaar, Heren								
1.	CLAES, Steven		91	ZCT		18:05.83	516	
	100m:	1:07.83 1:07.83	500m:	5:55.61 1:12.46	900m:	10:46.80 1:12.75	1300m:	15:41.65 1:13.78
	200m:	2:18.43 1:10.60	600m:	7:07.37 1:11.76	1000m:	12:00.22 1:13.42	1400m:	16:55.32 1:13.67
	300m:	3:30.28 1:11.85	700m:	8:21.37 1:14.00	1100m:	13:15.18 1:14.96	1500m:	18:05.83 1:10.51
	400m:	4:43.15 1:12.87	800m:	9:34.05 1:12.68	1200m:	14:27.87 1:12.69		
35 - 39 jaar, Heren								
1.	LONDON, Frederic		86	VN		24:05.30	218	
	100m:	1:28.70 1:28.70	500m:	7:51.62 1:36.67	900m:	14:18.90 1:37.30	1300m:	20:50.17 1:37.78
	200m:	3:03.28 1:34.58	600m:	9:27.87 1:36.25	1000m:	15:56.54 1:37.64	1400m:	22:28.49 1:38.32
	300m:	4:38.92 1:35.64	700m:	11:04.62 1:36.75	1100m:	17:34.32 1:37.78	1500m:	24:05.30 1:36.81
	400m:	6:14.95 1:36.03	800m:	12:41.60 1:36.98	1200m:	19:12.39 1:38.07		
35 - 39 jaar, Dames								
1.	MOSTAERT, Anais		88	MQN702		25:54.89	207	
	100m:	1:24.40 1:24.40	500m:	8:13.34 1:45.60	900m:	15:14.69 1:45.76	1300m:	22:23.97 1:47.99
	200m:	3:01.83 1:37.43	600m:	9:58.46 1:45.12	1000m:	17:01.92 1:47.23	1400m:	24:11.82 1:47.85
	300m:	4:43.69 1:41.86	700m:	11:43.76 1:45.30	1100m:	18:48.60 1:46.68	1500m:	25:54.89 1:43.07
	400m:	6:27.74 1:44.05	800m:	13:28.93 1:45.17	1200m:	20:35.98 1:47.38		
40 - 44 jaar, Heren								
1.	VRANCKEN, Kurt		82	STZC		23:03.75	249	
	100m:	1:23.61 1:23.61	500m:	7:36.37 1:33.26	900m:	13:48.51 1:32.97	1300m:	20:02.96 1:33.65
	200m:	2:56.31 1:32.70	600m:	9:09.55 1:33.18	1000m:	15:22.93 1:34.42	1400m:	21:35.80 1:32.84
	300m:	4:29.37 1:33.06	700m:	10:42.52 1:32.97	1100m:	16:56.99 1:34.06	1500m:	23:03.75 1:27.95
	400m:	6:03.11 1:33.74	800m:	12:15.54 1:33.02	1200m:	18:29.31 1:32.32		
45 - 49 jaar, Heren								
1.	CAPE, Pascal		78	FNCS		23:00.10	251	
	100m:	1:26.08 1:26.08	500m:	7:39.00 1:32.97	900m:	13:49.96 1:32.07	1300m:	20:00.64 1:32.30
	200m:	2:59.19 1:33.11	600m:	9:11.09 1:32.09	1000m:	15:22.92 1:32.96	1400m:	21:32.81 1:32.17
	300m:	4:32.36 1:33.17	700m:	10:44.42 1:33.33	1100m:	16:55.57 1:32.65	1500m:	23:00.10 1:27.29
	400m:	6:06.03 1:33.67	800m:	12:17.89 1:33.47	1200m:	18:28.34 1:32.77		

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Programmanr. 1, Heren, 1500m vrije slag, 45 - 49 jaar

Rang	Geb.								Tijd	Pnt		
2.	JOINNEAU, Cédric		76	DM							25:19.48	188
	100m:	1:30.95	1:30.95	500m:	8:18.51	1:42.89	900m:	15:05.13	1:41.54	1300m:	21:54.33	1:42.58
	200m:	3:12.36	1:41.41	600m:	9:59.48	1:40.97	1000m:	16:46.67	1:41.54	1400m:	23:38.60	1:44.27
	300m:	4:53.71	1:41.35	700m:	11:41.54	1:42.06	1100m:	18:28.87	1:42.20	1500m:	25:19.48	1:40.88
	400m:	6:35.62	1:41.91	800m:	13:23.59	1:42.05	1200m:	20:11.75	1:42.88			

50 - 54 jaar, Heren

1.	REMY, Christophe		72	MOSAN							22:10.31	280
	100m:	1:17.82	1:17.82	500m:	7:11.76	1:28.85	900m:	13:10.53	1:29.89	1300m:	19:13.61	1:32.26
	200m:	2:45.39	1:27.57	600m:	8:40.99	1:29.23	1000m:	14:40.58	1:30.05	1400m:	20:44.47	1:30.86
	300m:	4:13.95	1:28.56	700m:	10:10.52	1:29.53	1100m:	16:11.85	1:31.27	1500m:	22:10.31	1:25.84
	400m:	5:42.91	1:28.96	800m:	11:40.64	1:30.12	1200m:	17:41.35	1:29.50			

