

Albion Open 2023
Rotterdam, 14 - 15/10/2023

Programmanr. 35
15/10/2023 - 14:31

Heren, 400m vrije slag

12 jaar en ouder
Resultaten

Punten: FINA 2023

Rang					Geb.					Tijd	Pnt	
1.	LOOTS, Bram				07	Kzc				4:02.62	669	
	50m:	27.22	27.22	150m:	1:28.13	30.83	250m:	2:30.57	31.51	350m:	3:32.85	31.05
	100m:	57.30	30.08	200m:	1:59.06	30.93	300m:	3:01.80	31.23	400m:	4:02.62	29.77
2.	PHILLIPSON, Giovanni				08	ZV De Zaan				4:11.14	603	
	50m:	27.31	27.31	150m:	1:29.58	31.58	250m:	2:34.63	32.58	350m:	3:39.63	32.47
	100m:	58.00	30.69	200m:	2:02.05	32.47	300m:	3:07.16	32.53	400m:	4:11.14	31.51
3.	RADEMAKER, Jidde				06	De Reuring				4:58.31	360	
	50m:	31.29	31.29	150m:	1:45.57	38.68	250m:	3:02.69	38.55	350m:	4:19.86	38.64
	100m:	1:06.89	35.60	200m:	2:24.14	38.57	300m:	3:41.22	38.53	400m:	4:58.31	38.45
4.	VAN DAM, Vince				10	Acz				5:07.89	327	
	50m:	34.20	34.20	150m:	1:50.25	38.30	250m:	3:08.41	39.21	350m:	4:28.72	40.10
	100m:	1:11.95	37.75	200m:	2:29.20	38.95	300m:	3:48.62	40.21	400m:	5:07.89	39.17