



Torneio de Abertura de Categorias  
Óbidos, 21 - 22/10/2023

Prova 7  
21/10/2023 - 18:05

Femin., 200m Estilos

Senior  
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Joana Rosa, FERREIRA 50m: 32.29 32.29 100m: 1:11.32 39.03 150m: 1:53.84 42.52 200m: 2:28.78 34.94	05 CNLeiria	2:28.78	549
2. Margarida Correia, MADEIRA 50m: 35.76 35.76 100m: 1:17.96 42.20 150m: 1:59.65 41.69 200m: 2:35.18 35.53	06 Nautico Marinha Grande	2:35.18	484
3. Carmen Amador, GIL 50m: 35.12 35.12 100m: 1:17.38 42.26 150m: 2:07.56 50.18 200m: 2:43.27 35.71	02 CNLeiria	2:43.27	415
4. Bruna Silva, MOITEIRO 50m: 36.91 36.91 100m: 1:22.05 45.14 150m: 2:15.49 53.44 200m: 2:53.55 38.06	04 Nautico Marinha Grande	2:53.55	346

Prova 7  
21/10/2023 - 18:05

Femin., 200m Estilos

Junior  
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Victoria Frogeri, PEREIRA 50m: 32.53 32.53 100m: 1:12.25 39.72 150m: 1:57.72 45.47 200m: 2:32.98 35.26	08 CNLeiria	2:32.98	505
2. Vanessa Liliana, ALMEIDA 50m: 35.10 35.10 100m: 1:17.62 42.52 150m: 2:02.08 44.46 200m: 2:40.62 38.54	07 CNLeiria	2:40.62	436
3. Leonor Vendima, COELHO 50m: 33.12 33.12 100m: 1:16.50 43.38 150m: 2:05.45 48.95 200m: 2:44.60 39.15	07 CNLeiria	2:44.60	405
4. Diana Rita, FONSECA 50m: 37.57 37.57 100m: 1:20.18 42.61 150m: 2:14.99 54.81 200m: 2:54.64 39.65	08 Vieirense	2:54.64	339
5. Catarina Tagaroso, LOBO 50m: 39.72 39.72 100m: 1:27.37 47.65 150m: 2:21.87 54.50 200m: 3:03.33 41.46	07 Uniao Juncalense	3:03.33	293
6. Constanca Carvalho, PIEDADE 50m: 40.83 40.83 100m: 1:30.68 49.85 150m: 2:25.44 54.76 200m: 3:11.87 46.43	08 Uniao Juncalense	3:11.87	256
7. Marta Cabete, GOMES 50m: 41.58 41.58 100m: 1:32.75 51.17 150m: 200m: 3:18.29 232	08 CNLeiria	3:18.29	232
8. Bruna Matos, FIALHO 50m: 44.93 44.93 100m: 1:37.84 52.91 150m: 200m: 3:19.02 229	08 Uniao Juncalense	3:19.02	229

Prova 7  
21/10/2023 - 18:05

Femin., 200m Estilos

Juvenil A  
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Luana Ferreira, CRAVEIRO 50m: 33.87 33.87 100m: 1:14.73 40.86 150m: 1:58.87 44.14 200m: 2:34.72 35.85	09 Nautico Marinha Grande	2:34.72	488
2. Francisca Ramos, NUNES 50m: 34.78 34.78 100m: 1:17.06 42.28 150m: 200m: 2:40.61 436	09 Naval de Peniche	2:40.61	436
3. Beatriz Belo, CLARA 50m: 34.19 34.19 100m: 1:15.21 41.02 150m: 2:05.00 49.79 200m: 2:41.11 36.11	09 CNLeiria	2:41.11	432
4. Teresa Maria, LOPES 50m: 36.32 36.32 100m: 1:20.29 43.97 150m: 2:07.91 47.62 200m: 2:45.51 37.60	09 Benedita	2:45.51	399
5. Zofie, PACHECO 50m: 38.11 38.11 100m: 1:22.74 44.63 150m: 200m: 2:51.83 356	09 Naval de Peniche	2:51.83	356



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Prova 7, Femin., 200m Estilos, Juvenil A

Lugar	Nome		Ano	Local		Tempo final				Pts
6.	Maria Teresa, OLIVEIRA		09	Ba-Leiria		2:53.73				345
	50m:	40.29 40.29	100m:	1:25.15 44.86	150m:	2:11.33 46.18	200m:	2:53.73	42.40	
7.	Ines Ferreira, CHELEU		09	Ba-Leiria		2:54.43				340
	50m:	38.85 38.85	100m:	1:24.64 45.79	150m:	2:15.88 51.24	200m:	2:54.43	38.55	
8.	Ana Margarida, MARQUES		09	Ba-Leiria		2:56.37				329
	50m:	38.12 38.12	100m:	1:22.62 44.50	150m:	2:16.94 54.32	200m:	2:56.37	39.43	
9.	Maria Margarida, OLIVEIRA		09	Ba-Leiria		3:00.24				309
	50m:	41.11 41.11	100m:	1:29.19 48.08	150m:	2:18.45 49.26	200m:	3:00.24	41.79	
10.	Anjali, RAICAR		09	Naval de Peniche		3:00.51				307
	50m:	38.60 38.60	100m:	1:25.37 46.77	150m:	2:19.11 53.74	200m:	3:00.51	41.40	

