



Campeonato Nacional de Categorias - LC - 2023-2024
Luanda, 29 - 30/6/2024

Prova 432

Masc., 400m Livres

9 anos e mais velhos

30/06/2024 - 16:09

Resultados

Recordes Nac Angola - 50m Open	3:59.10	Pedro Miguel Pinotes	CNIL	Luanda	26/07/2014
Recordes Nac Angola - 50m 18 +	3:59.10	Pedro Miguel Pinotes	CD1A	Luanda	01/04/2014
Recordes Nac Angola - 50m Jun	4:13.08	Henrique Mascarenhas	CNIL	Budapest (HUN)	20/08/2019
Recordes Nac Angola - 50m Juv	4:29.82	Salvador Vieira Gordo	CD1A	Loulé (POR)	14/07/2017
Recordes Nac Angola - 50m Inf	4:50.89	Santiago Rocha Guimaraes	CNIL	Luanda	06/07/2023
Recordes Nac Angola - 50m Cad	5:36.03	Salvador Vieira Gordo	CNIL	Luanda	06/07/2014

CAD Cad: 8:56.72 / INF Inf: 6:55.80 / JUV Juv: 5:54.20 / JUN Jun: 5:25.00 / SEN 18 +: 5:32.32

Pontos: FINA 2024

Lugar	Idade		Tempo final	Pts	100m	200m	300m	400m
Infantis								
1. Kaio Almeida Elias	12	CD1A	5:45.20	259	1:24.52	1:30.19	1:28.65	1:21.84
50m:		150m:	250m:		350m:			
100m: 1:24.52		200m: 2:54.71	300m: 4:23.36		400m: 5:45.20			
Juvenis								
1. S. Guimaraes	13	CNIL	4:43.44	468	1:07.64	1:13.15	1:13.36	1:09.29
50m:		150m:	250m:		350m:			
100m: 1:07.64		200m: 2:20.79	300m: 3:34.15		400m: 4:43.44			
2. Oleksander Mario Zhukov	14	CD1A	5:06.57	369	1:14.11	1:18.93	1:19.62	1:13.91
50m:		150m:	250m:		350m:			
100m: 1:14.11		200m: 2:33.04	300m: 3:52.66		400m: 5:06.57			
3. Ricardo Pereira Almeida	14	CNIL	5:25.16	310	1:14.78	1:22.63	1:26.51	1:21.24
50m:		150m:	250m:		350m:			
100m: 1:14.78		200m: 2:37.41	300m: 4:03.92		400m: 5:25.16			
Juniores								
1. David Alberto Padre	15	CNIL	4:32.72	525	1:04.89	1:09.41	1:09.73	1:08.69
50m:		150m:	250m:		350m:			
100m: 1:04.89		200m: 2:14.30	300m: 3:24.03		400m: 4:32.72			
2. Enzo Miguel Anjos	15	CD1A	4:41.43	478	1:06.05	1:10.30	1:14.02	1:11.06
50m:		150m:	250m:		350m:			
100m: 1:06.05		200m: 2:16.35	300m: 3:30.37		400m: 4:41.43			
3. Yano Almeida Elias	16	CD1A	4:48.97	441	1:05.73	1:13.91	1:15.58	1:13.75
50m:		150m:	250m:		350m:			
100m: 1:05.73		200m: 2:19.64	300m: 3:35.22		400m: 4:48.97			
4. G. Sousa	15	CNIL	4:52.05	427	1:06.93	1:14.23	1:15.11	1:15.78
50m:		150m:	250m:		350m:			
100m: 1:06.93		200m: 2:21.16	300m: 3:36.27		400m: 4:52.05			
5. E. Chiocola	16	CD1A	5:06.45	370	1:13.84	1:17.58	1:19.08	1:15.95
50m:		150m:	250m:		350m:			
100m: 1:13.84		200m: 2:31.42	300m: 3:50.50		400m: 5:06.45			
6. Silverio Fernando Manuel	15	CD1A	5:06.86	368	1:11.77	1:18.16	1:19.39	1:17.54
50m:		150m:	250m:		350m:			
100m: 1:11.77		200m: 2:29.93	300m: 3:49.32		400m: 5:06.86			
7. Rildo Asiel Francisco	15	CNIL	5:24.65	311	1:12.20	1:24.79	1:28.28	1:19.38
50m:		150m:	250m:		350m:			
100m: 1:12.20		200m: 2:36.99	300m: 4:05.27		400m: 5:24.65			
Mario Antonio Melo	16	CD1A	NT					
FTL								





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Seniores

Luis Alves Monteiro <i>FTL</i>	18	CNIL	NT
W. Braganca <i>FTL</i>	18	CBL	NT

