

6th Latvian Junior and Youth Championship
Riga, 1. - 3.3.2024

Event 9 Girls, 400m Freestyle 2006 and younger
01.03.2024 - 17:52 Results

Championship Records 14 - 18	4:39.63	HEINLO Helena	EST	Riga	03.05.2019
Championship Records - 13	4:57.37	NIINEP Karolina	EST	Riga	01.03.2024
Latvian Records	4:19.81	MALUKA Ieva	RDSN	Riga	28.02.2020

Points: FINA 2023

Rank	Name	YOB	Team	RT	Time	Points	Level					
2006 and younger												
1.	LOVI Elli	08	Audentese Spordiklubi	+0.62	4:39.41	605						
	<i>NEW CHAMPIONSHIP RECORD!!</i>											
	50m:	30.44	30.44	150m:	1:40.11	35.74	250m:	2:52.57	36.65	350m:	4:04.57	36.41
	100m:	1:04.37	33.93	200m:	2:15.92	35.81	300m:	3:28.16	35.59	400m:	4:39.41	34.84
2.	MOTSNIK Kirke	07	TOPi Ujumisklubi	+0.73	4:41.70	590						
	50m:	30.19	30.19	150m:	1:39.44	35.59	250m:	2:52.41	37.06	350m:	4:05.49	36.26
	100m:	1:03.85	33.66	200m:	2:15.35	35.91	300m:	3:29.23	36.82	400m:	4:41.70	36.21
3.	VERZBICKA Anabella	08	Adazu BJSS	+0.75	4:44.39	574						
	50m:	31.81	31.81	150m:	1:44.47	36.48	250m:	2:57.00	36.15	350m:	4:09.13	35.95
	100m:	1:07.99	36.18	200m:	2:20.85	36.38	300m:	3:33.18	36.18	400m:	4:44.39	35.26
4.	SIBUL Krete	09	Ujumise Spordiklubi	+0.73	4:47.54	555						
	50m:	30.71	30.71	150m:	1:39.57	35.46	250m:	2:54.45	38.24	350m:	4:10.92	38.25
	100m:	1:04.11	33.40	200m:	2:16.21	36.64	300m:	3:32.67	38.22	400m:	4:47.54	36.62
5.	ROOP Adele	09	Ujumise Spordiklubi	+0.73	4:47.99	553						
	50m:	31.72	31.72	150m:	1:44.22	36.79	250m:	2:58.24	37.24	350m:	4:12.56	37.43
	100m:	1:07.43	35.71	200m:	2:21.00	36.78	300m:	3:35.13	36.89	400m:	4:47.99	35.43
6.	ROONI Lenna	10	Ujumisklubi Briis	+0.75	4:48.31	551						
	50m:	32.34	32.34	150m:	1:45.97	36.82	250m:	3:01.05	37.27	350m:	4:13.36	35.71
	100m:	1:09.15	36.81	200m:	2:23.78	37.81	300m:	3:37.65	36.60	400m:	4:48.31	34.95
7.	SOROKIN Inessa	08	Orca Swim Club	+0.67	4:50.05	541						
	50m:	31.34	31.34	150m:	1:45.86	38.21	250m:	3:01.69	37.71	350m:	4:16.00	36.86
	100m:	1:07.65	36.31	200m:	2:23.98	38.12	300m:	3:39.14	37.45	400m:	4:50.05	34.05
8.	KHASYANOVA Vlastilina	10	Azerbaijan	+0.68	4:52.56	527						
	50m:	32.60	32.60	150m:	1:47.33	37.75	250m:	3:02.20	37.24	350m:	4:16.58	37.04
	100m:	1:09.58	36.98	200m:	2:24.96	37.63	300m:	3:39.54	37.34	400m:	4:52.56	35.98
9.	SIRJAJEVA Arina	06	RBJSS Ridzene-DSN		4:54.72	516						
	50m:	32.63	32.63	150m:	1:48.95	38.64	250m:	3:05.54	38.09	350m:	4:20.05	36.80
	100m:	1:10.31	37.68	200m:	2:27.45	38.50	300m:	3:43.25	37.71	400m:	4:54.72	34.67
10.	NIINEP Karolina	11	Kohtla-Jarve Veespordiklubi	+0.71	4:57.37	502						
	<i>NEW CHAMPIONSHIP RECORD!!</i>											
	50m:	32.71	32.71	150m:	1:48.11	38.03	250m:	3:05.36	38.48	350m:	4:21.74	37.83
	100m:	1:10.08	37.37	200m:	2:26.88	38.77	300m:	3:43.91	38.55	400m:	4:57.37	35.63
11.	VILBORN Freya Cornelia	11	Ujumise Spordiklubi		4:57.89	499						
	50m:	31.87	31.87	150m:	1:46.08	38.31	250m:	3:02.67	38.27	350m:	4:20.28	38.89
	100m:	1:07.77	35.90	200m:	2:24.40	38.32	300m:	3:41.39	38.72	400m:	4:57.89	37.61
12.	JAMSA Fiona	08	Ujumisklubi Briis	+0.86	4:58.30	497						
	50m:	31.68	31.68	150m:	1:45.09	37.66	250m:	3:03.26	39.49	350m:	4:20.76	38.78
	100m:	1:07.43	35.75	200m:	2:23.77	38.68	300m:	3:41.98	38.72	400m:	4:58.30	37.54
13.	VIINAPUU Karola	09	Audentese Spordiklubi	+0.69	4:58.72	495						
	50m:	32.44	32.44	150m:	1:47.77	38.29	250m:	3:05.29	39.01	350m:	4:22.48	38.26
	100m:	1:09.48	37.04	200m:	2:26.28	38.51	300m:	3:44.22	38.93	400m:	4:58.72	36.24
14.	ANNUS Isabel	08	Ujumise Spordiklubi	+0.76	5:00.70	485						
	50m:	31.60	31.60	150m:	1:44.92	37.36	250m:	3:02.61	38.93	350m:	4:22.02	40.08
	100m:	1:07.56	35.96	200m:	2:23.68	38.76	300m:	3:41.94	39.33	400m:	5:00.70	38.68
15.	LEVOLA Viiu	08	TaTU Tampere	+0.80	5:04.94	465						
	50m:	33.82	33.82	150m:	1:48.37	37.74	250m:	3:06.41	39.30	350m:	4:25.93	39.80
	100m:	1:10.63	36.81	200m:	2:27.11	38.74	300m:	3:46.13	39.72	400m:	5:04.94	39.01

