



Campeonato Nacional de Categorias - LC - 2023-2024  
Luanda, 29 - 30/6/2024

Prova 322

Femin., 800m Livres

11 anos e mais velhos

30/06/2024 - 9:00

Resultados

Recordes Nac Angola - 50m Open	9:44.66	Rafaela Espirito Santo	ANG	Accra (GHA)	13/03/2024
Recordes Nac Angola - 50m 18 +	9:44.66	Rafaela Espirito Santo	ANG	Accra (GHA)	13/03/2024
Recordes Nac Angola - 50m Jun	10:13.28	Yara Alexandra Lima	CD1A	Luanda	29/06/2013
Recordes Nac Angola - 50m Juv	10:11.03	Alexia Jimenez Vieira	IND	Terragona (ESP)	10/07/2022
Recordes Nac Angola - 50m Inf	11:15.70	Rhanya Espirito Santo	CNIL	Luanda	25/06/2022

INF Inf: 14:33.48 / JUV Juv: 12:56.16 / JUN Jun: 12:33.60 / SEN 18 +: 14:11.64

Pontos: FINA 2024

Posição Nome Idade Nação Clube Tempo Inscrição Tempo Final Pts FINA

Infantis

1.	Isis Gabriela Palha	12	ANG	CNIL	11:33.86	<b>11:26.77</b>	351
	100m: 1:19.19 1:19.19	300m: 4:11.25 1:26.62	500m: 7:06.75 1:28.57	700m: 10:02.57 1:27.77	1:27.77		
	200m: 2:44.63 1:25.44	400m: 5:38.18 1:26.93	600m: 8:34.80 1:28.05	800m: 11:26.77 1:24.20	1:24.20		
2.	Carolina Rocha Guimaraes	11	ANG	CNIL	14:18.92	<b>11:59.66</b>	305
	100m: 1:28.54 1:28.54	300m: 4:33.63 1:30.60	500m: 7:35.16 1:30.51	700m: 10:33.43 1:27.57	1:27.57		
	200m: 3:03.03 1:34.49	400m: 6:04.65 1:31.02	600m: 9:05.86 1:30.70	800m: 11:59.66 1:26.23	1:26.23		
3.	Naya Margarida Goncalves	12	ANG	CNIL	13:48.20	<b>13:31.55</b>	213
	100m: 1:36.57 1:36.57	300m: 5:01.69 1:42.75	500m: 8:31.17 1:44.29	700m: 11:56.91 1:41.81	1:41.81		
	200m: 3:18.94 1:42.37	400m: 6:46.88 1:45.19	600m: 10:15.10 1:43.93	800m: 13:31.55 1:34.64	1:34.64		

Juvenis

1.	Rhanya Espirito Santo	14	ANG	CNIL	10:16.36	<b>10:29.13</b>	457
	100m: 1:11.10 1:11.10	300m: 3:51.18 1:20.08	500m: 6:32.01 1:20.98	700m: 9:14.05 1:20.56	1:20.56		
	200m: 2:31.10 1:20.00	400m: 5:11.03 1:19.85	600m: 7:53.49 1:21.48	800m: 10:29.13 1:15.08	1:15.08		
2.	Maria Teresa Parimbelli	13	ITA	CNIL	10:52.76	<b>10:51.20</b>	412
	100m: 1:14.68 1:14.68	300m: 4:00.70 1:23.39	500m: 6:47.88 1:23.91	700m: 9:33.19 1:23.10	1:23.10		
	200m: 2:37.31 1:22.63	400m: 5:23.97 1:23.27	600m: 8:10.09 1:22.21	800m: 10:51.20 1:18.01	1:18.01		
3.	Nelma Tchiveli Janota	14	ANG	CD1A	12:12.06	<b>12:05.08</b>	298
	100m: 1:21.32 1:21.32	300m: 4:26.83 1:33.33	500m: 7:34.54 1:34.30	700m: 10:39.24 1:31.63	1:31.63		
	200m: 2:53.50 1:32.18	400m: 6:00.24 1:33.41	600m: 9:07.61 1:33.07	800m: 12:05.08 1:25.84	1:25.84		
4.	Alpha Leocadia Alberto	14	ANG	IND	12:12.31	<b>12:12.84</b>	289
	100m: 1:23.87 1:23.87	300m: 4:30.18 1:33.84	500m: 7:36.72 1:33.51	700m: 10:44.16 1:33.29	1:33.29		
	200m: 2:56.34 1:32.47	400m: 6:03.21 1:33.03	600m: 9:10.87 1:34.15	800m: 12:12.84 1:28.68	1:28.68		

