

CHALLENGE DEMI-FOND 2024  
4053 - Embourg, 14-1-2024

Epreuve 3  
14-01-24 - 15:05

Messieurs, 400m Libre

11 ans et plus  
Liste résultats

Points: FINA 2021

Rang	AN				Temps	Pts
<b>Benjamins</b>						
1.	SCHEPERS, Thimothée	12	Perron		<b>4:54.12</b>	375
	50m: 32.45 32.45	150m:	250m:	350m:		
	100m: 1:09.12 36.67	200m: 2:23.50	300m:	400m: 4:54.12		
2.	DELANNOYE, Tom	12	Perron		<b>5:20.72</b>	289
	50m: 36.76 36.76	150m:	250m:	350m:		
	100m: 1:16.98 40.22	200m: 2:38.70	300m:	400m: 5:20.72		
3.	DUPUIS, Clément	13	Perron		<b>5:28.69</b>	269
	50m: 37.29 37.29	150m:	250m:	350m:		
	100m: 1:18.74 41.45	200m:	300m:	400m: 5:28.69		
4.	FORTEMPS, Emilien	12	Perron		<b>5:29.00</b>	268
	50m: 36.26 36.26	150m:	250m:	350m:		
	100m: 1:16.76 40.50	200m: 2:40.97	300m:	400m: 5:29.00		
5.	DELARGE, Edouard	13	Perron		<b>5:29.15</b>	268
	50m: 36.94 36.94	150m:	250m:	350m:		
	100m: 1:18.26 41.32	200m: 2:42.92	300m:	400m: 5:29.15		
6.	BAMPS, Martin	13	Perron		<b>5:29.65</b>	266
	50m: 37.51 37.51	150m:	250m:	350m:		
	100m: 1:19.40 41.89	200m: 2:43.85	300m:	400m: 5:29.65		
7.	DEVILLE, mael	12	Perron		<b>5:43.44</b>	236
	50m: 38.55 38.55	150m:	250m:	350m:		
	100m: 1:21.28 42.73	200m: 2:48.81	300m:	400m: 5:43.44		
8.	THONET, Simon	13	Perron		<b>6:02.49</b>	200
	50m: 39.97 39.97	150m:	250m:	350m:		
	100m: 1:24.67 44.70	200m: 2:58.72	300m:	400m: 6:02.49		
9.	DA SILVEIRA, Adriel	13	Perron		<b>6:27.03</b>	164
	50m: 43.92 43.92	150m:	250m:	350m:		
	100m: 1:33.74 49.82	200m: 3:15.69	300m:	400m: 6:27.03		
10.	OTOUL, Simon	12	Perron		<b>6:48.77</b>	139
	50m: 44.06 44.06	150m:	250m:	350m:		
	100m: 1:35.18 51.12	200m: 3:20.45	300m:	400m: 6:48.77		
11.	HEMROULLE, Alexandre	13	Perron		<b>6:54.03</b>	134
	50m: 45.72 45.72	150m:	250m:	350m:		
	100m: 1:36.80 51.08	200m: 3:22.34	300m:	400m: 6:54.03		
12.	SEROV, Alessio	13	Perron		<b>6:58.81</b>	130
	50m: 45.05 45.05	150m:	250m:	350m:		
	100m: 1:37.78 52.73	200m: 3:27.22	300m:	400m: 6:58.81		
13.	RAMIREZ, Emrik	13	Perron		<b>7:03.06</b>	126
	50m: 44.16 44.16	150m:	250m:	350m:		
	100m: 1:36.16 52.00	200m: 3:27.09	300m:	400m: 7:03.06		
14.	DARIMONT, Alexandre	13	Perron		<b>7:40.25</b>	98
	50m: 49.07 49.07	150m:	250m:	350m:		
	100m: 1:46.90 57.83	200m: 3:47.02	300m:	400m: 7:40.25		
<b>Minimes</b>						
1.	DAVID, Alan	10	Perron		<b>4:40.10</b>	435
	50m: 30.26 30.26	150m:	250m:	350m:		
	100m: 1:04.06 33.80	200m: 2:13.46	300m:	400m: 4:40.10		
2.	FERRARI, Maxime	11	Perron		<b>4:48.85</b>	396
	50m: 33.05 33.05	150m:	250m:	350m:		
	100m: 1:09.61 36.56	200m: 2:23.25	300m:	400m: 4:48.85		