Prova 7  
21/10/2023 - 18:05

Femin., 200m Estilos

Juvenil B  
Resultados

Pontos: FINA 2023

Lugar	Nome		Ano	Local		Tempo final				Pts
1.	Barbara Balbino, MENDES		10	Naval de Peniche		2:43.47				414
	50m:	35.73 35.73	100m:	1:17.84 42.11	150m:	2:07.47 49.63	200m:	2:43.47	36.00	
2.	Bianca Balbino, MENDES		10	Naval de Peniche		2:45.14				401
	50m:	37.34 37.34	100m:	1:19.58 42.24	150m:	2:07.84 48.26	200m:	2:45.14	37.30	
3.	Sofia Roma, BRIZIDA		10	Ba-Leiria		2:46.84				389
	50m:	37.72 37.72	100m:	1:20.35 42.63	150m:	2:06.93 46.58	200m:	2:46.84	39.91	
4.	Madalena Gracio, PEDROSO		10	Nautico Marinha Grande		2:46.88				389
	50m:	35.40 35.40	100m:	1:16.38 40.98	150m:	2:09.99 53.61	200m:	2:46.88	36.89	
5.	Laura Helena, AMORIM		10	Nautico Marinha Grande		2:51.15				360
	50m:	37.73 37.73	100m:	1:21.25 43.52	150m:	2:12.06 50.81	200m:	2:51.15	39.09	
6.	Maria Carolina, ALVES		10	Ba-Leiria		2:51.38				359
	50m:	36.68 36.68	100m:	1:21.40 44.72	150m:	2:12.12 50.72	200m:	2:51.38	39.26	
7.	Diana Isabel, ALVES		10	Benedita		2:52.32				353
	50m:	38.00 38.00	100m:	1:21.95 43.95	150m:		200m:	2:52.32		
8.	Matilde Santos, VIEIRA		10	Nautico Marinha Grande		2:53.19				348
	50m:	38.84 38.84	100m:	1:24.97 46.13	150m:	2:15.01 50.04	200m:	2:53.19	38.18	
9.	Vida Sofia, VELEZ		10	Ba-Leiria		2:58.47				318
	50m:	42.57 42.57	100m:	1:28.70 46.13	150m:	2:20.60 51.90	200m:	2:58.47	37.87	
10.	Rafaela Santos, AFONSO		10	Naval de Peniche		3:00.77				306
	50m:	39.94 39.94	100m:	1:27.42 47.48	150m:		200m:	3:00.77		
11.	Mariana Santos, AFONSO		10	Naval de Peniche		3:01.69				301
	50m:	40.65 40.65	100m:	1:27.90 47.25	150m:	2:20.61 52.71	200m:	3:01.69	41.08	
12.	Leonor Pereira, SILVA		10	Óbidos		3:01.70				301
	50m:	40.72 40.72	100m:	1:28.41 47.69	150m:	2:17.63 49.22	200m:	3:01.70	44.07	
13.	Laura Margarida, ASCENSO		10	Nautico Marinha Grande		3:06.42				279
	50m:	40.81 40.81	100m:	1:31.74 50.93	150m:	2:24.01 52.27	200m:	3:06.42	42.41	
14.	Matilde Filipa, AMADO		10	Nautico Marinha Grande		3:17.39				235
	50m:	44.29 44.29	100m:	1:32.68 48.39	150m:	2:34.09 1:01.41	200m:	3:17.39	43.30	
15.	Laura Coito, SILVA		10	Pimpoes/Cimai		3:19.14				229
	50m:	44.94 44.94	100m:	1:35.62 50.68	150m:	2:33.74 58.12	200m:	3:19.14	45.40	
16.	Constanca Rolim, PEDRO		10	Ba-Leiria		3:23.02				216
	50m:	46.07 46.07	100m:	1:38.73 52.66	150m:	2:36.56 57.83	200m:	3:23.02	46.46	



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Prova 7, Femin., 200m Estilos, Juvenil B

Lugar	Ano	Tempo final	Pts
DSQ Laura Samora, GONCALVES	10 Ba-Leiria		
<i>Durante o percurso de bruços, a atleta efetuou movimentos de pernas verticais.</i>			
DNS Leonor Silva, MARTINS	10 Óbidos		

