

V Open de Natação Adaptada da Associação de Natação de Coimbra
Coimbra, 2-12-2023

Prova 3 Femin., 200m Livres Open
02-12-2023 - 10:00 Resultados

Rec Nac S1	59:00.00	start,					
Rec Nac S2	59:00.00	start,					
Rec Nac S3	5:07.35	Susana Cristina, BARROSO	GESL	Lisboa			26-05-2001
Rec Nac S4	4:07.64	Diana Lobo, GUIMARAES	FCP	Vila Franca de Xira			01-12-2007
Rec Nac S5	3:31.89	Maria Joao, MORGADO	POR	Braunschweig (GER)			13-08-1999
Rec Nac S6	59:00.00	,					
Rec Nac S7	4:58.80	,					
Rec Nac S8	2:49.63	Ana Filipa, CASTRO	FVCD	Coimbra			02-03-2019
Rec Nac S9	2:24.16	Susana Pereira, VEIGA	CNCVG	Funchal			01-04-2023
Rec Nac S10	59:00.00	,					
Rec Nac S11	59:00.00	,					
Rec Nac S12	59:00.00	,					
Rec Nac S14	2:48.99	Sonia Castanheiro, RESENDE	POR	Loano (ITA)			11-06-2016
Rec Nac S15	2:40.90	Eunice Evora, ALMEIDA	SCP	Povoa de Varzim			12-05-2018
Rec Nac S16	3:35.36	Maria Joao, TABORDA	FCP	Povoa de Varzim			07-04-2019
Rec Nac S17	5:26.08	Francisca Araujo, FERREIRA	ADADA	Porto			16-04-2023
Rec Nac S21	3:27.66	Filipa Sa, REIS	POR	Padova (ITA)			06-09-2023

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
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Classe S1-S14-Absolutos

1.	Diana Vieira, SIMOES	98	Sporting de Aveiro	3:12.55	202	42.38	48.45	50.93	50.79
2.	R., MONTEIRO	98	Feira Viva	3:36.40	142	51.10	54.09	55.32	55.89
3.	Helen Ticiane, LIMA	84	Gesloures	4:20.40	81	1:00.63	1:05.02	1:07.65	1:07.10
4.	Patricia Alexandra, SOUSA01		Alhandra	4:50.40	58	58.43	1:12.90	1:19.48	1:19.59
5.	Laura Soares, RODRIGUE08		Alhandra	6:05.40	29	1:21.00	1:34.27	1:33.94	1:36.19
6.	Claudia Filipa, PENETRO 00		Alhandra	8:49.86	9	2:08.87	2:16.22	2:16.79	2:07.98
7.	Gabriela Maria, GUEDES 02		Feira Viva	9:23.75	8	2:43.70	2:12.99	2:15.74	2:11.32

Classe S21 (SDown)-Absolutos

1.	Filipa Sa, REIS	00	Feira Viva	3:32.88	149	48.14	54.03	55.70	55.01
2.	C., LOURENCO	94	APC Coimbra	4:22.73	79	58.53	1:06.06	1:10.55	1:07.59
3.	Bruna Gomes, CASTRO 04		Feira Viva	5:32.95	39	1:08.81	1:26.95	1:27.25	1:29.94

Classe S4-Seniores

1.	Gabriela Maria, GUEDES 02		Feira Viva	9:23.75	8	2:43.70	2:12.99	2:15.74	2:11.32
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Classe S5-Seniores

1.	Helen Ticiane, LIMA	84	Gesloures	4:20.40	81	1:00.63	1:05.02	1:07.65	1:07.10
2.	Claudia Filipa, PENETRO 00		Alhandra	8:49.86	9	2:08.87	2:16.22	2:16.79	2:07.98

Classe S14-Esperanças

1.	Laura Soares, RODRIGUE08		Alhandra	6:05.40	29	1:21.00	1:34.27	1:33.94	1:36.19
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Classe S14-Seniores

1.	Diana Vieira, SIMOES	98	Sporting de Aveiro	3:12.55	202	42.38	48.45	50.93	50.79
2.	R., MONTEIRO	98	Feira Viva	3:36.40	142	51.10	54.09	55.32	55.89
3.	Patricia Alexandra, SOUSA01		Alhandra	4:50.40	58	58.43	1:12.90	1:19.48	1:19.59

Classe S21 (SDown)-Seniores

1.	Filipa Sa, REIS	00	Feira Viva	3:32.88	149	48.14	54.03	55.70	55.01
2.	C., LOURENCO	94	APC Coimbra	4:22.73	79	58.53	1:06.06	1:10.55	1:07.59
3.	Bruna Gomes, CASTRO 04		Feira Viva	5:32.95	39	1:08.81	1:26.95	1:27.25	1:29.94