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Rank	Name	YOB	Team	RT	Time	Points	Level	
16.	SEPP Johanna	07	Orca Swim Club	+0.71	5:05.09	465		
	50m: 33.04	33.04	150m: 1:50.24	39.24	250m: 3:09.40	39.69	350m: 4:28.33	39.26
	100m: 1:11.00	37.96	200m: 2:29.71	39.47	300m: 3:49.07	39.67	400m: 5:05.09	36.76
17.	TUCE Elvija	07	RBJSS Ridzene-DSN	+0.75	5:06.14	460		
	50m: 33.70	33.70	150m: 1:50.62	39.15	250m: 3:09.73	39.99	350m: 4:28.56	39.36
	100m: 1:11.47	37.77	200m: 2:29.74	39.12	300m: 3:49.20	39.47	400m: 5:06.14	37.58
18.	MONOKANDILOSE Darija	10	Kipsalas peldbaseins	+0.73	5:07.17	455		
	50m: 34.46	34.46	150m: 1:51.67	39.18	250m: 3:10.55	39.47	350m: 4:28.54	38.65
	100m: 1:12.49	38.03	200m: 2:31.08	39.41	300m: 3:49.89	39.34	400m: 5:07.17	38.63
19.	OTS Karolin	10	Kalevi Ujumiskool	+0.79	5:07.35	455		
	50m: 33.37	33.37	150m: 1:50.35	38.91	250m: 3:10.26	39.47	350m: 4:30.23	39.20
	100m: 1:11.44	38.07	200m: 2:30.79	40.44	300m: 3:51.03	40.77	400m: 5:07.35	37.12
20.	MILLER Sandra	08	Ujumisklubi Briis	+0.82	5:07.54	454		
	50m: 33.24	33.24	150m: 1:51.18	39.23	250m: 3:10.80	39.90	350m: 4:29.97	39.18
	100m: 1:11.95	38.71	200m: 2:30.90	39.72	300m: 3:50.79	39.99	400m: 5:07.54	37.57
21.	ZEMZANE Marsela	06	Liepajas KSS-LOC	+0.69	5:15.36	421		
	50m: 35.25	35.25	150m: 1:56.10	41.70	250m: 3:18.26	41.35	350m: 4:38.47	39.30
	100m: 1:14.40	39.15	200m: 2:36.91	40.81	300m: 3:59.17	40.91	400m: 5:15.36	36.89
22.	SKRABE Liene Evelina	11	Valmieras SS	+0.66	5:15.92	418		
	50m: 35.18	35.18	150m: 1:55.27	40.50	250m: 3:17.31	40.81	350m: 4:38.84	40.73
	100m: 1:14.77	39.59	200m: 2:36.50	41.23	300m: 3:58.11	40.80	400m: 5:15.92	37.08
23.	KAARE Sarah Maria	09	Kalevi Ujumiskool	+0.74	5:16.68	415		
	50m: 34.62	34.62	150m: 1:55.68	40.92	250m: 3:18.15	40.71	350m: 4:38.74	40.00
	100m: 1:14.76	40.14	200m: 2:37.44	41.76	300m: 3:58.74	40.59	400m: 5:16.68	37.94
24.	BULKO Karolina	08	Dobeles SS	+0.69	5:17.06	414		
	50m: 33.57	33.57	150m: 1:54.68	41.19	250m: 3:17.28	41.30	350m: 4:39.39	40.92
