

Criterium 2023
4053 - Embourg, 18 - 19-11-2023

Event 16
18-11-23 - 15:35

Women, 400m Freestyle

2012 and older
Results

Points: FINA 2021

| Rank | | | | | YB | | | | | Time | Pts |
|-------------------|---------------------|---------|---------|-------|-------|---------------------------------------|-------|---------|--|-----------------|-----|
| Benjamines | | | | | | | | | | | |
| 1. | MARC Sarah | | | | 12 | Aquabla | | | | 5:13.78 | 414 |
| | 50m: | 34.90 | 34.90 | 150m: | 250m: | 350m: | 400m: | 5:13.78 | | | |
| | 100m: | 1:14.21 | 39.31 | 200m: | 300m: | | | | | | |
| 2. | TASSENOY Apolline | | | | 11 | Aquabla | | | | 5:23.80 | 377 |
| | 50m: | 36.90 | 36.90 | 150m: | 250m: | 350m: | 400m: | 5:23.80 | | | |
| | 100m: | 2:18.27 | 1:41.37 | 200m: | 300m: | | | | | | |
| 3. | DELARGE Claire | | | | 11 | Perron | | | | 5:23.81 | 376 |
| | 50m: | 35.92 | 35.92 | 150m: | 250m: | 350m: | 400m: | 5:23.81 | | | |
| | 100m: | 1:16.83 | 40.91 | 200m: | 300m: | | | | | | |
| 4. | THONET Julia | | | | 11 | Perron | | | | 5:24.13 | 375 |
| | 50m: | | | 150m: | 250m: | 350m: | 400m: | 5:24.13 | | | |
| | 100m: | | | 200m: | 300m: | | | | | | |
| 5. | VLADU Irina Maria | | | | 12 | Cercle Royal De Natation De Bruxelles | | | | A5:25.22 | 372 |
| | 50m: | 36.41 | 36.41 | 150m: | 250m: | 350m: | 400m: | 5:25.22 | | | |
| | 100m: | 1:17.44 | 41.03 | 200m: | 300m: | | | | | | |
| 6. | PAQUOT Eva | | | | 11 | Esn | | | | 5:40.72 | 323 |
| | 50m: | 37.03 | 37.03 | 150m: | 250m: | 350m: | 400m: | 5:40.72 | | | |
| | 100m: | 1:19.87 | 42.84 | 200m: | 300m: | | | | | | |
| 7. | BILKAY Nilda | | | | 11 | Esn | | | | 5:50.48 | 297 |
| | 50m: | 37.37 | 37.37 | 150m: | 250m: | 350m: | 400m: | 5:50.48 | | | |
| | 100m: | 1:21.19 | 43.82 | 200m: | 300m: | | | | | | |
| 8. | PHILIPPRON Carolina | | | | 11 | Boust | | | | 5:54.51 | 287 |
| | 50m: | | | 150m: | 250m: | 350m: | 400m: | 5:54.51 | | | |
| | 100m: | | | 200m: | 300m: | | | | | | |
| 9. | VAN SINTEJAN Manon | | | | 12 | Swimming Club Wauterbos Rode | | | | 6:06.21 | 260 |
| | 50m: | 40.15 | 40.15 | 150m: | 250m: | 350m: | 400m: | 6:06.21 | | | |
| | 100m: | 1:26.74 | 46.59 | 200m: | 300m: | | | | | | |
| 10. | PARISIS Nell | | | | 11 | Esn | | | | 6:13.00 | 246 |
| | 50m: | 38.73 | 38.73 | 150m: | 250m: | 350m: | 400m: | 6:13.00 | | | |
| | 100m: | 1:24.11 | 45.38 | 200m: | 300m: | | | | | | |
| 11. | KREMER Emely | | | | 11 | Cercle Royal De Natation De Bruxelles | | | | A6:15.91 | 240 |
| | 50m: | | | 150m: | 250m: | 350m: | 400m: | 6:15.91 | | | |
| | 100m: | | | 200m: | 300m: | | | | | | |
| 12. | PARDO Alissa | | | | 12 | Perron | | | | 6:21.90 | 229 |
| | 50m: | 42.72 | 42.72 | 150m: | 250m: | 350m: | 400m: | 6:21.90 | | | |
| | 100m: | 1:32.58 | 49.86 | 200m: | 300m: | | | | | | |
| 13. | BIETTE Luce | | | | 12 | Cnb | | | | 6:34.70 | 208 |
| | 50m: | 44.96 | 44.96 | 150m: | 250m: | 350m: | 400m: | 6:34.70 | | | |
| | 100m: | 1:33.46 | 48.50 | 200m: | 300m: | | | | | | |
| 14. | DZIDZIGURI Ana | | | | 12 | Mosan | | | | 7:08.77 | 162 |
| | 50m: | 44.03 | 44.03 | 150m: | 250m: | 350m: | 400m: | 7:08.77 | | | |
| | 100m: | 1:37.13 | 53.10 | 200m: | 300m: | | | | | | |
| Minimes | | | | | | | | | | | |
| 1. | JENKINS Emma | | | | 09 | Cercle De Natation Sportcity Woluwe | | | | 4:52.24 | 512 |
| | 50m: | 33.43 | 33.43 | 150m: | 250m: | 350m: | 400m: | 4:52.24 | | | |
| | 100m: | 1:09.85 | 36.42 | 200m: | 300m: | | | | | | |
| 2. | DEBAY Manon | | | | 09 | Boust | | | | 5:09.70 | 430 |
| | 50m: | 34.15 | 34.15 | 150m: | 250m: | 350m: | 400m: | 5:09.70 | | | |
| | 100m: | 1:12.52 | 38.37 | 200m: | 300m: | | | | | | |

