

RZO: Regionale Sommermeisterschaften 2024
Winterthur, 22. - 23.6.2024

Wettkampf 36
23.06.2024 - 15:35

Damen, 400m Lagen
Sponsor: ZKS

allg. Kategorie
Rangliste

Record SUI	4:45.12	VAN BERKEL Martina Eva	LIMM	Rio (BRA)	06.08.2016
Record RZO	4:45.12	VAN BERKEL Martina Eva	LIMM	Rio (BRA)	06.08.2016

Rang	Jg.	RT	Zeit	100m	200m	300m	400m	
14 Jahre und jünger								
1.	ZDRAHAL Liel	10	5:23.07	1:11.47	1:25.43	1:29.56	1:16.61	
	50m: 33.84 33.84	150m: 1:54.91 43.44	250m: 3:20.62 43.72	350m: 4:45.66 39.20				
	100m: 1:11.47 37.63	200m: 2:36.90 41.99	300m: 4:06.46 45.84	400m: 5:23.07 37.41				
2.	ARGANESE Martina	10	5:25.80	1:10.25	1:29.67	1:35.41	1:10.47	
	50m: 33.11 33.11	150m: 1:54.96 44.71	250m: 3:27.42 47.50	350m: 4:50.93 35.60				
	100m: 1:10.25 37.14	200m: 2:39.92 44.96	300m: 4:15.33 47.91	400m: 5:25.80 34.87				
3.	CEBIC Andrea	11	5:29.68	1:16.02	1:23.82	1:37.48	1:12.36	
	50m: 34.41 34.41	150m: 1:59.11 43.09	250m: 3:26.97 47.13	350m: 4:53.90 36.58				
	100m: 1:16.02 41.61	200m: 2:39.84 40.73	300m: 4:17.32 50.35	400m: 5:29.68 35.78				
4.	BERNARDON Anna	11	5:39.81	1:22.12	1:26.51	1:34.40	1:16.78	
	50m: 37.66 37.66	150m: 2:06.18 44.06	250m: 3:35.41 46.78	350m: 5:02.01 38.98				
	100m: 1:22.12 44.46	200m: 2:48.63 42.45	300m: 4:23.03 47.62	400m: 5:39.81 37.80				
5.	TALLET Sienna	11	5:42.47	1:21.48	1:25.06	1:38.22	1:17.71	
	50m: 36.78 36.78	150m: 2:04.74 43.26	250m: 3:35.59 49.05	350m: 5:04.29 39.53				
	100m: 1:21.48 44.70	200m: 2:46.54 41.80	300m: 4:24.76 49.17	400m: 5:42.47 38.18				
6.	TALLET Dakota	10	5:47.50	1:22.03	1:28.27	1:42.02	1:15.18	
	50m: 35.90 35.90	150m: 2:07.37 45.34	250m: 3:40.91 50.61	350m: 5:11.41 39.09				
	100m: 1:22.03 46.13	200m: 2:50.30 42.93	300m: 4:32.32 51.41	400m: 5:47.50 36.09				
7.	GYGER Janine	10	5:50.67	1:20.62	1:30.80	1:36.36	1:22.89	
	50m: 36.36 36.36	150m: 2:05.86 45.24	250m: 3:37.82 46.40	350m: 5:09.61 41.83				
	100m: 1:20.62 44.26	200m: 2:51.42 45.56	300m: 4:27.78 49.96	400m: 5:50.67 41.06				
8.	WHEELER Ruby	10	5:52.61	1:26.54	1:30.51	1:37.18	1:18.38	