	100m: 1:13.49	39.92	200m: 2:35.98	41.30	300m: 3:58.47	41.19	400m: 5:17.06	37.67
25.	GUBINA Darja	09	Olaines SC	+0.70	5:17.45	412		
	50m: 34.06	34.06	150m: 1:54.97	41.15	250m: 3:18.23	41.42	350m: 4:39.81	40.31
	100m: 1:13.82	39.76	200m: 2:36.81	41.84	300m: 3:59.50	41.27	400m: 5:17.45	37.64
26.	DALBINA Anna	11	Kekavas NSS	+0.58	5:20.50	401		
	50m: 35.32	35.32	150m: 1:57.31	41.62	250m: 3:19.83	41.63	350m: 4:42.09	41.17
	100m: 1:15.69	40.37	200m: 2:38.20	40.89	300m: 4:00.92	41.09	400m: 5:20.50	38.41
27.	LAANE Helis	08	Kalevi Ujumiskool	+0.69	5:21.71	396		
	50m: 33.37	33.37	150m: 1:53.97	41.16	250m: 3:16.51	41.07	350m: 4:40.48	41.64
	100m: 1:12.81	39.44	200m: 2:35.44	41.47	300m: 3:58.84	42.33	400m: 5:21.71	41.23
28.	KANGRU Kertu Eliis	10	Kalevi Ujumiskool	+0.78	5:24.06	388		
	50m: 34.52	34.52	150m: 1:54.02	40.90	250m: 3:18.20	42.30	350m: 4:43.96	42.35
	100m: 1:13.12	38.60	200m: 2:35.90	41.88	300m: 4:01.61	43.41	400m: 5:24.06	40.10
29.	DALBINA Sofija	09	Kekavas NSS	+0.77	5:24.22	387		
	50m: 36.56	36.56	150m: 1:59.68	41.81	250m: 3:24.10	41.95	350m: 4:46.47	40.79
	100m: 1:17.87	41.31	200m: 2:42.15	42.47	300m: 4:05.68	41.58	400m: 5:24.22	37.75
30.	METSUR Marjette	09	Ujumisklubi Briis	+0.88	5:30.02	367		
	50m: 34.36	34.36	150m: 1:56.65	42.00	250m: 3:21.63	42.53	350m: 4:48.08	43.30
	100m: 1:14.65	40.29	200m: 2:39.10	42.45	300m: 4:04.78	43.15	400m: 5:30.02	41.94
31.	SHESTAKOVA Valeriia	12	Kohtla-Jarve Veespordiklubi	+0.65	5:30.34	366		
	50m: 37.22	37.22	150m: 2:01.95	41.88	250m: 3:26.14	41.84	350m: 4:50.50	41.55
	100m: 1:20.07	42.85	200m: 2:44.30	42.35	300m: 4:08.95	42.81	400m: 5:30.34	39.84
32.	ZILBERMANE Marija	07	RBJSS Ridzene-DSN	+0.50	5:35.49	349		
	50m: 35.50	35.50	150m: 1:59.86	43.61	250m: 3:27.34	44.06	350m: 4:54.26	43.67
	100m: 1:16.25	40.75	200m: 2:43.28	43.42	300m: 4:10.59	43.25	400m: 5:35.49	41.23
33.	VASILEVSKA Sara	12	Rigas Kipsalas PK	+0.86	5:37.97	342		
	50m: 37.67	37.67	150m: 2:03.17	43.17	250m: 3:30.85	43.70	350m: 4:58.18	43.90
	100m: 1:20.00	42.33	200m: 2:47.15	43.98	300m: 4:14.28	43.43	400m: 5:37.97	39.79

