

Sundgrein 13

kvenna, 400m fjórsund

Opinn

21.10.2023 - 16:00

Úrslitalistar

| | | | | | |
|-------------------------|---------|---------------------------|-------|----------------|------------|
| Mótsmet | 4:53.22 | Inga Elín Cryer | ÍA | | 31.10.2009 |
| Íslandsmet | 4:43.56 | Hrafnhildur Luthersdóttir | SH | Hafnarfjordur | 15.11.2015 |
| Íslandsmet Unglinga | 4:46.36 | Eygló Ósk Gústafsdóttir | AEGIR | Hafnarfjordur | 24.11.2013 |
| Íslandsmet Aldursflokka | 4:53.67 | Ólöf Edda Eðvarðsdóttir | IRB | Laugardalslaug | 10.12.2011 |

EM : 4:48.31 / NM-B 18 +: 4:55.58; 14 - 17: 5:02.37 / ÍM Opinn: 5:51.69; - 18: 5:57.86

Stig: FINA 2021

| Sæti | | | | | F.ár | | | | | Tími | Stig | |
|------|---------------------------------|---------|-------|-------|---------|-------------------|-------|---------|-------|----------------|---------|-------|
| 1. | Eva Margrét Falsdóttir | | | | 05 | ÍRB | | | | 4:53.46 | 686 NM | |
| | 50m: | 30.91 | 30.91 | 150m: | 1:44.83 | 38.29 | 250m: | 3:03.74 | 40.65 | 350m: | 4:19.93 | 35.20 |
| | 100m: | 1:06.54 | 35.63 | 200m: | 2:23.09 | 38.26 | 300m: | 3:44.73 | 40.99 | 400m: | 4:53.46 | 33.53 |
| 2. | Freyja Birkisdóttir | | | | 06 | Breiðablik | | | | 4:58.71 | 651 NMA | |
| | 50m: | 32.42 | 32.42 | 150m: | 1:50.23 | 39.69 | 250m: | 3:09.67 | 40.45 | 350m: | 4:25.20 | 34.36 |
| | 100m: | 1:10.54 | 38.12 | 200m: | 2:29.22 | 38.99 | 300m: | 3:50.84 | 41.17 | 400m: | 4:58.71 | 33.51 |
| 3. | Katja Lilja Andriyasdóttir | | | | 06 | SH | | | | 5:01.34 | 634 NM | |
| | 50m: | 31.94 | 31.94 | 150m: | 1:50.56 | 41.22 | 250m: | 3:11.58 | 42.63 | 350m: | 4:28.32 | 34.72 |
| | 100m: | 1:09.34 | 37.40 | 200m: | 2:28.95 | 38.39 | 300m: | 3:53.60 | 42.02 | 400m: | 5:01.34 | 33.02 |
| 4. | Sunna Arnfinnsdóttir | | | | 07 | ÍA | | | | 5:04.81 | 613 ÍM | |
| | 50m: | 33.34 | 33.34 | 150m: | 1:51.06 | 39.04 | 250m: | 3:13.70 | 43.29 | 350m: | 4:32.17 | 35.19 |
| | 100m: | 1:12.02 | 38.68 | 200m: | 2:30.41 | 39.35 | 300m: | 3:56.98 | 43.28 | 400m: | 5:04.81 | 32.64 |
| 5. | Sunneva Bergmann Ásbjornsdóttir | | | | 07 | ÍRB | | | | 5:04.85 | 612 ÍM | |
| | 50m: | 32.56 | 32.56 | 150m: | 1:50.35 | 39.04 | 250m: | 3:11.76 | 43.39 | 350m: | 4:31.31 | 35.53 |
| | 100m: | 1:11.31 | 38.75 | 200m: | 2:28.37 | 38.02 | 300m: | 3:55.78 | 44.02 | 400m: | 5:04.85 | 33.54 |
| 6. | Sólveig Freyja Hákonardóttir | | | | 09 | Breiðablik | | | | 5:11.78 | 572 ÍM | |
| | 50m: | 33.36 | 33.36 | 150m: | 1:53.92 | 41.97 | 250m: | 3:18.47 | 44.51 | 350m: | 4:38.50 | 35.20 |
| | 100m: | 1:11.95 | 38.59 | 200m: | 2:33.96 | 40.04 | 300m: | 4:03.30 | 44.83 | 400m: | 5:11.78 | 33.28 |
| 7. | Adriana Agnes Derti | | | | 10 | ÍRB | | | | 5:33.58 | 467 ÍM | |
| | 50m: | 34.72 | 34.72 | 150m: | 1:57.17 | 42.03 | 250m: | 3:28.86 | 49.94 | 350m: | 4:57.51 | 37.92 |
