



Campeonato Nacional de Categorias - LC - 2023-2024  
Luanda, 29 - 30/6/2024

Prova 323

Masc., 1500m Livres

11 anos e mais velhos

30/06/2024 - 9:29

Resultados

Recordes Nac Angola - 50m Open	16:03.76	Pedro Miguel Pinotes	ANG	Coimbra (POR)	28/03/2013
Recordes Nac Angola - 50m 18 +	16:03.76	Pedro Miguel Pinotes	ANG	Coimbra (POR)	28/03/2013
Recordes Nac Angola - 50m Jun	17:03.61	Henrique Mascarenhas	CNIL	Bristol (GBR)	11/05/2019
Recordes Nac Angola - 50m Juv	18:22.10	Filipe Simões Freitas	CD1A	Setubal (POR)	06/07/2019
Recordes Nac Angola - 50m Inf	19:03.65	Filipe Simões Freitas	CD1A	S.João da Madeira (POR)	20/07/2018

INF Inf: 29:33.20 / JUV Juv: 25:16.80 / JUN Jun: 23:24.00 / SEN 18 +: 24:11.28

Pontos: FINA 2024

Posição	Nome	Idade	Nação	Clube	Tempo Inscrição	Tempo Final	Pts FINA
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Juvenis

1.	Santiago Rocha Guimaraes	13	ANG	CNIL	20:07.78	<b>19:58.83</b>	383
	100m: 1:12.34 1:12.34	500m: 6:34.59 1:22.17	900m: 12:02.38 1:21.90	1300m: 17:27.66 1:17.84			
	200m: 2:29.98 1:17.64	600m: 7:56.47 1:21.88	1000m: 13:25.36 1:22.98	1400m: 18:47.35 1:19.69			
	300m: 3:50.43 1:20.45	700m: 9:19.09 1:22.62	1100m: 14:49.05 1:23.69	1500m: 19:58.83 1:11.48			
	400m: 5:12.42 1:21.99	800m: 10:40.48 1:21.39	1200m: 16:09.82 1:20.77				

Juniores

1.	David Alberto Padre	15	ANG	CNIL	18:09.66	<b>18:37.49</b>	473
	100m: 1:08.17 1:08.17	500m: 6:05.05 1:14.61	900m: 11:07.20 1:15.58	1300m: 16:10.52 1:15.90			
	200m: 2:21.93 1:13.76	600m: 7:20.50 1:15.45	1000m: 12:22.44 1:15.24	1400m: 17:25.60 1:15.08			
	300m: 3:35.99 1:14.06	700m: 8:35.66 1:15.16	1100m: 13:38.38 1:15.94	1500m: 18:37.49 1:11.89			
	400m: 4:50.44 1:14.45	800m: 9:51.62 1:15.96	1200m: 14:54.62 1:16.24				
2.	Yano Almeida Elias	16	ANG	CD1A	18:53.99	<b>19:43.16</b>	398
	100m: 1:07.94 1:07.94	500m: 6:16.03 1:19.20	900m: 11:39.01 1:21.74	1300m: 17:07.86 1:20.67			
	200m: 2:22.46 1:14.52	600m: 7:35.16 1:19.13	1000m: 13:02.17 1:23.16	1400m: 18:27.27 1:19.41			
	300m: 3:39.90 1:17.44	700m: 8:56.37 1:21.21	1100m: 14:24.50 1:22.33	1500m: 19:43.16 1:15.89			
	400m: 4:56.83 1:16.93	800m: 10:17.27 1:20.90	1200m: 15:47.19 1:22.69				
3.	Silverio Fernando Manuel	15	ANG	CD1A	20:45.78	<b>21:00.80</b>	329
	100m: 1:15.22 1:15.22	500m: 6:44.64 1:23.62	900m: 12:22.49 1:25.02	1300m: 18:08.63 1:27.31			
	200m: 2:36.15 1:20.93	600m: 8:08.89 1:24.25	1000m: 13:47.86 1:25.37	1400m: 19:36.17 1:27.54			
	300m: 3:58.26 1:22.11	700m: 9:32.87 1:23.98	1100m: 15:14.60 1:26.74	1500m: 21:00.80 1:24.63			
	400m: 5:21.02 1:22.76	800m: 10:57.47 1:24.60	1200m: 16:41.32 1:26.72				
4.	Mario Antonio Melo	16	ANG	CD1A	20:43.83	<b>21:01.68</b>	329
	100m: 1:16.52 1:16.52	500m: 6:54.80 1:25.22	900m: 12:33.00 1:24.70	1300m: 18:15.49 1:26.46			
	200m: 2:40.73 1:24.21	600m: 8:19.81 1:25.01	1000m: 13:58.67 1:25.67	1400m: 19:40.98 1:25.49			
	300m: 4:05.10 1:24.37	700m: 9:43.91 1:24.10	1100m: 15:24.34 1:25.67	1500m: 21:01.68 1:20.70			
	400m: 5:29.58 1:24.48	800m: 11:08.30 1:24.39	1200m: 16:49.03 1:24.69				
5.	Rildo Asiel Francisco	15	ANG	CNIL	21:35.59	<b>22:17.21</b>	276
	100m: 1:13.33 1:13.33	500m: 7:11.58 1:32.71	900m: 13:21.26 1:32.66	1300m: 19:26.60 1:29.70			
	200m: 2:35.58 1:22.25	600m: 8:43.65 1:32.07	1000m: 14:53.21 1:31.95	1400m: 20:54.80 1:28.20			
	300m: 4:04.17 1:28.59	700m: 10:15.95 1:32.30	1100m: 16:28.34 1:35.13	1500m: 22:17.21 1:22.41			
	400m: 5:38.87 1:34.70	800m: 11:48.60 1:32.65	1200m: 17:56.90 1:28.56				