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Rank	Name	YOB	Team	RT	Time	Points	Level	
34.	GUSTINA Eliza	09	Dobeles SS	+0.78	5:41.18	332		
	50m: 37.06	37.06	150m: 2:01.73	42.48	250m: 3:29.22	44.18	350m: 4:58.18	44.78
	100m: 1:19.25	42.19	200m: 2:45.04	43.31	300m: 4:13.40	44.18	400m: 5:41.18	43.00
35.	LUNEVA Kira	13	Kohtla-Jarve Veespordiklubi	+0.81	5:43.98	324		
	50m: 39.03	39.03	150m: 2:07.20	44.50	250m: 3:34.58	44.35	350m: 5:01.79	42.38
	100m: 1:22.70	43.67	200m: 2:50.23	43.03	300m: 4:19.41	44.83	400m: 5:43.98	42.19
36.	DZENE Annika	12	SK Delfins	+0.83	5:45.56	320		
	50m: 37.66	37.66	150m: 2:01.54	43.14	250m: 3:30.86	44.70	350m: 5:01.98	45.36
	100m: 1:18.40	40.74	200m: 2:46.16	44.62	300m: 4:16.62	45.76	400m: 5:45.56	43.58
37.	VITINA Evelina	10	Dobeles SS	+0.74	5:45.85	319		
	50m: 36.26	36.26	150m: 2:04.09	44.23	250m: 3:32.86	44.13	350m: 5:02.46	44.73
	100m: 1:19.86	43.60	200m: 2:48.73	44.64	300m: 4:17.73	44.87	400m: 5:45.85	43.39
38.	PUKITE Katrina	12	Kekavas NSS	+0.78	5:48.51	312		
	50m: 37.20	37.20	150m: 2:05.13	44.36	250m: 3:35.78	44.99	350m: 5:06.15	44.51
	100m: 1:20.77	43.57	200m: 2:50.79	45.66	300m: 4:21.64	45.86	400m: 5:48.51	42.36
39.	GEDROITE Karolina	11	Daugavpils SS	+0.78	5:48.95	310		
	50m: 38.23	38.23	150m: 2:06.45	44.83	250m: 3:37.91	45.32	350m: 5:08.22	44.67
	100m: 1:21.62	43.39	200m: 2:52.59	46.14	300m: 4:23.55	45.64	400m: 5:48.95	40.73
40.	LAGZDINA Katrina	11	Dobeles SS	+0.88	5:55.95	292		
	50m: 40.42	40.42	150m: 2:10.29	45.48	250m: 3:41.41	45.00	350m: 5:11.90	45.06
	100m: 1:24.81	44.39	200m: 2:56.41	46.12	300m: 4:26.84	45.43	400m: 5:55.95	44.05
41.	VILLE Polina	10	Valmieras SS	+0.80	6:00.08	282		
	50m: 38.11	38.11	150m: 2:08.09	46.96	250m: 3:41.73	46.50	350m: 5:15.31	47.46
	100m: 1:21.13	43.02	200m: 2:55.23	47.14	300m: 4:27.85	46.12	400m: 6:00.08	44.77
42.	PITKA Keita	12	Dobeles SS	+0.73	6:04.71	272		
	50m: 39.47	39.47	150m: 2:11.32	46.79	250m: 3:46.21	47.09	350m: 5:20.62	46.40
	100m: 1:24.53	45.06	200m: 2:59.12	47.80	300m: 4:34.22	48.01	400m: 6:04.71	44.09
43.	BOGDANOVA Lada	11	Jurmallas SS	+0.76	6:06.71	267		
	50m: 40.36	40.36	150m: 2:12.39	46.04	250m: 3:45.65	46.86	350m: 5:20.56	47.74
	100m: 1:26.35	45.99	200m: 2:58.79	46.40	300m: 4:32.82	47.17	400m: 6:06.71	46.15
44.	PUCKO Safina	09	SK Delfins	+0.83	6:08.34	264		
	50m: 37.51	37.51	150m: 2:09.83	47.45	250m: 3:45.57	47.58	350m: 5:22.53	48.32
	100m: 1:22.38	44.87	200m: 2:57.99	48.16	300m: 4:34.21	48.64	400m: 6:08.34	45.81

