

Campeonato Distrital de Piscina Curta
Leiria, 25 - 26/11/2023

Prova 3 Senior
25/11/2023 - 9:40 Resultados

Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac SEN	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021

Pontos: FINA 2023

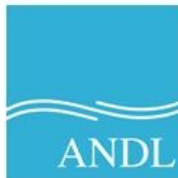
Lugar			Ano			Tempo final	Pts	
1.	Joao Paulo, RIBEIRO		92	CNLeiria		18:54.63	415	
	50m:	32.13 32.13	450m:	5:27.42 37.32	850m:	10:34.21 38.77	1250m:	15:41.87 38.51
	100m:	1:07.66 35.53	500m:	6:05.12 37.70	900m:	11:13.12 38.91	1300m:	16:20.52 38.65
	150m:	1:43.83 36.17	550m:	6:42.91 37.79	950m:	11:51.72 38.60	1350m:	16:58.81 38.29
	200m:	2:20.48 36.65	600m:	7:21.34 38.43	1000m:	12:30.49 38.77	1400m:	17:37.59 38.78
	250m:	2:57.28 36.80	650m:	7:59.77 38.43	1050m:	13:09.10 38.61	1450m:	18:16.67 39.08
	300m:	3:34.94 37.66	700m:	8:38.61 38.84	1100m:	13:47.51 38.41	1500m:	18:54.63 37.96
	350m:	4:12.70 37.76	750m:	9:17.03 38.42	1150m:	14:25.26 37.75		
	400m:	4:50.10 37.40	800m:	9:55.44 38.41	1200m:	15:03.36 38.10		

Prova 3 Junior
25/11/2023 - 9:40 Resultados

Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac 18	15:06.77	Filipe Miguel, SANTO	SLB	Funchal	2018
Rec Nac 17	15:05.57	Gustavo Manuel, SANTA	CNLA	Leiria	2009

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts	
1.	Luca Valentino, TONA		06	Pimpoes/Cimai		17:39.04	511	
	50m:	30.15 30.15	450m:	5:04.32 35.33	850m:	9:50.10 36.11	1250m:	14:38.21 36.12
	100m:	1:02.71 32.56	500m:	5:39.78 35.46	900m:	10:26.07 35.97	1300m:	15:14.92 36.71
	150m:	1:35.90 33.19	550m:	6:15.25 35.47	950m:	11:01.93 35.86	1350m:	15:51.00 36.08
	200m:	2:09.60 33.70	600m:	6:50.99 35.74	1000m:	11:37.62 35.69	1400m:	16:27.89 36.89
	250m:	2:44.07 34.47	650m:	7:26.81 35.82	1050m:	12:13.49 35.87	1450m:	17:03.85 35.96
	300m:	3:18.54 34.47	700m:	8:02.99 36.18	1100m:	12:49.83 36.34	1500m:	17:39.04 35.19
	350m:	3:53.96 35.42	750m:	8:38.66 35.67	1150m:	13:26.08 36.25		
	400m:	4:28.99 35.03	800m:	9:13.99 35.33	1200m:	14:02.09 36.01		
2.	Jose Januario, MARQUES		07	Pimpoes/Cimai		18:14.12	463	
	50m:	31.66 31.66	450m:	5:19.98 36.40	850m:	10:16.70 36.97	1250m:	15:13.01 36.81
	100m:	1:06.51 34.85	500m:	5:56.89 36.91	900m:	10:53.93 37.23	1300m:	15:49.85 36.84
	150m:	1:42.30 35.79	550m:	6:33.62 36.73	950m:	11:31.37 37.44	1350m:	16:26.58 36.73
	200m:	2:18.10 35.80	600m:	7:10.60 36.98	1000m:	12:08.20 36.83	1400m:	17:03.54 36.96
	250m:	2:54.22 36.12	650m:	7:48.02 37.42	1050m:	12:44.84 36.64	1450m:	17:39.82 36.28
	300m:	3:30.47 36.25	700m:	8:25.38 37.36	1100m:	13:21.83 36.99	1500m:	18:14.12 34.30
	350m:	4:06.75 36.28	750m:	9:02.41 37.03	1150m:	13:59.01 37.18		
	400m:	4:43.58 36.83	800m:	9:39.73 37.32	1200m:	14:36.20 37.19		
3.	Afonso Rodrigues, MIL-HOMENS		06	Pimpoes/Cimai		20:00.14	351	
	50m:	35.02 35.02	450m:	5:53.07 40.53	850m:	11:15.07 40.70	1250m:	16:41.32 41.67
	100m:	1:13.16 38.14	500m:	6:33.38 40.31	900m:	11:55.28 40.21	1300m:	17:22.75 41.43
	150m:	1:52.94 39.78	550m:	7:13.12 39.74	950m:	12:35.64 40.36	1350m:	18:03.48 40.73
	200m:	2:32.49 39.55	600m:	7:52.87 39.75	1000m:	13:15.96 40.32	1400m:	18:43.32 39.84
	250m:	3:12.33 39.84	650m:	8:33.25 40.38	1050m:	13:57.49 41.53	1450m:	19:23.46 40.14
	300m:	3:52.95 40.62	700m:	9:13.71 40.46	1100m:	14:38.70 41.21	1500m:	20:00.14 36.68
	350m:	4:32.95 40.00	750m:	9:53.91 40.20	1150m:	15:19.47 40.77		
	400m:	5:12.54 39.59	800m:	10:34.37 40.46	1200m:	15:59.65 40.18		