Criterium 2023
4053 - Embourg, 18- - 19-11-2023

Event 16, Girls, 400m Freestyle, Minimes

| Rank | | | | | YB | | | | | Time | Pts |
|------|-------------------|---------|-------|-------|-------|-------------------------------------|---------|---------|--|----------------|-----|
| 3. | LARROZE Maelys | | | | 10 | Esn | | | | 5:13.35 | 416 |
| | 50m: | 35.70 | 35.70 | 150m: | 250m: | 350m: | 400m: | 5:13.35 | | | |
| | 100m: | 1:14.43 | 38.73 | 200m: | 300m: | 400m: | 5:13.35 | | | | |
| 4. | COLLARD Camille | | | | 09 | ARMN | | | | 5:43.62 | 315 |
| | 50m: | 38.19 | 38.19 | 150m: | 250m: | 350m: | 400m: | 5:43.62 | | | |
| | 100m: | 1:21.94 | 43.75 | 200m: | 300m: | 400m: | 5:43.62 | | | | |
| 5. | OHLIGER Noemie | | | | 09 | Cercle De Natation Sportcity Woluwe | | | | 5:44.04 | 314 |
| | 50m: | 30.10 | 30.10 | 150m: | 250m: | 350m: | 400m: | 5:44.04 | | | |
| | 100m: | 1:21.16 | 51.06 | 200m: | 300m: | 400m: | 5:44.04 | | | | |
| 6. | GABRIELE Lucie | | | | 10 | Esn | | | | 5:48.41 | 302 |
| | 50m: | | | 150m: | 250m: | 350m: | 400m: | 5:48.41 | | | |
| | 100m: | | | 200m: | 300m: | 400m: | 5:48.41 | | | | |
| 7. | DEIGNERE Eva | | | | 10 | Cnb | | | | 5:55.35 | 285 |
| | 50m: | 38.27 | 38.27 | 150m: | 250m: | 350m: | 400m: | 5:55.35 | | | |
| | 100m: | 1:22.53 | 44.26 | 200m: | 300m: | 400m: | 5:55.35 | | | | |
| 8. | DEDOYARD Mazarine | | | | 10 | Perron | | | | 5:57.50 | 280 |
| | 50m: | 40.52 | 40.52 | 150m: | 250m: | 350m: | 400m: | 5:57.50 | | | |
| | 100m: | 1:25.39 | 44.87 | 200m: | 300m: | 400m: | 5:57.50 | | | | |
| 9. | BUEKENHOUT Chloe | | | | 10 | Boust | | | | 6:07.95 | 256 |
| | 50m: | 38.67 | 38.67 | 150m: | 250m: | 350m: | 400m: | 6:07.95 | | | |
| | 100m: | 1:23.55 | 44.88 | 200m: | 300m: | 400m: | 6:07.95 | | | | |

