



Epreuve 1  
19.01.2024 - 17:14

Dames, 400m Libre

Cat. générale  
Liste résultats Finale

Record CIG 18 +	4:11.90	VROOMAN, Lindsay	USA	Vernets, Genève	24.01.2015
Record CIG - 17	4:19.99	OTERO, Paula	ESP	Genève	17.01.2020

Limite CIG2024 : 4:42.00

Points: FINA 2023

Rang			AN					Temps	Pts			
1.	LECLERCQ, Valentine		05	Nd Villefranche-En-Beaujolais				<b>4:19.28</b>	757			
	50m:	30.97	30.97	150m:	1:36.18	32.40	250m:	2:42.22	32.69	350m:	3:47.59	32.26
	100m:	1:03.78	32.81	200m:	2:09.53	33.35	300m:	3:15.33	33.11	400m:	4:19.28	31.69
2.	GLENISTER, Michaela		02	University of Stirling				<b>4:22.68</b>	728			
	50m:	30.72	30.72	150m:	1:36.15	32.91	250m:	2:43.04	33.44	350m:	3:50.08	33.37
	100m:	1:03.24	32.52	200m:	2:09.60	33.45	300m:	3:16.71	33.67	400m:	4:22.68	32.60
3.	ROSSI, Sabrina		08	V02 Nuoto Torino ssd				<b>4:23.05</b>	725			
	50m:	30.72	30.72	150m:	1:37.15	33.28	250m:	2:44.35	33.42	350m:	3:51.05	32.87
	100m:	1:03.87	33.15	200m:	2:10.93	33.78	300m:	3:18.18	33.83	400m:	4:23.05	32.00
4.	SHWARTZ, Omer		06	Israel Team				<b>4:23.53</b>	721			
	50m:	31.30	31.30	150m:	1:38.48	33.48	250m:	2:45.22	32.86	350m:	3:51.69	32.89
	100m:	1:05.00	33.70	200m:	2:12.36	33.88	300m:	3:18.80	33.58	400m:	4:23.53	31.84
5.	ADIR, Ofek		06	Israel Team				<b>4:25.78</b>	703			
	50m:	31.29	31.29	150m:	1:37.97	33.55	250m:	2:45.08	33.50	350m:	3:52.77	33.81
	100m:	1:04.42	33.13	200m:	2:11.58	33.61	300m:	3:18.96	33.88	400m:	4:25.78	33.01
6.	ARBUCKLE, Phoebe		08	Scottish Swimming				<b>4:28.21</b>	684			
	50m:	31.32	31.32	150m:	1:38.71	34.31	250m:	2:46.98	34.26	350m:	3:55.41	34.30
	100m:	1:04.40	33.08	200m:	2:12.72	34.01	300m:	3:21.11	34.13	400m:	4:28.21	32.80
7.	SPENNATO, Mahila		09	Mediterraneo Sport				<b>4:28.37</b>	683			
	50m:	32.11	32.11	150m:	1:40.38	34.33	250m:	2:48.08	33.88	350m:	3:55.78	33.96
	100m:	1:06.05	33.94	200m:	2:14.20	33.82	300m:	3:21.82	33.74	400m:	4:28.37	32.59
8.	LARGE, Maelle		06	Nd Villefranche-En-Beaujolais				<b>4:38.81</b>	609			
	50m:	31.99	31.99	150m:	1:41.72	35.61	250m:	2:52.79	35.58	350m:	4:04.11	35.73
	100m:	1:06.11	34.12	200m:	2:17.21	35.49	300m:	3:28.38	35.59	400m:	4:38.81	34.70

