

Meeting du Lac 2024
Vevey, 29. - 30.6.2024

Epreuve 3
29.06.2024 - 10:30

Messieurs, 400m 4 nages

Cat. générale
Liste résultats

Points: FINA 2024

Rang	AN		Temps	Pts	100m	200m	300m	400m	
13 ans et moins									
1.	DESCLOUX, Noe	11	Sporting Bulle Natation	5:44.35	349	1:22.01	1:31.54	1:34.46	1:16.34
	50m: 38.05	38.05	150m: 2:09.05	47.04	250m: 3:41.22	47.67	350m: 5:07.50	39.49	
	100m: 1:22.01	43.96	200m: 2:53.55	44.50	300m: 4:28.01	46.79	400m: 5:44.35	36.85	
2.	ALI EL WAFI, Younes	11	CN La Chau-de-Fonds	6:01.15	302	1:22.12	1:33.13	1:45.89	1:20.01
	50m: 37.45	37.45	150m: 2:09.50	47.38	250m: 3:47.24	51.99	350m: 5:21.46	40.32	
	100m: 1:22.12	44.67	200m: 2:55.25	45.75	300m: 4:41.14	53.90	400m: 6:01.15	39.69	
3.	OUAFI, Elias	11	Lausanne Aquatique	6:29.22	241	1:31.39	1:41.28	1:53.97	1:22.58
	50m: 40.29	40.29	150m: 2:22.47	51.08	250m: 4:09.68	57.01	350m: 5:49.84	43.20	
	100m: 1:31.39	51.10	200m: 3:12.67	50.20	300m: 5:06.64	56.96	400m: 6:29.22	39.38	
4.	MINIÈRE, Hugo	13	CN Nyon	7:19.40	168	1:44.86	1:49.34	2:07.70	1:37.50
	50m: 45.59	45.59	150m: 2:40.28	55.42	250m: 4:37.03	1:02.83	350m: 6:30.89	48.99	
	100m: 1:44.86	59.27	200m: 3:34.20	53.92	300m: 5:41.90	1:04.87	400m: 7:19.40	48.51	
14 ans et plus									
1.	VON WENCKSTERN, T.	07	Region Zentralschweiz Ost	4:59.32	531	1:06.63	1:20.80	1:20.67	1:11.22
	50m: 30.16	30.16	150m: 1:47.44	40.81	250m: 3:07.01	39.58	350m: 4:24.65	36.55	
	100m: 1:06.63	36.47	200m: 2:27.43	39.99	300m: 3:48.10	41.09	400m: 4:59.32	34.67	
2.	ARNOLD, Julius Dian	07	Region Zentralschweiz Ost	5:04.19	506	1:07.16	1:19.05	1:25.65	1:12.33
	50m: 31.03	31.03	150m: 1:46.73	39.57	250m: 3:08.66	42.45	350m: 4:27.35	35.49	
	100m: 1:07.16	36.13	200m: 2:26.21	39.48	300m: 3:51.86	43.20	400m: 5:04.19	36.84	
3.	CARVALHOSA, Francisco	07	Vevey-Natation	5:06.57	494	1:08.47	1:25.79	1:22.51	1:09.80
	50m: 31.82	31.82	150m: 1:52.55	44.08	250m: 3:15.52	41.26	350m: 4:33.41	36.64	
	100m: 1:08.47	36.65	200m: 2:34.26	41.71	300m: 3:56.77	41.25	400m: 5:06.57	33.16	
4.	TE-HERITIER, Sydney	07	CN Nyon	5:08.61	485	1:13.11	1:23.90	1:21.46	1:10.14
	50m: 33.21	33.21	150m: 1:55.54	42.43	250m: 3:17.33	40.32	350m: 4:34.16	35.69	
	100m: 1:13.11	39.90	200m: 2:37.01	41.47	300m: 3:58.47	41.14	400m: 5:08.61	34.45	
5.	RADO, Mirko	01	Morges-Natation	5:13.55	462	1:03.67	1:25.81	1:30.93	1:13.14
	50m: 29.91	29.91	150m: 1:46.66	42.99	250m: 3:14.94	45.46	350m: 4:37.74	37.33	
	100m: 1:03.67	33.76	200m: 2:29.48	42.82	300m: 4:00.41	45.47	400m: 5:13.55	35.81	
6.	MATELJIC, Roko	08	Vevey-Natation	5:15.80	452	1:07.43	1:26.28	1:31.80	1:10.29
	50m: 31.21	31.21	150m: 1:51.20	43.77	250m: 3:19.86	46.15	350m: 4:40.70	35.19	
