



Campeonato Nacional de Categorias - LC - 2023-2024  
Luanda, 29 - 30/6/2024

Prova 110

Femin., 200m Costas

6 anos e mais velhos

29/06/2024 - 11:54

Resultados

Recordes Nac Angola - 50m Open	2:30.65	Catarina Welvitchia Sousa	CNIL	Coimbra (POR)	20/05/2018
Recordes Nac Angola - 50m 18 +	2:32.43	Lia Ana Lima	CD1A	Lisboa (POR)	08/02/2020
Recordes Nac Angola - 50m Jun	2:30.65	Catarina Welvitchia Sousa	CNIL	Coimbra (POR)	20/05/2018
Recordes Nac Angola - 50m Juv	2:41.80	Rhanya Espirito Santo	ANG	Luanda	01/05/2024
Recordes Nac Angola - 50m Inf	2:46.63	Stephanie Jurado	CD1A	Stellenbosch (RSA)	14/04/2021
Recordes Nac Angola - 50m Cad	2:56.94	Stephanie Jurado	CD1A	Stellenbosch (RSA)	26/09/2019

INI Ini: 6:10.00 / CAD Cad: 5:04.40 / INF Inf: 4:02.44 / JUV Juv: 3:30.88 / JUN Jun: 3:28.84 / SEN 18 +: 3:31.48

Pontos: FINA 2024

Lugar	Idade		Tempo final	Pts	100m	200m
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Infantis

1.	Isis Gabriela Palha	12	CNIL	<b>3:05.29</b>	293	1:33.18	1:32.11
2.	Wendy Lukenya Morais	11	CNIL	<b>3:16.82</b>	244	1:37.49	1:39.33
3.	Naya Margarida Goncalves	12	CNIL	<b>3:24.95</b>	216	1:42.11	1:42.84
4.	Carolina Rocha Guimaraes	11	CNIL	<b>3:31.01</b>	198	1:46.80	1:44.21
5.	Virgilia Silvana Pongolola	12	OSC	<b>3:35.31</b>	187	1:42.49	1:52.82
6.	R. Nascimento	11	CNIL	<b>3:35.94</b>	185	1:46.51	1:49.43

Juvenis

1.	Rhanya Espirito Santo	14	CNIL	<b>2:44.99</b>	415	1:20.48	1:24.51
2.	Maria Teresa Parimbelli	13	CNIL	<b>2:51.44</b>	370	1:23.07	1:28.37
3.	Nelma Tchiveli Janota	14	CD1A	<b>2:56.81</b>	337	1:27.63	1:29.18
4.	Chelsea Idalina Vunge	13	CNIL	<b>3:11.50</b>	265	1:33.82	1:37.68
5.	Swaila Alexandra Azevedo	13	CNIL	<b>3:26.70</b>	211	1:40.42	1:46.28

Juniiores

1.	Nyriam Welwitschia Morais	15	CNIL	<b>2:55.55</b>	345	1:28.54	1:27.01
2.	Beatriz Conduto Maria	15	CBL	<b>3:03.02</b>	304	1:29.87	1:33.15
3.	Paloma Cristina Reis	16	CD1A	<b>3:12.99</b>	259	1:34.44	1:38.55
4.	Elayne Jesus Pires	15	CD1A	<b>3:15.79</b>	248	1:36.62	1:39.17
5.	Tayanne Lueji Clemente	16	CD1A	<b>3:16.38</b>	246	1:33.03	1:43.35

