



RZO: Regionale Sommermeisterschaften 2024
Winterthur, 22. - 23.6.2024

Wettkampf 37

23.06.2024 - 16:02

Herren, 400m Lagen

Sponsor: Edelmann Metallbau AG

allg. Kategorie

Rangliste

Record SUI	4:12.86	DESPLANCHES Jérémy	GEN	Rennes (FRA)	16.04.2019
Record RZO	4:22.28	RÜEGG Sinan	LIMM	Uster	26.03.2022

Rang	Jg.	RT	Zeit	100m	200m	300m	400m	
14 Jahre und jünger								
1.	YOTSUMOTO Yuuki	10	5:15.52	1:13.46	1:23.84	1:28.07	1:10.15	
	50m: 34.03	34.03	150m: 1:56.10	42.64	250m: 3:21.43	44.13	350m: 4:41.03	35.66
	100m: 1:13.46	39.43	200m: 2:37.30	41.20	300m: 4:05.37	43.94	400m: 5:15.52	34.49
2.	BAUMANN Matteo	10	5:18.41	1:10.12	1:24.23	1:34.34	1:09.72	
	50m: 31.79	31.79	150m: 1:53.59	43.47	250m: 3:21.08	46.73	350m: 4:45.05	36.36
	100m: 1:10.12	38.33	200m: 2:34.35	40.76	300m: 4:08.69	47.61	400m: 5:18.41	33.36
3.	FELD Flurin	10	5:26.32	1:15.05	1:30.80	1:26.19	1:14.28	
	50m: 34.66	34.66	150m: 2:01.82	46.77	250m: 3:29.26	43.41	350m: 4:50.41	38.37
	100m: 1:15.05	40.39	200m: 2:45.85	44.03	300m: 4:12.04	42.78	400m: 5:26.32	35.91
4.	LUKAC Nicola	10	5:27.16	1:16.76	1:25.18	1:34.23	1:10.99	
	50m: 33.94	33.94	150m: 2:00.24	43.48	250m: 3:28.45	46.51	350m: 4:53.10	36.93
	100m: 1:16.76	42.82	200m: 2:41.94	41.70	300m: 4:16.17	47.72	400m: 5:27.16	34.06
5.	UMEBOLU Colin	12	5:27.31	1:14.19	1:25.44	1:34.62	1:13.06	
	50m: 33.40	33.40	150m: 1:57.25	43.06	250m: 3:26.53	46.90	350m: 4:52.05	37.80
	100m: 1:14.19	40.79	200m: 2:39.63	42.38	300m: 4:14.25	47.72	400m: 5:27.31	35.26
6.	WÜST Julius	11	5:33.29	1:19.52	1:28.32	1:29.84	1:15.61	
	50m: 35.86	35.86	150m: 2:04.72	45.20	250m: 3:32.80	44.96	350m: 4:55.51	37.83
	100m: 1:19.52	43.66	200m: 2:47.84	43.12	300m: 4:17.68	44.88	400m: 5:33.29	37.78
7.	FREI Lars	11	5:38.54	1:20.87	1:29.24	1:35.51	1:12.92	
	50m: 36.29	36.29	150m: 2:06.01	45.14	250m: 3:37.59	47.48	350m: 5:03.53	37.91
	100m: 1:20.87	44.58	200m: 2:50.11	44.10	300m: 4:25.62	48.03	400m: 5:38.54	35.01
8.	BOTRUGNO Gabriel	10	5:39.74	1:18.09	1:29.75	1:37.08	1:14.82	
	50m: 35.63	35.63	150m: 2:04.66	46.57	250m: 3:36.53	48.69	350m: 5:02.75	37.83
