



Campeonato Distrital de Piscina Curta
Leiria, 25 - 26/11/2023

Prova 48 Masc., 400m Estilos Juvenil A
26/11/2023 - 17:50 Resultados

Rec Nac Open	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	2022
Rec Nac JUV A	4:25.04	Joao Alexandre, VITAL	ADRCIMM	Tomar	2013

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts	
1.	Mikhael, ONUTSKYY		08	Pimpoes/Cimai		4:50.59	527	
	50m:	30.14 30.14	150m:	1:42.38 38.64	250m:	3:03.01 43.24	350m:	4:19.13 33.51
	100m:	1:03.74 33.60	200m:	2:19.77 37.39	300m:	3:45.62 42.61	400m:	4:50.59 31.46
2.	Tiago Santos, POMBO		08	Alcobaca		5:08.03	442	
	50m:	31.61 31.61	150m:	1:50.90 42.18	250m:	3:16.14 46.12	350m:	4:36.20 33.84
	100m:	1:08.72 37.11	200m:	2:30.02 39.12	300m:	4:02.36 46.22	400m:	5:08.03 31.83
3.	Rodrigo Santos, COUTINHO		08	Pimpoes/Cimai		5:21.00	391	
	50m:	33.37 33.37	150m:	1:52.83 40.81	250m:	3:21.23 48.38	350m:	4:46.05 36.47
	100m:	1:12.02 38.65	200m:	2:32.85 40.02	300m:	4:09.58 48.35	400m:	5:21.00 34.95
4.	Antonio Quiterio, ANASTACIO		08	Benedita		5:41.50	325	
	50m:	35.64 35.64	150m:	2:04.49 45.89	250m:	3:37.60 48.82	350m:	5:04.78 38.28
	100m:	1:18.60 42.96	200m:	2:48.78 44.29	300m:	4:26.50 48.90	400m:	5:41.50 36.72

Prova 48 Masc., 400m Estilos Juvenil B
26/11/2023 - 17:50 Resultados

Rec Nac Open	4:05.87	Gabriel Jose, LOPES	ALN	Leiria	2022
Rec Nac JUV B	4:35.02	Diogo Filipe, CARVALHO	CGA	Braga	2003

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts	
1.	Paulo, KOT		09	Nautico Marinha Grande		4:52.85	515	
	50m:	31.52 31.52	150m:	1:46.36 38.21	250m:	3:06.98 43.12	350m:	4:22.25 32.27
	100m:	1:08.15 36.63	200m:	2:23.86 37.50	300m:	3:49.98 43.00	400m:	4:52.85 30.60
2.	Guilherme Meireles, MARRAZES		09	Nautico Marinha Grande		4:55.98	499	
	50m:	30.61 30.61	150m:	1:45.87 39.82	250m:	3:07.24 42.69	350m:	4:23.48 33.59
	100m:	1:06.05 35.44	200m:	2:24.55 38.68	300m:	3:49.89 42.65	400m:	4:55.98 32.50
3.	Santiago Jose, PACHECO		09	Alcobaca		5:48.91	304	
	50m:	40.50 40.50	150m:	2:14.06 43.33	250m:	3:46.07 49.46	350m:	5:13.15 38.27
	100m:	1:30.73 50.23	200m:	2:56.61 42.55	300m:	4:34.88 48.81	400m:	5:48.91 35.76
4.	Luis Pedro, VALERIO		09	Ba-Leiria		5:56.32	286	
	50m:	36.12 36.12	150m:	2:05.98 45.19	250m:	3:44.11 53.96	350m:	5:17.06 38.87
	100m:	1:20.79 44.67	200m:	2:50.15 44.17	300m:	4:38.19 54.08	400m:	5:56.32 39.26

DSQ Tomas Bento, ANFILOQUIO 09 Pimpoes/Cimai
Após a viragem dos 150 metros, o atleta saiu da parede, na posição ventral