	50m: 39.58 39.58	150m: 2:12.44 45.90	250m: 3:44.41 47.36	350m: 5:15.45 41.22				
	100m: 1:26.54 46.96	200m: 2:57.05 44.61	300m: 4:34.23 49.82	400m: 5:52.61 37.16				
9.	DÜRLER Selina	11	5:52.70	1:22.14	1:31.23	1:43.30	1:16.03	
	50m: 36.51 36.51	150m: 2:09.32 47.18	250m: 3:44.72 51.35	350m: 5:16.02 39.35				
	100m: 1:22.14 45.63	200m: 2:53.37 44.05	300m: 4:36.67 51.95	400m: 5:52.70 36.68				
10.	LAKHDHER Yara	11	6:09.54	1:23.95	1:42.89	1:40.88	1:21.82	
	50m: 38.10 38.10	150m: 2:16.92 52.97	250m: 3:55.62 48.78	350m: 5:29.00 41.28				
	100m: 1:23.95 45.85	200m: 3:06.84 49.92	300m: 4:47.72 52.10	400m: 6:09.54 40.54				
11.	WÜST Aurelia	13	6:12.27	1:26.77	1:41.38	1:40.40	1:23.72	
	50m: 39.92 39.92	150m: 2:18.57 51.80	250m: 3:58.25 50.10	350m: 5:32.28 43.73				
	100m: 1:26.77 46.85	200m: 3:08.15 49.58	300m: 4:48.55 50.30	400m: 6:12.27 39.99				
12.	LAKHDHER Aliya	12	6:13.90	1:32.60	1:37.13	1:42.88	1:21.29	
	50m: 41.39 41.39	150m: 2:22.47 49.87	250m: 4:00.57 50.84	350m: 5:34.54 41.93				
	100m: 1:32.60 51.21	200m: 3:09.73 47.26	300m: 4:52.61 52.04	400m: 6:13.90 39.36				
13.	DEHM Sophie-Charlotte	13	6:33.63	1:36.50	1:38.63	1:55.07	1:23.43	
	50m: 42.33 42.33	150m: 2:26.58 50.08	250m: 4:12.18 57.05	350m: 5:52.71 42.51				
	100m: 1:36.50 54.17	200m: 3:15.13 48.55	300m: 5:10.20 58.02	400m: 6:33.63 40.92				
14.	SCHWARZ Carolina	12	6:36.79	1:34.59	1:41.90	1:51.59	1:28.71	
	50m: 42.65 42.65	150m: 2:26.83 52.24	250m: 4:12.58 56.09	350m: 5:53.63 45.55				
	100m: 1:34.59 51.94	200m: 3:16.49 49.66	300m: 5:08.08 55.50	400m: 6:36.79 43.16				
15.	RAISIC Sophia Victoria	12	6:50.87	1:32.64	1:48.78	1:51.63	1:37.82	
	50m: 41.42 41.42	150m: 2:28.51 55.87	250m: 4:16.73 55.31	350m: 6:02.54 49.49				
	100m: 1:32.64 51.22	200m: 3:21.42 52.91	300m: 5:13.05 56.32	400m: 6:50.87 48.33				
16.	LÓPEZ LUCENA DE LIMA Lara	13	7:19.19	1:45.77	1:53.33	1:58.56	1:41.53	
	50m: 46.56 46.56	150m: 2:41.88 56.11	250m: 4:37.77 58.67	350m: 6:29.33 51.67				
	100m: 1:45.77 59.21	200m: 3:39.10 57.22	300m: 5:37.66 59.89	400m: 7:19.19 49.86				