	100m: 1:18.09	42.46	200m: 2:47.84	43.18	300m: 4:24.92	48.39	400m: 5:39.74	36.99
9.	KRIEG Quentin	10	5:40.19	1:14.26	1:31.89	1:34.93	1:19.11	
	50m: 34.23	34.23	150m: 2:00.10	45.84	250m: 3:32.01	45.86	350m: 5:01.39	40.31
	100m: 1:14.26	40.03	200m: 2:46.15	46.05	300m: 4:21.08	49.07	400m: 5:40.19	38.80
10.	TANG Owen	10	5:52.79	1:20.18	1:31.02	1:44.08	1:17.51	
	50m: 35.68	35.68	150m: 2:10.03	49.85	250m: 3:43.48	52.28	350m: 5:15.79	40.51
	100m: 1:20.18	44.50	200m: 2:51.20	41.17	300m: 4:35.28	51.80	400m: 5:52.79	37.00
11.	BROUWERS Tys	10	5:56.61	1:26.29	1:29.59	1:42.14	1:18.59	
	50m: 38.46	38.46	150m: 2:12.01	45.72	250m: 3:46.70	50.82	350m: 5:18.15	40.13
	100m: 1:26.29	47.83	200m: 2:55.88	43.87	300m: 4:38.02	51.32	400m: 5:56.61	38.46
12.	BRUHIN Raphael	12	5:56.74	1:26.94	1:33.65	1:39.94	1:16.21	
	50m: 38.62	38.62	150m: 2:13.94	47.00	250m: 3:51.16	50.57	350m: 5:19.36	38.83
	100m: 1:26.94	48.32	200m: 3:00.59	46.65	300m: 4:40.53	49.37	400m: 5:56.74	37.38
13.	BRUHIN Jael	12	5:58.76	1:31.81	1:30.62	1:40.34	1:15.99	
	50m: 41.11	41.11	150m: 2:17.63	45.82	250m: 3:51.68	49.25	350m: 5:21.05	38.28
	100m: 1:31.81	50.70	200m: 3:02.43	44.80	300m: 4:42.77	51.09	400m: 5:58.76	37.71
14.	MINAKOV Alexey	12	6:00.54	1:21.25	1:37.39	1:41.71	1:20.19	
	50m: 37.38	37.38	150m: 2:10.76	49.51	250m: 3:49.31	50.67	350m: 5:21.28	40.93
	100m: 1:21.25	43.87	200m: 2:58.64	47.88	300m: 4:40.35	51.04	400m: 6:00.54	39.26
15.	GYGAX Tony	11	6:07.96	1:23.63	1:31.00	1:51.61	1:21.72	
	50m: 37.88	37.88	150m: 2:09.48	45.85	250m: 3:52.27	57.64	350m: 5:29.13	42.89
	100m: 1:23.63	45.75	200m: 2:54.63	45.15	300m: 4:46.24	53.97	400m: 6:07.96	38.83
16.	METZGER Liun	10	6:08.45	1:38.82	1:30.86	1:39.43	1:19.34	
	50m: 44.66	44.66	150m: 2:25.11	46.29	250m: 3:58.20	48.52	350m: 5:29.69	40.58
	100m: 1:38.82	54.16	200m: 3:09.68	44.57	300m: 4:49.11	50.91	400m: 6:08.45	38.76
17.	WARTMANN Mike	12	6:08.65	1:34.53	1:32.73	1:40.17	1:21.22	
	50m: 43.73	43.73	150m: 2:22.41	47.88	250m: 3:57.28	50.02	350m: 5:29.56	42.13
	100m: 1:34.53	50.80	200m: 3:07.26	44.85	300m: 4:47.43	50.15	400m: 6:08.65	39.09



