

Event 17 Open  
11.11.2023 - 17:00 Startlist Final

Women, 400m Medley

Íslandsmet	4:43.56	Hrafnhildur Luthersdóttir	SH	Hafnarfjörður	15.11.2015
Unglingamet	4:46.36	Eygló Ósk Gústafsdóttir	AEGIR	Hafnarfjörður	24.11.2013
Aldursflokkamet	4:53.67	Ólöf Edda Eðvarðsdóttir	IRB	Laugardalslaug	10.12.2011

EM25 : 4:48.31 / NM-A 18 +: 4:52.62; 14 - 17: 4:59.35 / NM-B 18 +: 4:55.58; 14 - 17: 5:02.37 / A-landslíð : 4:54.19 /

Úrvalshópur 20: 4:55.58; 19: 4:56.93; 18: 4:59.66 / Unglingalandslíð 17: 5:02.37; 16: 5:04.55; 15: 5:08.55 /

Framtíðarhópur 14: 5:12.55; 13: 5:19.20; 12: 5:29.58

Age

Final, 17:00

1	Freydis Lilja Bergthorsdóttir	14	ÍRB	5:29.73
2	Katla Mist Bragadóttir	16	Ármann	5:19.78
3	Sunna Arnfinnsdóttir	16	ÍA	5:06.15
4	Eva Margret Falsdóttir	18	ÍRB	4:59.19
5	Freyja Birkisdóttir	17	Breiðablik	5:03.59
6	Solveig Freyja Hakonardóttir	14	Breiðablik	5:09.32
7	Maja Lind Cicero	18	SH	5:23.43
8	Adriana Agnes Derti	13	ÍRB	5:32.90

Reserves

	Austeja Savickaite	14	ÍRB	5:38.21
	Ema Austa Pratusyte	13	SH	5:43.87