LATVIJAS JAUNIEŠU ĒMPIŅU TS

1.	SKRABE Liene Evelina	11	Valmieras SS	+0.66	5:15.92	418		
	<i>LATVIJAS JAUNIEŠU ĒMPIŅONE</i>							
	50m: 35.18	35.18	150m: 1:55.27	40.50	250m: 3:17.31	40.81	350m: 4:38.84	40.73
	100m: 1:14.77	39.59	200m: 2:36.50	41.23	300m: 3:58.11	40.80	400m: 5:15.92	37.08
2.	DALBINA Anna	11	Kekavas NSS	+0.58	5:20.50	401		
	50m: 35.32	35.32	150m: 1:57.31	41.62	250m: 3:19.83	41.63	350m: 4:42.09	41.17
	100m: 1:15.69	40.37	200m: 2:38.20	40.89	300m: 4:00.92	41.09	400m: 5:20.50	38.41
3.	VASILEVSKA Sara	12	Rigas Kipsalas PK	+0.86	5:37.97	342		
	50m: 37.67	37.67	150m: 2:03.17	43.17	250m: 3:30.85	43.70	350m: 4:58.18	43.90
	100m: 1:20.00	42.33	200m: 2:47.15	43.98	300m: 4:14.28	43.43	400m: 5:37.97	39.79
4.	DZENE Annika	12	SK Delfins	+0.83	5:45.56	320		
	50m: 37.66	37.66	150m: 2:01.54	43.14	250m: 3:30.86	44.70	350m: 5:01.98	45.36
	100m: 1:18.40	40.74	200m: 2:46.16	44.62	300m: 4:16.62	45.76	400m: 5:45.56	43.58
5.	PUKITE Katrina	12	Kekavas NSS	+0.78	5:48.51	312		
	50m: 37.20	37.20	150m: 2:05.13	44.36	250m: 3:35.78	44.99	350m: 5:06.15	44.51
	100m: 1:20.77	43.57	200m: 2:50.79	45.66	300m: 4:21.64	45.86	400m: 5:48.51	42.36
6.	GEDROITE Karolina	11	Daugavpils SS	+0.78	5:48.95	310		
	50m: 38.23	38.23	150m: 2:06.45	44.83	250m: 3:37.91	45.32	350m: 5:08.22	44.67
	100m: 1:21.62	43.39	200m: 2:52.59	46.14	300m: 4:23.55	45.64	400m: 5:48.95	40.73

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Rank	Name	YOB	Team	RT	Time	Points	Level	
7.	LAGZDINA Katrina	11	Dobeles SS	+0.88	5:55.95	292		
	50m: 40.42	40.42	150m: 2:10.29	45.48	250m: 3:41.41	45.00	350m: 5:11.90	45.06
	100m: 1:24.81	44.39	200m: 2:56.41	46.12	300m: 4:26.84	45.43	400m: 5:55.95	44.05
8.	PITKA Keita	12	Dobeles SS	+0.73	6:04.71	272		
	50m: 39.47	39.47	150m: 2:11.32	46.79	250m: 3:46.21	47.09	350m: 5:20.62	46.40
	100m: 1:24.53	45.06	200m: 2:59.12	47.80	300m: 4:34.22	48.01	400m: 6:04.71	44.09
9.	BOGDANOVA Lada	11	Jurmallas SS	+0.76	6:06.71	267		
	50m: 40.36	40.36	150m: 2:12.39	46.04	250m: 3:45.65	46.86	350m: 5:20.56	47.74
	100m: 1:26.35	45.99	200m: 2:58.79	46.40	300m: 4:32.82	47.17	400m: 6:06.71	46.15