| | 100m: | 1:15.14 | 40.42 | 200m: | 2:38.92 | 41.75 | 300m: | 4:19.59 | 50.73 | 400m: | 5:33.58 | 36.07 |
| 8. | Guðrún Ísold Harðardóttir | | | | 11 | Breiðablik | | | | 5:48.31 | 410 ÍM | |
| | 50m: | 41.66 | 41.66 | 150m: | 2:15.98 | 44.21 | 250m: | 3:47.29 | 46.89 | 350m: | 5:12.13 | 37.48 |
| | 100m: | 1:31.77 | 50.11 | 200m: | 3:00.40 | 44.42 | 300m: | 4:34.65 | 47.36 | 400m: | 5:48.31 | 36.18 |
| 9. | Natalía Eir Curtis | | | | 10 | Ármann | | | | 5:49.21 | 407 ÍM | |
| | 50m: | 39.91 | 39.91 | 150m: | 2:10.95 | 43.55 | 250m: | 3:44.19 | 50.42 | 350m: | 5:12.84 | 37.63 |
| | 100m: | 1:27.40 | 47.49 | 200m: | 2:53.77 | 42.82 | 300m: | 4:35.21 | 51.02 | 400m: | 5:49.21 | 36.37 |
| 10. | Íris Ásta Magnúsdóttir | | | | 11 | Breiðablik | | | | 5:52.07 | 397 ÍM | |
| | 50m: | 38.78 | 38.78 | 150m: | 2:06.29 | 41.97 | 250m: | 3:40.20 | 51.34 | 350m: | 5:12.44 | 40.94 |
| | 100m: | 1:24.32 | 45.54 | 200m: | 2:48.86 | 42.57 | 300m: | 4:31.50 | 51.30 | 400m: | 5:52.07 | 39.63 |
| 11. | Álfrún Lóa Jónsdóttir | | | | 10 | Sunddeild Fjölnis | | | | 5:55.73 | 385 ÍM | |
| | 50m: | 39.91 | 39.91 | 150m: | 2:19.19 | 46.94 | 250m: | 3:51.13 | 46.56 | 350m: | 5:18.09 | 39.61 |
| | 100m: | 1:32.25 | 52.34 | 200m: | 3:04.57 | 45.38 | 300m: | 4:38.48 | 47.35 | 400m: | 5:55.73 | 37.64 |
| 12. | Katrín Ísold Gunnsteinsdóttir | | | | 10 | Ármann | | | | 6:03.45 | 361 | |
| | 50m: | 42.49 | 42.49 | 150m: | 2:16.94 | 44.31 | 250m: | 3:52.25 | 50.92 | 350m: | 5:24.82 | 41.31 |
| | 100m: | 1:32.63 | 50.14 | 200m: | 3:01.33 | 44.39 | 300m: | 4:43.51 | 51.26 | 400m: | 6:03.45 | 38.63 |
| 13. | Ísabella Jóhannsdóttir | | | | 10 | Óðinn | | | | 6:03.94 | 360 | |
| | 50m: | 39.93 | 39.93 | 150m: | 2:17.37 | 50.26 | 250m: | 3:54.53 | 47.78 | 350m: | 5:24.89 | 41.18 |
| | 100m: | 1:27.11 | 47.18 | 200m: | 3:06.75 | 49.38 | 300m: | 4:43.71 | 49.18 | 400m: | 6:03.94 | 39.05 |
| 14. | Þeodís Styrmsdóttir | | | | 11 | Breiðablik | | | | 6:22.54 | 310 * | |
| | 50m: | 45.43 | 45.43 | 150m: | 2:26.08 | 47.97 | 250m: | 4:05.14 | 51.62 | 350m: | 5:41.26 | 42.96 |
| | 100m: | 1:38.11 | 52.68 | 200m: | 3:13.52 | 47.44 | 300m: | 4:58.30 | 53.16 | 400m: | 6:22.54 | 41.28 |

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| Sæti | F.ár | | | | | | Tími | Stig | | | | |
|------|---|---------|-------|-------|---------|-------|----------------|---------|-------|-------|---------|-------|
| ÓG. | Þorgerður Freyja Helgadóttir | | | | | | 6:04.61 | | | | | |
| | <i>6.4 - Keppendai ekki kominn í bakstöðu þegar spyrnt er frá bakka</i> | | | | | | | | | | | |
| | 50m: | 39.72 | 39.72 | 150m: | 2:13.99 | 45.71 | 250m: | 3:52.31 | 53.31 | 350m: | 5:24.88 | 40.48 |
| | 100m: | 1:28.28 | 48.56 | 200m: | 2:59.00 | 45.01 | 300m: | 4:44.40 | 52.09 | 400m: | 6:04.61 | 39.73 |