

99th Latvian Championship
Riga, 2. - 4.5.2024

Event 9
02.05.2024 - 17:59

Women, 400m Freestyle

Open
Results

Latvian Records 4:19.81 MALUKA Ieva RDSN Riga 28.02.2020

Points: FINA 2024

Rank	Name	YOB	Team	RT	Time	Points	Level	
1.	BRITTON Phyllida	97	Ealing	+0.78	4:25.21	699		
	50m: 30.71	30.71	150m: 1:36.86	33.11	250m: 2:44.14	33.59	350m: 3:51.75	33.83
	100m: 1:03.75	33.04	200m: 2:10.55	33.69	300m: 3:17.92	33.78	400m: 4:25.21	33.46
2.	VERZBICKA Anabella	08	Adazu BJSS	+0.73	4:37.43	610		
	50m: 30.57	30.57	150m: 1:39.70	34.46	250m: 2:50.28	34.83	350m: 4:01.79	35.55
	100m: 1:05.24	34.67	200m: 2:15.45	35.75	300m: 3:26.24	35.96	400m: 4:37.43	35.64
3.	BULA Beate	06	Dobeles SS	+0.69	4:47.34	549		
	50m: 31.21	31.21	150m: 1:41.38	35.72	250m: 2:54.62	37.07	350m: 4:10.27	37.82
	100m: 1:05.66	34.45	200m: 2:17.55	36.17	300m: 3:32.45	37.83	400m: 4:47.34	37.07
4.	SIRJAJEVA Arina	06	RBJSS Ridzene-DSN V	+0.81	4:53.78	514		
	50m: 31.69	31.69	150m: 1:47.24	38.56	250m: 3:03.12	37.75	350m: 4:18.17	37.53
	100m: 1:08.68	36.99	200m: 2:25.37	38.13	300m: 3:40.64	37.52	400m: 4:53.78	35.61
5.	SIRMA Dzenifera	08	RBJSS Ridzene II	+0.72	5:07.33	449		
	50m: 33.65	33.65	150m: 1:51.36	39.31	250m: 3:10.48	39.59	350m: 4:29.64	39.21
	100m: 1:12.05	38.40	200m: 2:30.89	39.53	300m: 3:50.43	39.95	400m: 5:07.33	37.69
6.	GULBE Liva	08	RBJSS Ridzene-DSN V	+0.76	5:07.92	446		
	50m: 33.23	33.23	150m: 1:49.78	39.30	250m: 3:09.95	40.13	350m: 4:29.72	39.61
	100m: 1:10.48	37.25	200m: 2:29.82	40.04	300m: 3:50.11	40.16	400m: 5:07.92	38.20
7.	MEDNE Baiba	90	Rigas Kipsalas PK	+0.83	5:09.81	438		
	50m: 34.00	34.00	150m: 1:50.29	38.85	250m: 3:10.35	40.03	350m: 4:31.77	40.54
	100m: 1:11.44	37.44	200m: 2:30.32	40.03	300m: 3:51.23	40.88	400m: 5:09.81	38.04
8.	ULJANOVA Alesja	08	SK Delfins	+0.71	5:12.43	427		
	50m: 33.78	33.78	150m: 1:51.70	39.62	250m: 3:12.44	40.69	350m: 4:33.82	40.77
	100m: 1:12.08	38.30	200m: 2:31.75	40.05	300m: 3:53.05	40.61	400m: 5:12.43	38.61
9.	RENGARDE Zete	10	PK Ogre	+0.81	5:14.66	418		
	50m: 34.45	34.45	150m: 1:51.91	39.43	250m: 3:12.87	41.19	350m: 4:34.96	41.45
	100m: 1:12.48	38.03	200m: 2:31.68	39.77	300m: 3:53.51	40.64	400m: 5:14.66	39.70
10.	SKRABE Liene Evelina	11	Valmieras SS	+0.61	5:19.67	399		
	50m: 34.44	34.44	150m: 1:53.96	40.36	250m: 3:16.75	41.36	350m: 4:39.58	41.16
	100m: 1:13.60	39.16	200m: 2:35.39	41.43	300m: 3:58.42	41.67	400m: 5:19.67	40.09
11.	DALBINA Anna	11	Kekavas NSS	+0.67	5:22.98	387		
	50m: 35.39	35.39	150m: 1:58.00	42.27	250m: 3:21.25	41.11	350m: 4:44.05	41.11
	100m: 1:15.73	40.34	200m: 2:40.14	42.14	300m: 4:02.94	41.69	400m: 5:22.98	38.93
12.	MELDZERE Pola	05	Kekavas NSS	+0.67	5:28.28	368		
	50m: 36.03	36.03	150m: 1:57.47	41.32	250m: 3:22.15	42.74	350m: 4:47.39	42.51
	100m: 1:16.15	40.12	200m: 2:39.41	41.94	300m: 4:04.88	42.73	400m: 5:28.28	40.89
13.	BALODE Katrina	05	RBJSS Ridzene-DSN IV	+0.80	5:48.27	308		
	50m: 36.59	36.59	150m: 2:04.01	44.48	250m: 3:34.25	45.37	350m: 5:04.55	44.79
	100m: 1:19.53	42.94	200m: 2:48.88	44.87	300m: 4:19.76	45.51	400m: 5:48.27	43.72