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Wettkampf 37, Knaben, 400m Lagen, 14 Jahre und jünger

Rang	Jg.	RT	Zeit	100m	200m	300m	400m		
18.	ITEN Benjamin	14	6:14.60	1:28.12	1:34.32	1:52.00	1:20.16		
	50m: 41.53	41.53	150m: 2:16.23	48.11	250m: 3:58.19	55.75	350m: 5:35.75	41.31	
	100m: 1:28.12	46.59	200m: 3:02.44	46.21	300m: 4:54.44	56.25	400m: 6:14.60	38.85	
19.	TIEMESSEN Aidan	11	6:16.30	1:32.14	1:41.17	1:40.07	1:22.92		
	50m: 40.12	40.12	150m: 2:22.94	50.80	250m: 4:01.72	48.41	350m: 5:34.90	41.52	
	100m: 1:32.14	52.02	200m: 3:13.31	50.37	300m: 4:53.38	51.66	400m: 6:16.30	41.40	
20.	TEEPE Mattis	13	6:26.90	1:36.03	1:36.79	1:55.10	1:18.98		
	50m: 43.04	43.04	150m: 2:26.41	50.38	250m: 4:10.36	57.54	350m: 5:49.54	41.62	
	100m: 1:36.03	52.99	200m: 3:12.82	46.41	300m: 5:07.92	57.56	400m: 6:26.90	37.36	
21.	HEITMANN Oskar	12	6:29.47	1:30.91	1:30.58	2:01.46	1:26.52		
	50m: 41.16	41.16	150m: 2:16.26	45.35	250m: 4:02.13	1:00.64	350m: 5:47.36	44.41	
	100m: 1:30.91	49.75	200m: 3:01.49	45.23	300m: 5:02.95	1:00.82	400m: 6:29.47	42.11	
disq.	TEEPE Silas	10	6:37.45	1:40.11	1:41.57	1:49.30	1:26.47		
	<i>404 - Nicht in Rückenlage angeschlagen (Ziel) (Zeit: 16:18)</i>								
	50m: 43.94	43.94	150m: 2:31.31	51.20	250m: 4:16.25	54.57	350m: 5:54.68	43.70	
	100m: 1:40.11	56.17	200m: 3:21.68	50.37	300m: 5:10.98	54.73	400m: 6:37.45	42.77	

15 - 16 Jahre

1.	KELLY Simon	09	4:49.86	1:04.61	1:18.50	1:19.33	1:07.42		
	50m: 29.60	29.60	150m: 1:45.14	40.53	250m: 3:03.61	40.50	350m: 4:18.63	36.19	
	100m: 1:04.61	35.01	200m: 2:23.11	37.97	300m: 3:42.44	38.83	400m: 4:49.86	31.23	
2.	RYKOV Vladyslav	08	4:53.31	1:05.41	1:17.63	1:27.85	1:02.42		
	50m: 30.25	30.25	150m: 1:44.49	39.08	250m: 3:07.57	44.53	350m: 4:22.87	31.98	
	100m: 1:05.41	35.16	200m: 2:23.04	38.55	300m: 3:50.89	43.32	400m: 4:53.31	30.44	
3.	WÜST Linus	09	5:00.87	1:07.65	1:23.16	1:21.88	1:08.18		
	50m: 30.92	30.92	150m: 1:50.14	42.49	250m: 3:11.19	40.38	350m: 4:28.04	35.35	
	100m: 1:07.65	36.73	200m: 2:30.81	40.67	300m: 3:52.69	41.50	400m: 5:00.87	32.83	
4.	MAZZARELLA Giacomo	08	5:09.32	1:09.94	1:22.29	1:26.70	1:10.39		
	50m: 32.92	32.92	150m: 1:51.42	41.48	250m: 3:15.11	42.88	350m: 4:34.76	35.83	
	100m: 1:09.94	37.02	200m: 2:32.23	40.81	300m: 3:58.93	43.82	400m: 5:09.32	34.56	
5.	SOKOLOVSKIY Platon	08	5:13.39	1:12.56	1:23.98	1:25.51	1:11.34		
	50m: 33.02	33.02	150m: 1:55.72	43.16	250m: 3:18.64	42.10	350m: 4:38.93	36.88	
	100m: 1:12.56	39.54	200m: 2:36.54	40.82	300m: 4:02.05	43.41	400m: 5:13.39	34.46	
6.	TCHOUGA Harris	08	5:15.76	1:12.38	1:24.27	1:31.53	1:07.58		
	50m: 33.08	33.08	150m: 1:54.29	41.91	250m: 3:21.78	45.13	350m: 4:43.17	34.99	
	100m: 1:12.38	39.30	200m: 2:36.65	42.36	300m: 4:08.18	46.40	400m: 5:15.76	32.59	