doente Jovita Graca Pili 14 ANG CD1A 12:39.16

Juniores

1.	Welwitchia Fatima Silva	16	ANG	CNIL	11:03.77	<b>11:12.93</b>	373
	100m: 1:14.28 1:14.28	300m: 4:02.63 1:25.05	500m: 6:54.70 1:26.59	700m: 9:47.41 1:26.29	1:26.29		
	200m: 2:37.58 1:23.30	400m: 5:28.11 1:25.48	600m: 8:21.12 1:26.42	800m: 11:12.93 1:25.52	1:25.52		
2.	Beatriz Conduto Maria	15	POR	CBL	11:36.55	<b>11:21.08</b>	360
	100m: 1:17.70 1:17.70	300m: 4:07.92 1:25.53	500m: 7:01.69 1:27.00	700m: 9:56.65 1:27.12	1:27.12		
	200m: 2:42.39 1:24.69	400m: 5:34.69 1:26.77	600m: 8:29.53 1:27.84	800m: 11:21.08 1:24.43	1:24.43		
3.	Neizla Miguela Santos	15	ANG	CNIL	12:08.10	<b>11:32.36</b>	343
	100m: 1:17.79 1:17.79	300m: 4:09.88 1:26.52	500m: 7:08.81 1:29.95	700m: 10:08.20 1:28.79	1:28.79		
	200m: 2:43.36 1:25.57	400m: 5:38.86 1:28.98	600m: 8:39.41 1:30.60	800m: 11:32.36 1:24.16	1:24.16		
4.	Jasmine Celeste Lourenco	16	ANG	CD1A	11:31.32	<b>11:34.51</b>	340
	100m: 1:16.80 1:16.80	300m: 4:09.39 1:26.38	500m: 7:08.80 1:29.57	700m: 10:07.62 1:29.91	1:29.91		
	200m: 2:43.01 1:26.21	400m: 5:39.23 1:29.84	600m: 8:37.71 1:28.91	800m: 11:34.51 1:26.89	1:26.89		
5.	Paloma Cristina Reis	16	ANG	CD1A	12:14.83	<b>12:03.79</b>	300
	100m: 1:26.24 1:26.24	300m: 4:29.90 1:31.89	500m: 7:34.01 1:32.24	700m: 10:37.37 1:30.38	1:30.38		
	200m: 2:58.01 1:31.77	400m: 6:01.77 1:31.87	600m: 9:06.99 1:32.98	800m: 12:03.79 1:26.42	1:26.42		





Campeonato Nacional de Categorias - LC - 2023-2024  
Luanda, 29 - 30/6/2024

Prova 322, Femin., 800m Livres, Juniores

Posição	Nome	Idade	Nação	Clube	Tempo Inscrição	Tempo Final	Pts FINA
6.	Inara Pinto Santos	15	ANG	CNIL	12:09.21	<b>12:05.99</b>	297
	100m: 1:18.19 1:18.19	300m: 4:19.67 1:32.92	500m: 7:27.64 1:34.60	700m: 10:36.92 1:34.08			
	200m: 2:46.75 1:28.56	400m: 5:53.04 1:33.37	600m: 9:02.84 1:35.20	800m: 12:05.99 1:29.07			
7.	Elayne Jesus Pires	15	ANG	CD1A	12:24.69	<b>12:11.15</b>	291
	100m: 1:26.29 1:26.29	300m: 4:32.46 1:32.47	500m: 7:39.66 1:33.39	700m: 10:44.65 1:31.83			
	200m: 2:59.99 1:33.70	400m: 6:06.27 1:33.81	600m: 9:12.82 1:33.16	800m: 12:11.15 1:26.50			
	Ines Tchinossole Clemente	15	ANG	CD1A	12:21.92	<b>NT</b>	
	<i>FTL</i>						