LATVIJAS JUNIORU EMPION TS

1.	VERZBICKA Anabella	08	Adazu BJSS	+0.75	4:44.39	574		
	<i>LATVIJAS JUNIORU EMPIONE</i>							
	50m: 31.81	31.81	150m: 1:44.47	36.48	250m: 2:57.00	36.15	350m: 4:09.13	35.95
	100m: 1:07.99	36.18	200m: 2:20.85	36.38	300m: 3:33.18	36.18	400m: 4:44.39	35.26
2.	SIRJAJEVA Arina	06	RBJSS Ridzene-DSN		4:54.72	516		
	50m: 32.63	32.63	150m: 1:48.95	38.64	250m: 3:05.54	38.09	350m: 4:20.05	36.80
	100m: 1:10.31	37.68	200m: 2:27.45	38.50	300m: 3:43.25	37.71	400m: 4:54.72	34.67
3.	TUCE Elvija	07	RBJSS Ridzene-DSN	+0.75	5:06.14	460		
	50m: 33.70	33.70	150m: 1:50.62	39.15	250m: 3:09.73	39.99	350m: 4:28.56	39.36
	100m: 1:11.47	37.77	200m: 2:29.74	39.12	300m: 3:49.20	39.47	400m: 5:06.14	37.58
4.	MONOKANDILOSE Darija	10	Kipsalas peldbaseins	+0.73	5:07.17	455		
	50m: 34.46	34.46	150m: 1:51.67	39.18	250m: 3:10.55	39.47	350m: 4:28.54	38.65
	100m: 1:12.49	38.03	200m: 2:31.08	39.41	300m: 3:49.89	39.34	400m: 5:07.17	38.63
5.	ZEMZANE Marsela	06	Liepajas KSS-LOC	+0.69	5:15.36	421		
	50m: 35.25	35.25	150m: 1:56.10	41.70	250m: 3:18.26	41.35	350m: 4:38.47	39.30
	100m: 1:14.40	39.15	200m: 2:36.91	40.81	300m: 3:59.17	40.91	400m: 5:15.36	36.89
6.	BULKO Karolina	08	Dobeles SS	+0.69	5:17.06	414		
	50m: 33.57	33.57	150m: 1:54.68	41.19	250m: 3:17.28	41.30	350m: 4:39.39	40.92
	100m: 1:13.49	39.92	200m: 2:35.98	41.30	300m: 3:58.47	41.19	400m: 5:17.06	37.67
7.	GUBINA Darja	09	Olaines SC	+0.70	5:17.45	412		
	50m: 34.06	34.06	150m: 1:54.97	41.15	250m: 3:18.23	41.42	350m: 4:39.81	40.31
	100m: 1:13.82	39.76	200m: 2:36.81	41.84	300m: 3:59.50	41.27	400m: 5:17.45	37.64
8.	DALBINA Sofija	09	Kekavas NSS	+0.77	5:24.22	387		
	50m: 36.56	36.56	150m: 1:59.68	41.81	250m: 3:24.10	41.95	350m: 4:46.47	40.79
	100m: 1:17.87	41.31	200m: 2:42.15	42.47	300m: 4:05.68	41.58	400m: 5:24.22	37.75
9.	ZILBERMANE Marija	07	RBJSS Ridzene-DSN	+0.50	5:35.49	349		
	50m: 35.50	35.50	150m: 1:59.86	43.61	250m: 3:27.34	44.06	350m: 4:54.26	43.67
	100m: 1:16.25	40.75	200m: 2:43.28	43.42	300m: 4:10.59	43.25	400m: 5:35.49	41.23
10.	GUSTINA Eliza	09	Dobeles SS	+0.78	5:41.18	332		
	50m: 37.06	37.06	150m: 2:01.73	42.48	250m: 3:29.22	44.18	350m: 4:58.18	44.78
	100m: 1:19.25	42.19	200m: 2:45.04	43.31	300m: 4:13.40	44.18	400m: 5:41.18	43.00
11.	VITINA Evelina	10	Dobeles SS	+0.74	5:45.85	319		
	50m: 36.26	36.26	150m: 2:04.09	44.23	250m: 3:32.86	44.13	350m: 5:02.46	44.73
	100m: 1:19.86	43.60	200m: 2:48.73	44.64	300m: 4:17.73	44.87	400m: 5:45.85	43.39
12.	VILLE Polina	10	Valmieras SS	+0.80	6:00.08	282		
	50m: 38.11	38.11	150m: 2:08.09	46.96	250m: 3:41.73	46.50	350m: 5:15.31	47.46
	100m: 1:21.13	43.02	200m: 2:55.23	47.14	300m: 4:27.85	46.12	400m: 6:00.08	44.77
13.	PUCKO Safina	09	SK Delfins	+0.83	6:08.34	264		
	50m: 37.51	37.51	150m: 2:09.83	47.45	250m: 3:45.57	47.58	350m: 5:22.53	48.32
	100m: 1:22.38	44.87	200m: 2:57.99	48.16	300m: 4:34.21	48.64	400m: 6:08.34	45.81

6th Latvian Junior and Youth Championship
Riga, 1. - 3.3.2024

Event 9, Girls, 400m Freestyle

EXH BALODE Katrina			05	RBJSS Ridzene-DSN			+0.78	5:35.12	351		
50m:	36.75	36.75	150m:	1:59.14	41.44	250m:	3:24.89	42.77	350m:	4:52.31	43.37
100m:	1:17.70	40.95	200m:	2:42.12	42.98	300m:	4:08.94	44.05	400m:	5:35.12	42.81