

Sundgrein 26

kvenna, 1500m skriðsund

Opinn

22.10.2023 - 10:07

Úrslitalistar

Mótsmet	16:46.95	Eygló Ósk Gústafsdóttir	Ægir		27.10.2012
Íslandsmet	16:46.95	Eygló Ósk Gústafsdóttir	AEGIR	Hafnarfjoerdur	27.10.2012
Íslandsmet Unglinga	16:46.95	Eygló Ósk Gústafsdóttir	AEGIR	Hafnarfjoerdur	27.10.2012
Íslandsmet Aldursflokka	17:02.31	Freyja Birkisdóttir	UBK	Hafnarfjoerdur	14.11.2021

EM : 16:53.11 / ÍM Opinn: 20:46.18; - 18: 21:08.04

Stig: FINA 2021

Sæti			F.ár				Tími	Stig
1.	Ásdís Steindórsdóttir		09	Breiðablik			<b>17:35.70</b>	657 ÍM
	100m: 1:05.59	1:05.59	500m: 5:50.06	1:11.30	900m: 10:33.45	1:10.85	1300m: 15:16.63	1:10.68
	200m: 2:16.46	1:10.87	600m: 7:00.91	1:10.85	1000m: 11:44.58	1:11.13	1400m: 16:27.44	1:10.81
	300m: 3:27.89	1:11.43	700m: 8:11.97	1:11.06	1100m: 12:54.97	1:10.39	1500m: 17:35.70	1:08.26
	400m: 4:38.76	1:10.87	800m: 9:22.60	1:10.63	1200m: 14:05.95	1:10.98		
2.	Guðrún Ísold Harðardóttir		11	Breiðablik			<b>19:32.20</b>	480 ÍM
	100m: 1:12.23	1:12.23	500m: 6:26.94	1:18.97	900m: 11:42.87	1:18.89	1300m: 16:58.77	1:19.40
	200m: 2:30.34	1:18.11	600m: 7:45.79	1:18.85	1000m: 13:01.53	1:18.66	1400m: 18:16.96	1:18.19
	300m: 3:48.84	1:18.50	700m: 9:04.96	1:19.17	1100m: 14:20.20	1:18.67	1500m: 19:32.20	1:15.24
	400m: 5:07.97	1:19.13	800m: 10:23.98	1:19.02	1200m: 15:39.37	1:19.17		
3.	Natalía Eir Curtis		10	Ármann			<b>19:37.07</b>	474 ÍM
	100m: 1:14.73	1:14.73	500m: 6:35.10	1:20.29	900m: 11:50.85	1:18.00	1300m: 17:04.06	1:18.68
	200m: 2:35.22	1:20.49	600m: 7:54.69	1:19.59	1000m: 13:08.95	1:18.10	1400m: 18:21.56	1:17.50
	300m: 3:55.12	1:19.90	700m: 9:14.25	1:19.56	1100m: 14:27.07	1:18.12	1500m: 19:37.07	1:15.51
	400m: 5:14.81	1:19.69	800m: 10:32.85	1:18.60	1200m: 15:45.38	1:18.31		
4.	Þorgerður Freyja Helgadóttir		11	Breiðablik			<b>20:09.63</b>	437 ÍM
	100m: 1:14.87	1:14.87	500m: 6:41.80	1:21.77	900m: 12:07.34	1:20.93	1300m: 17:30.61	1:21.07
	200m: 2:36.23	1:21.36	600m: 8:03.57	1:21.77	1000m: 13:27.63	1:20.29	1400m: 18:51.75	1:21.14
	300m: 3:58.02	1:21.79	700m: 9:24.96	1:21.39	1100m: 14:48.23	1:20.60	1500m: 20:09.63	1:17.88
	400m: 5:20.03	1:22.01	800m: 10:46.41	1:21.45	1200m: 16:09.54	1:21.31		
5.	Guðbjörg Helga Hilmarsdóttir		11	Breiðablik			<b>20:21.58</b>	424 ÍM
	100m: 1:13.73	1:13.73	500m: 6:43.19	1:23.10	900m: 12:13.28	1:22.76	1300m: 17:43.66	1:23.34
	200m: 2:35.67	1:21.94	600m: 8:05.43	1:22.24	1000m: 13:36.41	1:23.13	1400m: 19:04.05	1:20.39
	300m: 3:58.05	1:22.38	700m: 9:28.30	1:22.87	1100m: 14:58.57	1:22.16	1500m: 20:21.58	1:17.53
	400m: 5:20.09	1:22.04	800m: 10:50.52	1:22.22	1200m: 16:20.32	1:21.75		
6.	Lilja Rakel Hannesdóttir Bridde		11	Breiðablik			<b>20:38.39</b>	407 ÍM
	100m: 1:14.01	1:14.01	500m: 6:42.88	1:23.00	900m: 12:16.23	1:23.24	1300m: 17:53.12	1:23.40
	200m: 2:35.39	1:21.38	600m: 8:05.80	1:22.92	1000m: 13:40.58	1:24.35	1400m: 19:17.25	1:24.13
	300m: 3:57.61	1:22.22	700m: 9:29.89	1:24.09	1100m: 15:05.02	1:24.44	1500m: 20:38.39	1:21.14
	400m: 5:19.88	1:22.27	800m: 10:52.99	1:23.10	1200m: 16:29.72	1:24.70		
7.	Gabriela Róza Bondarow		10	Ármann			<b>21:57.98</b>	337
	100m: 1:21.56	1:21.56	500m: 7:21.26	1:30.03	900m: 13:15.90	1:27.16	1300m: 19:08.58	1:28.34
	200m: 2:50.91	1:29.35	600m: 8:51.77	1:30.51	1000m: 14:43.72	1:27.82	1400m: 20:35.39	1:26.81
	300m: 4:21.05	1:30.14	700m: 10:21.84	1:30.07	1100m: 16:11.89	1:28.17	1500m: 21:57.98	1:22.59
	400m: 5:51.23	1:30.18	800m: 11:48.74	1:26.90	1200m: 17:40.24	1:28.35		