Campeonato Distrital de Piscina Curta
Leiria, 25 - 26/11/2023

Prova 3, Masc., 1500m Livres

Prova 3 Masc., 1500m Livres Juvenil A
25/11/2023 - 9:40 Resultados

Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac JUV A	15:36.31	Rui Filipe, COSTA	VSC	Braga	2007

Pontos: FINA 2023

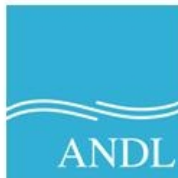
Lugar			Ano							Tempo final	Pts	
1.	Mikhael, ONUTSKYY		08	Pimpoes/Cimai						17:26.23	530	
	50m:	30.80	30.80	450m:	5:03.87	34.61	850m:	9:45.96	35.92	1250m:	14:32.03	35.57
	100m:	1:03.76	32.96	500m:	5:38.62	34.75	900m:	10:21.85	35.89	1300m:	15:07.77	35.74
	150m:	1:37.35	33.59	550m:	6:13.44	34.82	950m:	10:57.89	36.04	1350m:	15:43.11	35.34
	200m:	2:11.48	34.13	600m:	6:48.46	35.02	1000m:	11:33.69	35.80	1400m:	16:18.30	35.19
	250m:	2:45.51	34.03	650m:	7:23.77	35.31	1050m:	12:09.24	35.55	1450m:	16:53.15	34.85
	300m:	3:19.93	34.42	700m:	7:59.05	35.28	1100m:	12:45.30	36.06	1500m:	17:26.23	33.08
	350m:	3:54.41	34.48	750m:	8:34.27	35.22	1150m:	13:20.99	35.69			
	400m:	4:29.26	34.85	800m:	9:10.04	35.77	1200m:	13:56.46	35.47			
2.	Santiago Boica, SOUSA		08	Vieirense						17:55.94	487	
	50m:	30.85	30.85	450m:	5:15.67	35.74	850m:	10:09.46	36.85	1250m:	15:02.20	35.53
	100m:	1:04.08	33.23	500m:	5:51.83	36.16	900m:	10:46.50	37.04	1300m:	15:37.46	35.26
	150m:	1:38.43	34.35	550m:	6:27.71	35.88	950m:	11:23.20	36.70	1350m:	16:14.11	36.65
	200m:	2:13.52	35.09	600m:	7:04.15	36.44	1000m:	11:59.60	36.40	1400m:	16:48.83	34.72
	250m:	2:49.50	35.98	650m:	7:40.70	36.55	1050m:	12:37.39	37.79	1450m:	17:23.54	34.71
	300m:	3:25.55	36.05	700m:	8:17.04	36.34	1100m:	13:12.27	34.88	1500m:	17:55.94	32.40
	350m:	4:02.38	36.83	750m:	8:54.54	37.50	1150m:	13:48.96	36.69			
	400m:	4:39.93	37.55	800m:	9:32.61	38.07	1200m:	14:26.67	37.71			
3.	Tome Nunes, TOME		08	CNLeiria						18:14.47	463	
	50m:	31.37	31.37	450m:	5:19.95	36.68	850m:	10:17.48	37.54	1250m:	15:14.14	37.43
	100m:	1:05.88	34.51	500m:	5:56.95	37.00	900m:	10:54.36	36.88	1300m:	15:51.17	37.03
	150m:	1:40.67	34.79	550m:	6:33.76	36.81	950m:	11:31.68	37.32	1350m:	16:27.85	36.68
	200m:	2:16.51	35.84	600m:	7:11.18	37.42	1000m:	12:08.56	36.88	1400m:	17:05.05	37.20
	250m:	2:53.13	36.62	650m:	7:48.52	37.34	1050m:	12:45.01	36.45	1450m:	17:40.19	35.14
	300m:	3:29.71	36.58	700m:	8:25.73	37.21	1100m:	13:22.54	37.53	1500m:	18:14.47	34.28
	350m:	4:06.36	36.65	750m:	9:03.06	37.33	1150m:	13:59.49	36.95			
	400m:	4:43.27	36.91	800m:	9:39.94	36.88	1200m:	14:36.71	37.22			