	100m: 1:07.43	36.22	200m: 2:33.71	42.51	300m: 4:05.51	45.65	400m: 5:15.80	35.10	
7.	BIALON, Alexandre	04	Red-Fish Neuchâtel	5:24.24	418	1:03.09	1:19.37	1:51.08	1:10.70
	50m: 28.96	28.96	150m: 1:43.80	40.71	250m: 3:20.81	58.35	350m: 4:48.96	35.42	
	100m: 1:03.09	34.13	200m: 2:22.46	38.66	300m: 4:13.54	52.73	400m: 5:24.24	35.28	
8.	WULLIAMOZ, Zacharie	05	CN Yverdon	5:29.34	399	1:13.98	1:26.78	1:32.94	1:15.64
	50m: 33.48	33.48	150m: 1:58.30	44.32	250m: 3:26.50	45.74	350m: 4:52.44	38.74	
	100m: 1:13.98	40.50	200m: 2:40.76	42.46	300m: 4:13.70	47.20	400m: 5:29.34	36.90	
9.	DANDIN, Niall	08	CN La Chau-de-Fonds	5:30.62	394	1:14.00	1:21.48	1:42.93	1:12.21
	50m: 33.25	33.25	150m: 1:55.29	41.29	250m: 3:26.75	51.27	350m: 4:55.16	36.75	
	100m: 1:14.00	40.75	200m: 2:35.48	40.19	300m: 4:18.41	51.66	400m: 5:30.62	35.46	
10.	STAEHLE, Adam	07	CN Nyon	5:41.40	358	1:09.04	1:30.14	1:44.61	1:17.61
	50m: 31.62	31.62	150m: 1:55.96	46.92	250m: 3:31.09	51.91	350m: 5:04.50	40.71	
	100m: 1:09.04	37.42	200m: 2:39.18	43.22	300m: 4:23.79	52.70	400m: 5:41.40	36.90	
11.	JOSEPH, Dany	10	CN Yverdon	5:44.04	350	1:19.64	1:30.74	1:37.61	1:16.05
	50m: 35.20	35.20	150m: 2:05.12	45.48	250m: 3:38.74	48.36	350m: 5:06.84	38.85	
	100m: 1:19.64	44.44	200m: 2:50.38	45.26	300m: 4:27.99	49.25	400m: 5:44.04	37.20	
12.	FERREIRA, Isaac	10	CN La Chau-de-Fonds	5:50.83	330	1:27.00	1:29.77	1:34.00	1:20.06
	50m: 38.91	38.91	150m: 2:13.46	46.46	250m: 3:43.98	47.21	350m: 5:11.79	41.02	
	100m: 1:27.00	48.09	200m: 2:56.77	43.31	300m: 4:30.77	46.79	400m: 5:50.83	39.04	
13.	MARTINEZ, Rafael	10	Sporting Bulle Natation	6:09.17	283	1:23.26	1:33.36	1:48.92	1:23.63
	50m: 37.34	37.34	150m: 2:11.54	48.28	250m: 3:51.41	54.79	350m: 5:29.42	43.88	
	100m: 1:23.26	45.92	200m: 2:56.62	45.08	300m: 4:45.54	54.13	400m: 6:09.17	39.75	
14.	SURDEZ, Nolan	10	CN La Chau-de-Fonds	6:10.49	280	1:34.44	1:35.23	1:43.29	1:17.53
	50m: 41.09	41.09	150m: 2:22.13	47.69	250m: 4:00.90	51.23	350m: 5:32.43	39.47	
	100m: 1:34.44	53.35	200m: 3:09.67	47.54	300m: 4:52.96	52.06	400m: 6:10.49	38.06	

Meeting du Lac 2024
Vevey, 29. - 30.6.2024

Epreuve 3, Messieurs, 400m 4 nages, 14 ans et plus

Rang	AN		Temps	Pts	100m	200m	300m	400m	
15.	SAUTAUX, Elio	10	CN La Chaux-de-Fonds	6:16.09	268	1:32.72	1:31.40	1:51.51	1:20.46
	50m: 39.75	39.75	150m: 2:19.06	46.34	250m: 3:59.15	55.03	350m: 5:37.86	42.23	
	100m: 1:32.72	52.97	200m: 3:04.12	45.06	300m: 4:55.63	56.48	400m: 6:16.09	38.23	
16.	ABBET, Dima	10	Vevey-Natation	6:20.68	258	1:22.01	1:37.64	1:57.79	1:23.24
	50m: 36.36	36.36	150m: 2:13.04	51.03	250m: 3:58.69	59.04	350m: 5:40.03	42.59	
	100m: 1:22.01	45.65	200m: 2:59.65	46.61	300m: 4:57.44	58.75	400m: 6:20.68	40.65	