

Event 4 Men, 400m Freestyle Open Results Final
10.11.2023 - 17:25

Íslandsmet	3:47.83	Anton Sveinn McKee	AEGIR	Istanbul (TUR)	14.12.2012
Unglingamet	3:52.06	Anton Sveinn McKee	AEGIR	Laugardalslaug	11.12.2011
Aldursflokkamet	4:04.34	Magnús Viðir Jónsson	SH	Hafnarfjörður	21.10.2023

EM25 : 3:51.13 / NM-A 18 +: 3:55.27; 14 - 17: 4:00.57 / NM-B 18 +: 3:57.64; 14 - 17: 4:03.00 / A-landslið : 3:55.85 /
Úrvalshópur 20: 3:57.64; 19: 3:59.41; 18: 4:01.20 / Unglingalandslið 17: 4:03.00; 16: 4:06.68; 15: 4:10.87 /
Framtíðarhópur 14: 4:18.75; 13: 4:28.94; 12: 4:44.32

Points: FINA 2023

Rank			Age							Time	Pts	
1.	Veigar Hrafn Sigthorsson		18 SH							3:59.97	691	Úrvals
	50m:	27.18 27.18	150m:	1:27.98 30.89	250m:	2:30.69 31.34	350m:	3:31.70 29.92				
	100m:	57.09 29.91	200m:	1:59.35 31.37	300m:	3:01.78 31.09	400m:	3:59.97 28.27				
2.	Ymir Chatenay Solvason		17 Breiðablik							4:00.07	691	NM-A NM-B Ung
	50m:	27.44 27.44	150m:	1:28.35 31.28	250m:	2:30.46 31.31	350m:	3:31.48 30.20				
	100m:	57.07 29.63	200m:	1:59.15 30.80	300m:	3:01.28 30.82	400m:	4:00.07 28.59				
3.	Bartosz Henke		18 SH							4:04.07	657	
	50m:	27.34 27.34	150m:	1:28.64 30.75	250m:	2:30.81 31.18	350m:	3:33.99 31.55				
	100m:	57.89 30.55	200m:	1:59.63 30.99	300m:	3:02.44 31.63	400m:	4:04.07 30.08				
4.	Magnus Vidir Jonsson		15 SH							4:05.19	648	Unglinga
	50m:	27.21 27.21	150m:	1:28.26 30.93	250m:	2:30.83 31.40	350m:	3:30.96 28.72				
	100m:	57.33 30.12	200m:	1:59.43 31.17	300m:	3:02.24 31.41	400m:	4:05.19 34.23				
5.	Holmar Gretarsson		15 SH							4:06.88	635	Unglinga
	50m:	28.31 28.31	150m:	1:30.43 31.43	250m:	2:33.61 31.51	350m:	3:36.29 31.31				
	100m:	59.00 30.69	200m:	2:02.10 31.67	300m:	3:04.98 31.37	400m:	4:06.88 30.59				
6.	Denas Kazulis		15 ÍRB							4:10.32	609	Unglinga
	50m:	28.05 28.05	150m:	1:30.28 31.24	250m:	2:33.92 32.15	350m:	3:39.70 32.90				
	100m:	59.04 30.99	200m:	2:01.77 31.49	300m:	3:06.80 32.88	400m:	4:10.32 30.62				
7.	Andri Mar Kristjansson		17 SH							4:14.13	582	
	50m:	27.97 27.97	150m:	1:31.48 31.93	250m:	2:36.71 32.64	350m:	3:42.60 32.72				
	100m:	59.55 31.58	200m:	2:04.07 32.59	300m:	3:09.88 33.17	400m:	4:14.13 31.53				
8.	Stefan Ingi Olafsson		17 Ægir							4:16.90	563	
	50m:	28.26 28.26	150m:	1:31.69 32.18	250m:	2:37.30 32.94	350m:	3:44.07 33.58				
	100m:	59.51 31.25	200m:	2:04.36 32.67	300m:	3:10.49 33.19	400m:	4:16.90 32.83				