Prova 3 Masc., 1500m Livres Juvenil B
25/11/2023 - 9:40 Resultados

Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	2021
Rec Nac JUV B	15:55.78	Rui Silva, PEREIRA	POR	Tomar	2023

Pontos: FINA 2023

Lugar			Ano							Tempo final	Pts	
1.	Paulo, KOT		09	Nautico Marinha Grande						16:53.57	583	
	50m:	30.48	30.48	450m:	5:03.69	34.46	850m:	9:36.73	33.78	1250m:	14:07.74	33.82
	100m:	1:03.91	33.43	500m:	5:38.22	34.53	900m:	10:10.66	33.93	1300m:	14:41.83	34.09
	150m:	1:37.54	33.63	550m:	6:12.76	34.54	950m:	10:44.87	34.21	1350m:	15:15.61	33.78
	200m:	2:11.35	33.81	600m:	6:47.04	34.28	1000m:	11:18.80	33.93	1400m:	15:49.22	33.61
	250m:	2:45.36	34.01	650m:	7:21.35	34.31	1050m:	11:52.31	33.51	1450m:	16:22.66	33.44
	300m:	3:19.59	34.23	700m:	7:55.41	34.06	1100m:	12:26.15	33.84	1500m:	16:53.57	30.91
	350m:	3:54.21	34.62	750m:	8:29.48	34.07	1150m:	13:00.44	34.29			
	400m:	4:29.23	35.02	800m:	9:02.95	33.47	1200m:	13:33.92	33.48			
2.	Santiago Jose, PACHECO		09	Alcobaca						19:10.31	399	
	50m:	33.22	33.22	450m:	5:40.12	38.92	850m:	10:50.72	38.70	1250m:	16:02.17	38.46
	100m:	1:10.03	36.81	500m:	6:19.02	38.90	900m:	11:29.77	39.05	1300m:	16:41.07	38.90
	150m:	1:48.04	38.01	550m:	6:57.94	38.92	950m:	12:08.85	39.08	1350m:	17:19.05	37.98
	200m:	2:26.18	38.14	600m:	7:36.82	38.88	1000m:	12:47.61	38.76	1400m:	17:56.99	37.94
	250m:	3:04.68	38.50	650m:	8:15.62	38.80	1050m:	13:26.69	39.08	1450m:	18:34.52	37.53
	300m:	3:44.39	39.71	700m:	8:54.26	38.64	1100m:	14:05.60	38.91	1500m:	19:10.31	35.79
	350m:	4:22.99	38.60	750m:	9:32.67	38.41	1150m:	14:44.46	38.86			
	400m:	5:01.20	38.21	800m:	10:12.02	39.35	1200m:	15:23.71	39.25			



Campeonato Distrital de Piscina Curta
Leiria, 25 - 26/11/2023

Prova 3, Masc., 1500m Livres, Juvenil B

Lugar	Ano	Tempo final	Pts
DNS Gabriel Santiago, FERREIRA	09 Uniao Juncalense		
EXH Romao Noronha, BRAZ	04 Clube Natação de Lisboa	17:56.75	486
50m: 29.59 29.59	450m: 5:04.99 35.79	850m: 10:01.81 37.32	1250m: 15:01.48 37.14
100m: 1:01.92 32.33	500m: 5:41.52 36.53	900m: 10:38.85 37.04	1300m: 15:37.66 36.18
150m: 1:35.36 33.44	550m: 6:18.28 36.76	950m: 11:16.89 38.04	1350m: 16:13.34 35.68
200m: 2:09.32 33.96	600m: 6:55.70 37.42	1000m: 11:55.06 38.17	1400m: 16:48.53 35.19
250m: 2:43.73 34.41	650m: 7:33.06 37.36	1050m: 12:32.43 37.37	1450m: 17:23.24 34.71
300m: 3:18.46 34.73	700m: 8:10.66 37.60	1100m: 13:09.65 37.22	1500m: 17:56.75 33.51
350m: 3:53.73 35.27	750m: 8:47.45 36.79	1150m: 13:47.30 37.65	
400m: 4:29.20 35.47	800m: 9:24.49 37.04	1200m: 14:24.34 37.04	