RZO: Regionale Sommermeisterschaften 2024
Winterthur, 22. - 23.6.2024

Wettkampf 36, Mädchen, 400m Lagen, 14 Jahre und jünger

Rang	Jg.	RT	Zeit	100m	200m	300m	400m					
disq.	SCHLAKE PINTO Joana	11	6:06.78	1:33.27	1:31.42	1:41.73	1:20.36					
<i>304 - Schwimmen in Bauchlage vor der Wende (Wende 3) (Zeit: 16:05)</i>												
	50m:	42.35	42.35	150m:	2:20.64	47.37	250m:	3:55.96	51.27	350m:	5:27.47	41.05
	100m:	1:33.27	50.92	200m:	3:04.69	44.05	300m:	4:46.42	50.46	400m:	6:06.78	39.31

15 - 16 Jahre

1.	LANG Emma	08	5:22.09	1:09.58	1:26.67	1:32.04	1:13.80					
	50m:	31.90	31.90	150m:	1:54.99	45.41	250m:	3:22.97	46.72	350m:	4:46.98	38.69
	100m:	1:09.58	37.68	200m:	2:36.25	41.26	300m:	4:08.29	45.32	400m:	5:22.09	35.11
2.	SENDUR Elin Julia	09	5:30.20	1:15.71	1:25.88	1:33.80	1:14.81					
	50m:	34.44	34.44	150m:	1:59.36	43.65	250m:	3:27.89	46.30	350m:	4:53.58	38.19
	100m:	1:15.71	41.27	200m:	2:41.59	42.23	300m:	4:15.39	47.50	400m:	5:30.20	36.62
3.	ARNOLD Valérie Marlén	08	5:35.97	1:14.76	1:28.41	1:36.91	1:15.89					
	50m:	34.47	34.47	150m:	1:59.66	44.90	250m:	3:31.84	48.67	350m:	4:58.98	38.90
	100m:	1:14.76	40.29	200m:	2:43.17	43.51	300m:	4:20.08	48.24	400m:	5:35.97	36.99
4.	BAYEVSKY Emily	09	5:37.71	1:19.28	1:31.13	1:28.07	1:19.23					
	50m:	36.50	36.50	150m:	2:06.02	46.74	250m:	3:34.74	44.33	350m:	4:59.88	41.40
	100m:	1:19.28	42.78	200m:	2:50.41	44.39	300m:	4:18.48	43.74	400m:	5:37.71	37.83
5.	AKA Meret	09	5:37.78	1:17.46	1:24.87	1:40.46	1:14.99					
	50m:	35.70	35.70	150m:	2:00.29	42.83	250m:	3:32.46	50.13	350m:	5:01.51	38.72
	100m:	1:17.46	41.76	200m:	2:42.33	42.04	300m:	4:22.79	50.33	400m:	5:37.78	36.27
6.	PALMA Giulianita	09	6:00.97	1:23.93	1:35.07	1:39.10	1:22.87					
	50m:	38.44	38.44	150m:	2:13.26	49.33	250m:	3:48.86	49.86	350m:	5:20.40	42.30
	100m:	1:23.93	45.49	200m:	2:59.00	45.74	300m:	4:38.10	49.24	400m:	6:00.97	40.57
disq.	SCHWARZER Ylenia	08	5:36.68	1:15.43	1:27.06	1:38.86	1:15.33					
<i>404 - Nicht in Rückenlage angeschlagen (Ziel) (Zeit: 16:12)</i>												
	50m:	34.60	34.60	150m:	2:00.71	45.28	250m:	3:31.12	48.63	350m:	4:59.96	38.61
	100m:	1:15.43	40.83	200m:	2:42.49	41.78	300m:	4:21.35	50.23	400m:	5:36.68	36.72

17 Jahre und älter

1.	BRUHIN Anina	06	5:16.12	1:11.89	1:21.99	1:32.76	1:09.48					
	50m:	33.64	33.64	150m:	1:54.45	42.56	250m:	3:19.91	46.03	350m:	4:42.08	35.44
	100m:	1:11.89	38.25	200m:	2:33.88	39.43	300m:	4:06.64	46.73	400m:	5:16.12	34.04
2.	ZWICKY Cornelia	01	5:21.15	1:10.24	1:23.17	1:33.97	1:13.77					
	50m:	32.71	32.71	150m:	1:52.78	42.54	250m:	3:20.14	46.73	350m:	4:44.76	37.38
	100m:	1:10.24	37.53	200m:	2:33.41	40.63	300m:	4:07.38	47.24	400m:	5:21.15	36.39