Cadettes

| | | | | | | | | | | | |
|----|--------------------|---------|-------|-------|-------|------------------------------|---------|---------|--|----------------|-----|
| 1. | VEDERNIKOVA Marina | | | | 08 | Swimming Club Wauterbos Rode | | | | 4:38.50 | 592 |
| | 50m: | 32.19 | 32.19 | 150m: | 250m: | 350m: | 400m: | 4:38.50 | | | |
| | 100m: | 1:06.49 | 34.30 | 200m: | 300m: | 400m: | 4:38.50 | | | | |
| 2. | DEVILLE Helene | | | | 08 | Perron | | | | 4:48.70 | 531 |
| | 50m: | 32.66 | 32.66 | 150m: | 250m: | 350m: | 400m: | 4:48.70 | | | |
| | 100m: | 1:08.41 | 35.75 | 200m: | 300m: | 400m: | 4:48.70 | | | | |
| 3. | PAIROUX Eloise | | | | 08 | Perron | | | | 4:51.09 | 518 |
| | 50m: | | | 150m: | 250m: | 350m: | 400m: | 4:51.09 | | | |
| | 100m: | | | 200m: | 300m: | 400m: | 4:51.09 | | | | |
| 4. | THIRY Alice | | | | 08 | Cnb | | | | 4:55.94 | 493 |
| | 50m: | 32.26 | 32.26 | 150m: | 250m: | 350m: | 400m: | 4:55.94 | | | |
| | 100m: | 1:07.32 | 35.06 | 200m: | 300m: | 400m: | 4:55.94 | | | | |
| 5. | BOULOGNE Hannah | | | | 08 | Aquabla | | | | 5:00.56 | 471 |
| | 50m: | 33.97 | 33.97 | 150m: | 250m: | 350m: | 400m: | 5:00.56 | | | |
| | 100m: | 1:10.93 | 36.96 | 200m: | 300m: | 400m: | 5:00.56 | | | | |
| 6. | LEJEUNE Loverine | | | | 08 | ARMN | | | | 5:13.91 | 413 |
| | 50m: | 34.80 | 34.80 | 150m: | 250m: | 350m: | 400m: | 5:13.91 | | | |
| | 100m: | 1:12.90 | 38.10 | 200m: | 300m: | 400m: | 5:13.91 | | | | |
| 7. | PAREE Apolline | | | | 08 | ARMN | | | | 5:42.75 | 317 |
| | 50m: | 35.08 | 35.08 | 150m: | 250m: | 350m: | 400m: | 5:42.75 | | | |
| | 100m: | 1:14.69 | 39.61 | 200m: | 300m: | 400m: | 5:42.75 | | | | |
| 8. | MELIN Lalou | | | | 08 | Perron | | | | 6:00.58 | 273 |
| | 50m: | 38.56 | 38.56 | 150m: | 250m: | 350m: | 400m: | 6:00.58 | | | |
| | 100m: | 1:22.48 | 43.92 | 200m: | 300m: | 400m: | 6:00.58 | | | | |

Juniors

| | | | | | | | | | | | |
|----|-------------|--|--|-------|-------|--------|---------|---------|--|----------------|-----|
| 1. | BORRE Chloe | | | | 05 | Perron | | | | 4:45.51 | 549 |
| | 50m: | | | 150m: | 250m: | 350m: | 400m: | 4:45.51 | | | |
| | 100m: | | | 200m: | 300m: | 400m: | 4:45.51 | | | | |

Event 16, Women, 400m Freestyle

Seniores

| | | | | | | | |
|----------------|-------|----|-----|-------|--|----------------|---------|
| 1. MAKA Emilie | | 02 | Esn | | | 4:44.21 | 557 |
| 50m: | | | | 250m: | | 350m: | |
| 100m: | 150m: | | | 300m: | | 400m: | 4:44.21 |