

Limietwedstrijd korte baan deel 2
Nijmegen, 25-11-2023

Programmanr. 102
25-11-2023 - 14:13

Dames, 400m wisselslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Bregje Dekkers	PSV	5:22.50	200900746	5:12.00			
	50m: 32.72	32.72	150m: 1:51.38	41.09	250m: 3:16.20	43.29	350m: 4:37.74	35.60
	100m: 1:10.29	37.57	200m: 2:32.91	41.53	300m: 4:02.14	45.94	400m: 5:12.00	34.26
2.	Lola Verheijen	PSV	6:05.70	201100832	5:44.36			
	50m: 34.35	34.35	150m: 2:04.24	47.53	250m: 3:38.10	49.58	350m: 5:08.49	39.46
	100m: 1:16.71	42.36	200m: 2:48.52	44.28	300m: 4:29.03	50.93	400m: 5:44.36	35.87
3.	Anne de Beer	ZWK Merlet	NT	200502878	5:46.13			
	50m: 36.93	36.93	150m: 2:05.43	44.20	250m: 3:36.59	48.14	350m: 5:08.22	42.64
	100m: 1:21.23	44.30	200m: 2:48.45	43.02	300m: 4:25.58	48.99	400m: 5:46.13	37.91
4.	Alexx Broekman	Arethusa	5:46.62	200902374	5:51.38			
	50m: 37.04	37.04	150m: 2:08.16	45.00	250m: 3:41.51	49.59	350m: 5:13.36	41.04
	100m: 1:23.16	46.12	200m: 2:51.92	43.76	300m: 4:32.32	50.81	400m: 5:51.38	38.02
5.	Mandy Berndsden	VZC	5:55.77	201001138	5:51.73			
	50m: 36.11	36.11	150m: 2:04.29	44.32	250m: 3:37.45	50.16	350m: 5:11.28	41.80
	100m: 1:19.97	43.86	200m: 2:47.29	43.00	300m: 4:29.48	52.03	400m: 5:51.73	40.45