



Torneio de Abertura de Categorias
Óbidos, 21 - 22/10/2023

Prova 20
22/10/2023 - 13:10

Femin., 800m Livres

Senior
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Maria Francisca, FROIS	06 CNLeiria	9:57.49	510
50m: 32.90 32.90	250m: 450m:	650m:	
100m: 1:09.10 36.20	300m: 3:36.21	700m: 8:39.66	
150m:	350m:	750m:	
200m: 2:23.14	400m: 4:51.09	800m: 9:57.49	
200m: 2:23.14	400m: 4:51.09	800m: 9:57.49	
2. Carmen Amador, GIL	02 CNLeiria	10:38.00	419
50m: 34.68 34.68	250m: 450m:	650m:	
100m: 1:13.30 38.62	300m: 3:52.57	700m: 9:21.51	
150m:	350m:	750m:	
200m: 2:32.03	400m: 5:14.50	800m: 10:38.00	
200m: 2:32.03	400m: 5:14.50	800m: 10:38.00	

Prova 20
22/10/2023 - 13:10

Femin., 800m Livres

Junior
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Matilde Violante, VIANA	07 CNLeiria	9:38.88	560
50m: 32.80 32.80	250m: 450m:	650m:	
100m: 1:07.88 35.08	300m: 3:33.46	700m: 8:27.55	
150m:	350m:	750m:	
200m: 2:20.23	400m: 4:46.90	800m: 9:38.88	
200m: 2:20.23	400m: 4:46.90	800m: 9:38.88	
2. Catarina Tagarroso, LOBO	07 Uniao Juncalense	11:21.26	344
50m: 36.40 36.40	250m: 450m:	650m:	
100m: 1:18.34 41.94	300m: 4:11.19	700m: 9:57.76	
150m:	350m:	750m:	
200m: 2:44.19	400m: 5:38.32	800m: 11:21.26	
200m: 2:44.19	400m: 5:38.32	800m: 11:21.26	
3. Constanca Carvalho, PIEDADE	08 Uniao Juncalense	13:03.46	226
50m: 41.80 41.80	250m: 450m:	650m:	
100m: 1:28.40 46.60	300m: 4:46.21	700m: 11:29.04	
150m:	350m:	750m:	
200m: 3:06.08	400m: 6:26.94	800m: 13:03.46	
200m: 3:06.08	400m: 6:26.94	800m: 13:03.46	

Prova 20
22/10/2023 - 13:10

Femin., 800m Livres

Juvenil B
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Debora Silva, INACIO	10 Pimpoes/Cimai	11:36.90	321
50m: 37.36 37.36	250m: 450m:	650m:	
100m: 1:22.90 45.54	300m: 4:20.42	700m: 10:14.37	
150m:	350m:	750m:	
200m: 2:52.52	400m: 5:49.99	800m: 11:36.90	
200m: 2:52.52	400m: 5:49.99	800m: 11:36.90	