

Sundgrein 3

kvenna, 400m skriðsund

Opinn

10.11.2023 - 9:49

Ráslisti Undanrásir

Íslandsmet	4:11.61	Inga Elín Cryer	IA	Doha (QAT)	05.12.2014
Unglingamet	4:14.60	Sunneva Dögg Robertson	IRB	Hafnarfjörður	13.11.2015
Aldursflokkamet	4:15.57	Eygló Ósk Gústafsdóttir	AEGIR	Hafnarfjoerdur	26.06.2010

EM25 : 4:16.53 / NM-A 18 +: 4:20.37; 14 - 17: 4:26.35 / NM-B 18 +: 4:23.00; 14 - 17: 4:29.04 / A-landslíð : 4:21.77 /

Úrvalshópur 20: 4:23.00; 19: 4:24.20; 18: 4:26.64 / Unglingalandslíð 17: 4:29.04; 16: 4:30.98; 15: 4:34.54 /

Framtíðarhópur 14: 4:38.10; 13: 4:44.02; 12: 4:53.26

Aldur

Riðill 1 af 3, 9:49

1	Freyja Sigríður Ásgeirsdóttir	16	Ægir	5:12.91
2	Hildur Erla Hákonardóttir	13	SH	5:10.19
3	Yrsa Gunnlaugsdóttir	15	Ármann	5:08.01
4	Þorgerður Freyja Helgadóttir	12	Breiðablik	5:06.04
5	Guðbjörg Helga Hilmarsdóttir	12	Breiðablik	5:07.12
6	Matthildur María Ríkarðsdóttir	14	SH	5:09.67
7	Rebekka Rún Magnúsdóttir	15	SH	5:10.98
8	Thelma Björg Bjornsdóttir	27	ÍFR	6:28.43

Riðill 2 af 3, 9:56

1	Hugrún Guðmundsdóttir	15	Ægir	5:01.86
2	Karen Sif Helgadóttir	13	Fjölnir	4:59.58
3	Alicja Julia Kempisty	13	Óðinn	4:54.88
4	Hulda Björg Magnúsdóttir Nilsen	15	Ægir	4:39.91
5	Kristín Ásta Sigtryggsdóttir	14	Ægir	4:53.91
6	Bjarnís Olga Hansen	13	Ægir	4:58.92
7	Guðrún Ísold Harðardóttir	12	Breiðablik	4:59.75
8	Natalía Eir Curtis	13	Ármann	5:02.65

Riðill 3 af 3, 10:02

1	Katla María Brynjarsdóttir	16	ÍRB	4:36.57
2	Nadja Djurovic	16	Breiðablik	4:30.37
3	Sunneva Bergmann Ásbjornsdóttir	16	ÍRB	4:27.56
4	Freyja Birkisdóttir	17	Breiðablik	4:16.99
5	Katja Lilja Andriysdóttir	17	SH	4:22.27
6	Sólveig Freyja Hákonardóttir	14	Breiðablik	4:27.75
7	Ásdís Steindórsdóttir	14	Breiðablik	4:31.23
8	Katrín Lóa Ingadóttir	15	Ármann	4:38.62