Prova 7 Femin., 200m Estilos Infantil A  
21/10/2023 - 18:05 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Leonor Mota, ALVES	11 Nautico Marinha Grande	2:53.24	348
50m: 37.91 37.91 100m: 1:21.45 43.54 150m: 2:12.78 51.33 200m: 2:53.24 40.46			
2. Beatriz Marques, GASPAR	11 Nautico Marinha Grande	3:01.69	301
50m: 41.11 41.11 100m: 1:30.68 49.57 150m: 2:20.21 49.53 200m: 3:01.69 41.48			
3. Isabela Maria, CARREIRA	11 Uniao Juncalense	3:13.37	250
50m: 43.13 43.13 100m: 1:35.09 51.96 150m: 2:31.01 55.92 200m: 3:13.37 42.36			
4. Maria Santos, FONSECA	11 CNLeiria	3:18.42	231
50m: 46.28 46.28 100m: 1:38.47 52.19 150m: 2:33.50 55.03 200m: 3:18.42 44.92			
5. Leiriia Silviovna, TONKIKH	11 CNLeiria	3:20.66	223
50m: 45.93 45.93 100m: 1:36.15 50.22 150m: 2:34.60 58.45 200m: 3:20.66 46.06			
6. Cristiana Henriques, ALMEIDA	11 Benedita	3:20.87	223
50m: 46.91 46.91 100m: 1:36.54 49.63 150m: 2:35.08 58.54 200m: 3:20.87 45.79			
7. Margarida Soares, MAIA	11 Nautico Marinha Grande	3:29.15	197
50m: 51.30 51.30 100m: 1:48.06 56.76 150m: 2:46.18 58.12 200m: 3:29.15 42.97			
8. Isabela Lourenco, COSTA	11 Benedita	3:30.21	194
50m: 49.31 49.31 100m: 1:41.63 52.32 150m: 200m: 3:30.21			
9. Kelly Simao, COSTA	11 Óbidos	3:36.23	178
50m: 51.67 51.67 100m: 1:46.85 55.18 150m: 2:46.41 59.56 200m: 3:36.23 49.82			
DSQ Maria Leonor, ALMEIDA	11 Benedita		
<i>No percurso de bruços, a atleta efetuou movimentos de pernas verticais.</i>			
DSQ Carolina Silva, CASTANHEIRA	11 CNLeiria		
<i>Falsa partida (SW 4.4)</i>			

Prova 7 Femin., 200m Estilos Infantil B  
21/10/2023 - 18:05 Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Laura Krempel, VARELA	12 Pimpoes/Cimai	3:05.24	284
50m: 41.71 41.71 100m: 1:30.27 48.56 150m: 2:23.90 53.63 200m: 3:05.24 41.34			
2. Mafalda Varela, BERNARDINO	12 Alcobaca	3:16.15	239
50m: 47.40 47.40 100m: 1:37.71 50.31 150m: 2:33.33 55.62 200m: 3:16.15 42.82			
3. Julia Pinto, PINHEIRO	12 Pimpoes/Cimai	3:25.74	207
50m: 47.18 47.18 100m: 1:40.37 53.19 150m: 2:38.81 58.44 200m: 3:25.74 46.93			
4. Emma Maria, AVRAMESCU	12 Nautico Marinha Grande	3:30.05	195
50m: 49.06 49.06 100m: 1:43.66 54.60 150m: 2:42.26 58.60 200m: 3:30.05 47.79			
5. Ines Pinto, MARTINS	12 Pimpoes/Cimai	3:30.10	195
50m: 47.84 47.84 100m: 1:39.38 51.54 150m: 2:44.06 1:04.68 200m: 3:30.10 46.04			
6. Beatriz Julio, CORREIA	12 CNLeiria	3:31.02	192
50m: 54.33 54.33 100m: 1:47.74 53.41 150m: 200m: 3:31.02			



Torneio de Abertura de Categorias  
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Prova 7, Femin., 200m Estilos, Infantil B

Lugar	Ano	Tempo final	Pts
7. Benedita Nunes, FELIX	12 Óbidos	3:32.43	188
50m: 50.43 50.43 100m: 1:47.46 57.03 150m: 2:46.28 58.82 200m: 3:32.43 46.15			
8. Rita Alexandra, JORDAO	12 Uniao Juncalense	3:47.35	153
50m: 56.69 56.69 100m: 1:54.28 57.59 150m: 2:55.45 1:01.17 200m: 3:47.35 51.90			
9. Barbara Serrano, LOMBA	12 Ba-Leiria	3:47.75	153
50m: 53.96 53.96 100m: 1:50.68 56.72 150m: 2:55.25 1:04.57 200m: 3:47.75 52.50			
10. Maria Victoria, PACHECO	12 Alcobaca	3:52.23	144
50m: 57.07 57.07 100m: 1:54.56 57.49 150m: 2:58.13 1:03.57 200m: 3:52.23 54.10			
11. Yaroslava, TABUNSCHYK	12 CNLeiria	3:54.82	139
50m: 55.40 55.40 100m: 1:57.82 1:02.42 150m: 3:03.82 1:06.00 200m: 3:54.82 51.00			
12. Mariana Duarte, ANTUNES	12 Alcobaca	3:55.00	139
50m: 54.99 54.99 100m: 1:57.91 1:02.92 150m: 3:01.56 1:03.65 200m: 3:55.00 53.44			
13. Jessica Garcia, FERREIRA	12 Óbidos	4:06.15	121
50m: 59.42 59.42 100m: 1:58.80 59.38 150m: 3:06.16 1:07.36 200m: 4:06.15 59.99			