50 - 54 jaar, Dames

1.	DELAERE, Sabine		69	DM							26:50.69	186
	100m:	1:36.33	1:36.33	500m:	8:43.50	1:47.76	900m:	15:56.61	1:48.41	1300m:	23:13.25	1:48.95
	200m:	3:21.76	1:45.43	600m:	10:31.45	1:47.95	1000m:	17:45.67	1:49.06	1400m:	25:02.51	1:49.26
	300m:	5:08.39	1:46.63	700m:	12:19.89	1:48.44	1100m:	19:34.75	1:49.08	1500m:	26:50.69	1:48.18
	400m:	6:55.74	1:47.35	800m:	14:08.20	1:48.31	1200m:	21:24.30	1:49.55			

55 - 59 jaar, Heren

1.	NAILI, Karim		66	CNBA							23:37.38	232
	100m:	1:26.85	1:26.85	500m:	7:43.17	1:34.79	900m:	14:05.33	1:35.87	1300m:	20:30.99	1:36.44
	200m:	3:00.94	1:34.09	600m:	9:18.60	1:35.43	1000m:	15:41.23	1:35.90	1400m:	22:07.43	1:36.44
	300m:	4:34.56	1:33.62	700m:	10:53.99	1:35.39	1100m:	17:17.74	1:36.51	1500m:	23:37.38	1:29.95
	400m:	6:08.38	1:33.82	800m:	12:29.46	1:35.47	1200m:	18:54.55	1:36.81			
2.	HEUNINCK, Geert		66	SWEM							25:05.13	193
	100m:	1:29.42	1:29.42	500m:	8:06.82	1:40.50	900m:	14:54.30	1:42.73	1300m:	21:46.31	1:41.29
	200m:	3:07.35	1:37.93	600m:	9:48.36	1:41.54	1000m:	16:36.96	1:42.66	1400m:	23:28.23	1:41.92
	300m:	4:46.91	1:39.56	700m:	11:29.82	1:41.46	1100m:	18:21.43	1:44.47	1500m:	25:05.13	1:36.90
	400m:	6:26.32	1:39.41	800m:	13:11.57	1:41.75	1200m:	20:05.02	1:43.59			
3.	CALLENS, Jean-Claude		67	DM							28:03.23	138
	100m:	1:39.38	1:39.38	500m:			900m:	18:29.44	3:49.42	1300m:		
	200m:	3:29.40	1:50.02	600m:	10:53.58		1000m:	24:14.78	5:45.34	1400m:		
	300m:	5:19.80	1:50.40	700m:	12:46.30	1:52.72	1100m:	28:03.23	3:48.45	1500m:	28:03.23	
	400m:	7:11.70	1:51.90	800m:	14:40.02	1:53.72	1200m:					

55 - 59 jaar, Dames

1.	DELAENDER, Katrien		66	DZV							20:08.77	441
	100m:	1:13.93	1:13.93	500m:	6:36.32	1:20.95	900m:	12:02.40	1:21.53	1300m:	17:28.40	1:21.69
	200m:	2:33.29	1:19.36	600m:	7:58.07	1:21.75	1000m:	13:23.97	1:21.57	1400m:	18:49.66	1:21.26
	300m:	3:54.06	1:20.77	700m:	9:19.52	1:21.45	1100m:	14:45.24	1:21.27	1500m:	20:08.77	1:19.11
	400m:	5:15.37	1:21.31	800m:	10:40.87	1:21.35	1200m:	16:06.71	1:21.47			

60 - 64 jaar, Heren

1.	FRIZ, Antonio		60	CNSW							26:14.06	169
	100m:	1:34.38	1:34.38	500m:	8:37.54	1:45.19	900m:	15:42.17	1:46.51	1300m:	22:49.10	1:46.93
	200m:	3:20.01	1:45.63	600m:	10:24.73	1:47.19	1000m:	17:27.56	1:45.39	1400m:	24:34.97	1:45.87
	300m:	5:05.68	1:45.67	700m:	12:10.02	1:45.29	1100m:	19:14.46	1:46.90	1500m:	26:14.06	1:39.09
	400m:	6:52.35	1:46.67	800m:	13:55.66	1:45.64	1200m:	21:02.17	1:47.71			
2.	PICAVET, Michel		62	DM							27:27.91	147
	100m:	1:39.53	1:39.53	500m:	8:52.52	1:49.00	900m:	16:15.99	1:51.59	1300m:	23:44.59	1:52.63
	200m:	3:26.79	1:47.26	600m:	10:42.77	1:50.25	1000m:	18:07.97	1:51.98	1400m:	25:37.75	1:53.16
	300m:	5:14.36	1:47.57	700m:	12:33.87	1:51.10	1100m:	19:59.44	1:51.47	1500m:	27:27.91	1:50.16
	400m:	7:03.52	1:49.16	800m:	14:24.40	1:50.53	1200m:	21:51.96	1:52.52			

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Programmanr. 1, 1500m vrije slag

65 - 69 jaar, Heren

1. JULLIEN, Guy			57	HELIOS				28:45.09	128	
100m:	1:43.99	1:43.99	500m:	9:30.27	1:56.04	900m:	17:13.98	1:55.12	1300m: 24:57.07	1:56.28
200m:	3:39.58	1:55.59	600m:	11:26.31	1:56.04	1000m:	19:10.55	1:56.57	1400m: 26:54.08	1:57.01
300m:	5:36.35	1:56.77	700m:	13:23.30	1:56.99	1100m:	21:05.09	1:54.54	1500m: 28:45.09	1:51.01
400m:	7:34.23	1:57.88	800m:	15:18.86	1:55.56	1200m:	23:00.79	1:55.70		