Seniores

1.	Pedro Calei Barroso	18	ANG	CNIL	22:37.16	<b>22:10.85</b>	280
	100m: 1:17.15 1:17.15	500m: 7:13.77 1:29.91	900m: 13:18.14 1:30.97	1300m: 19:18.95 1:28.88			
	200m: 2:44.98 1:27.83	600m: 8:45.34 1:31.57	1000m: 14:48.38 1:30.24	1400m: 20:46.59 1:27.64			
	300m: 4:13.87 1:28.89	700m: 10:16.49 1:31.15	1100m: 16:19.48 1:31.10	1500m: 22:10.85 1:24.26			
	400m: 5:43.86 1:29.99	800m: 11:47.17 1:30.68	1200m: 17:50.07 1:30.59				
2.	Luis Alves Monteiro	18	ANG	CNIL	22:09.61	<b>22:40.02</b>	262
	100m: 1:17.88 1:17.88	500m: 7:16.72 1:31.65	900m: 13:27.10 1:33.33	1300m: 19:39.96 1:33.14			
	200m: 2:44.50 1:26.62	600m: 8:48.67 1:31.95	1000m: 15:00.72 1:33.62	1400m: 21:10.44 1:30.48			
	300m: 4:13.39 1:28.89	700m: 10:20.48 1:31.81	1100m: 16:33.39 1:32.67	1500m: 22:40.02 1:29.58			
	400m: 5:45.07 1:31.68	800m: 11:53.77 1:33.29	1200m: 18:06.82 1:33.43				





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Prova 323, Masc., 1500m Livres, Seniores

Posição	Nome	Idade	Nação	Clube	Tempo Inscrição	Tempo Final	Pts FINA
3.	Wilson Assuncao Braganca	18	ANG	CBL	22:52.99	<b>22:54.54</b>	254
	100m: 1:18.45 1:18.45	500m: 7:30.49	1:34.40	900m: 13:43.67	1:32.68	1300m: 19:54.41	1:32.32
	200m: 2:48.55 1:30.10	600m: 9:04.65	1:34.16	1000m: 15:16.86	1:33.19	1400m: 21:26.49	1:32.08
	300m: 4:22.29 1:33.74	700m: 10:37.85	1:33.20	1100m: 16:49.02	1:32.16	1500m: 22:54.54	1:28.05
	400m: 5:56.09 1:33.80	800m: 12:10.99	1:33.14	1200m: 18:22.09	1:33.07		
	Geovani Francisco Silva	18	ANG	CD1A	23:26.27	<b>NT</b>	
	<i>FTL</i>						

