

Sundgrein 4

karla, 400m skriðsund

Opinn

10.11.2023 - 10:12

Úrslitalistar Undanrásir

Íslandsmet	3:47.83	Anton Sveinn McKee	AEGIR	Istanbul (TUR)	14.12.2012
Unglingamet	3:52.06	Anton Sveinn McKee	AEGIR	Laugardalslaug	11.12.2011
Aldursflokkamet	4:04.34	Magnús Viðir Jónsson	SH	Hafnarfjörður	21.10.2023

EM25 : 3:51.13 / NM-A 18 +: 3:55.27; 14 - 17: 4:00.57 / NM-B 18 +: 3:57.64; 14 - 17: 4:03.00 / A-landslið : 3:55.85 /

Úrvalshópur 20: 3:57.64; 19: 3:59.41; 18: 4:01.20 / Unglingalandslið 17: 4:03.00; 16: 4:06.68; 15: 4:10.87 /

Framtíðarhópur 14: 4:18.75; 13: 4:28.94; 12: 4:44.32

Stig: FINA 2023

Sæti			Aldur				Tími	Stig		
19 ára og eldri										
1.	Guðfinnur Karlsson		35	Fjörður			5:17.21	299		
	50m:	37.64 37.64	150m:	1:57.35	40.46	250m:	3:17.83	40.31	350m:	4:38.65 40.38
	100m:	1:16.89 39.25	200m:	2:37.52	40.17	300m:	3:58.27	40.44	400m:	5:17.21 38.56
18 ára og yngri										
1.	Veigar Hrafn Sigbórsson		18	SH			4:03.10	665 Q		
	50m:	27.57 27.57	150m:	1:29.34	31.39	250m:	2:32.19	31.36	350m:	3:34.06 30.48
	100m:	57.95 30.38	200m:	2:00.83	31.49	300m:	3:03.58	31.39	400m:	4:03.10 29.04
2.	Ymir Chatenay Solvason		17	Breiðablik			4:03.34	663 Q		
	50m:	28.55 28.55	150m:	1:30.95	31.78	250m:	2:33.18	30.67	350m:	3:34.61 30.45
	100m:	59.17 30.62	200m:	2:02.51	31.56	300m:	3:04.16	30.98	400m:	4:03.34 28.73
3.	Magnús Viðir Jónsson		15	SH			4:05.84	643 Q Unglinga		
	50m:	27.68 27.68	150m:	1:29.89	31.80	250m:	2:33.26	31.75	350m:	3:35.96 31.02
	100m:	58.09 30.41	200m:	2:01.51	31.62	300m:	3:04.94	31.68	400m:	4:05.84 29.88
4.	Hólmur Grétarsson		15	SH			4:06.45	638 Q Unglinga		
	50m:	28.38 28.38	150m:	1:30.78	31.36	250m:	2:33.70	31.39	350m:	3:36.55 31.42
	100m:	59.42 31.04	200m:	2:02.31	31.53	300m:	3:05.13	31.43	400m:	4:06.45 29.90
5.	Bartosz Henke		18	SH			4:09.74	613 Q		
	50m:	27.84 27.84	150m:	1:30.77	31.60	250m:	2:34.69	32.15	350m:	3:38.89 32.34
	100m:	59.17 31.33	200m:	2:02.54	31.77	300m:	3:06.55	31.86	400m:	4:09.74 30.85
6.	Denas Kazulis		15	ÍRB			4:13.07	589 Q		
	50m:	28.40 28.40	150m:	1:31.90	31.94	250m:	2:37.02	32.72	350m:	3:41.98 32.18
	100m:	59.96 31.56	200m:	2:04.30	32.40	300m:	3:09.80	32.78	400m:	4:13.07 31.09
7.	Stefán Ingi Ólafsson		17	Ægir			4:14.19	582 Q		
	50m:	28.65 28.65	150m:	1:32.28	32.19	250m:	2:37.79	32.83	350m:	3:42.85 32.13
	100m:	1:00.09 31.44	200m:	2:04.96	32.68	300m:	3:10.72	32.93	400m:	4:14.19 31.34
8.	Karl Björnsson		15	SH			4:14.66	578 Q		
	50m:	28.22 28.22	150m:	1:31.64	32.12	250m:	2:36.84	32.84	350m:	3:42.95 33.09
	100m:	59.52 31.30	200m:	2:04.00	32.36	300m:	3:09.86	33.02	400m:	4:14.66 31.71
9.	Andri Már Kristjánsson		17	SH			4:16.93	563 R		
	50m:	28.00 28.00	150m:	1:32.45	32.80	250m:	2:39.11	33.48	350m:	3:45.26 32.65
	100m:	59.65 31.65	200m:	2:05.63	33.18	300m:	3:12.61	33.50	400m:	4:16.93 31.67
10.	Birgir Hrafn Kjartansson		15	Ægir			4:17.31	561 R		
	50m:	28.74 28.74	150m:	1:33.09	32.83	250m:	2:39.78	33.34	350m:	3:45.63 31.96
	100m:	1:00.26 31.52	200m:	2:06.44	33.35	300m:	3:13.67	33.89	400m:	4:17.31 31.68
11.	Bjorn Yngvi Guðmundsson		16	SH			4:20.10	543		
	50m:	28.07 28.07	150m:	1:33.06	32.95	250m:	2:39.97	33.52	350m:	3:47.92 34.16
	100m:	1:00.11 32.04	200m:	2:06.45	33.39	300m:	3:13.76	33.79	400m:	4:20.10 32.18
12.	Kacper Kogut		17	Breiðablik			4:27.04	502		
	50m:	29.06 29.06	150m:	1:34.18	33.10	250m:	2:42.92	34.58	350m:	3:52.63 34.97
	100m:	1:01.08 32.02	200m:	2:08.34	34.16	300m:	3:17.66	34.74	400m:	4:27.04 34.41
13.	Árni Þór Pálmason		14	ÍRB			4:28.15	495		
	50m:	29.88 29.88	150m:	1:37.21	34.19	250m:	2:45.83	34.12	350m:	3:55.04 34.52
	100m:	1:03.02 33.14	200m:	2:11.71	34.50	300m:	3:20.52	34.69	400m:	4:28.15 33.11