CHALLENGE DEMI-FOND 2024  
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Epreuve 3, Garçons, 400m Libre, Minimes

Rang					AN		Temps	Pts
3.	JANS, Ruben				10	Perron	<b>4:57.78</b>	362
	50m:	33.45	33.45	150m:	250m:	350m:		
	100m:	1:10.72	37.27	200m:	300m:	400m:	4:57.78	
4.	GILIS, Arthur				11	Perron	<b>5:19.60</b>	292
	50m:	36.51	36.51	150m:	250m:	350m:		
	100m:	1:16.38	39.87	200m:	300m:	400m:	5:19.60	
5.	WOLFS, guillaume				10	Perron	<b>5:21.75</b>	287
	50m:	35.52	35.52	150m:	250m:	350m:		
	100m:	1:17.31	41.79	200m:	300m:	400m:	5:21.75	
6.	NETEN, Hugo				11	Perron	<b>5:47.89</b>	227
	50m:	37.47	37.47	150m:	250m:	350m:		
	100m:	1:19.30	41.83	200m:	300m:	400m:	5:47.89	
7.	VAN REETH, Maxime				11	Perron	<b>6:20.24</b>	173
	50m:	41.24	41.24	150m:	250m:	350m:		
	100m:	1:27.56	46.32	200m:	300m:	400m:	6:20.24	
8.	LEMNOUAR, Youssef				10	Perron	<b>7:23.62</b>	109
	50m:	46.52	46.52	150m:	250m:	350m:		
	100m:	1:41.46	54.94	200m:	300m:	400m:	7:23.62	

Cadets

1.	GARCIA ZAMORA, Esteban				09	Perron	<b>4:26.68</b>	504
	50m:	30.29	30.29	150m:	250m:	350m:		
	100m:	1:02.99	32.70	200m:	300m:	400m:	4:26.68	
2.	VANNEROM, Nathan				08	Perron	<b>4:46.29</b>	407
	50m:	31.88	31.88	150m:	250m:	350m:		
	100m:	1:07.36	35.48	200m:	300m:	400m:	4:46.29	
3.	BERMUDEZ-ATENCIA, Timéo				09	Perron	<b>4:47.60</b>	401
	50m:	32.13	32.13	150m:	250m:	350m:		
	100m:	1:07.34	35.21	200m:	300m:	400m:	4:47.60	
4.	DUMONT, Victor				08	Perron	<b>4:57.55</b>	362
	50m:	32.93	32.93	150m:	250m:	350m:		
	100m:	1:09.68	36.75	200m:	300m:	400m:	4:57.55	
5.	GARRAUX, Yoris				08	Perron	<b>5:09.82</b>	321
	50m:	35.40	35.40	150m:	250m:	350m:		
	100m:	1:14.56	39.16	200m:	300m:	400m:	5:09.82	
6.	MARKO, Alexi				09	Jod	<b>5:38.49</b>	246
	50m:	37.31	37.31	150m:	250m:	350m:		
	100m:	1:19.49	42.18	200m:	300m:	400m:	5:38.49	
7.	DEGEEST, Theo				09	Jod	<b>5:43.15</b>	236
	50m:	36.81	36.81	150m:	250m:	350m:		
	100m:	1:18.72	41.91	200m:	300m:	400m:	5:43.15	

Juniors

1.	CROMBEL, Jean				06	Perron	<b>4:24.17</b>	518
	50m:	30.60	30.60	150m:	250m:	350m:		
	100m:	1:03.42	32.82	200m:	300m:	400m:	4:24.17	