Sundgrein 4, Piltar, 400m skriðsund, Undanrásir, 18 ára og yngri

Sæti	Aldur								Tími	Stig		
14.	Arnar Milos Arnbjornsson								4:37.51	447		
	50m:	30.60	30.60	150m:	1:39.50	35.02	250m:	2:50.71	35.58	350m:	4:03.13	36.16
	100m:	1:04.48	33.88	200m:	2:15.13	35.63	300m:	3:26.97	36.26	400m:	4:37.51	34.38
15.	Egill Orri Baldursson								4:37.99	445		
	50m:	29.91	29.91	150m:	1:38.93	35.25	250m:	2:51.38	36.44	350m:	4:03.69	35.84
	100m:	1:03.68	33.77	200m:	2:14.94	36.01	300m:	3:27.85	36.47	400m:	4:37.99	34.30
16.	Vanja Djurovic								4:40.70	432		
	50m:	31.67	31.67	150m:	1:42.50	36.17	250m:	2:55.31	36.40	350m:	4:07.77	36.02
	100m:	1:06.33	34.66	200m:	2:18.91	36.41	300m:	3:31.75	36.44	400m:	4:40.70	32.93
17.	Ragnar Halldórsson								4:41.97	426		
	50m:	31.91	31.91	150m:	1:42.96	35.79	250m:	2:55.21	35.98	350m:	4:07.35	35.89
	100m:	1:07.17	35.26	200m:	2:19.23	36.27	300m:	3:31.46	36.25	400m:	4:41.97	34.62
18.	Jakob Ingi Reynisson								4:41.99	426		
	50m:	30.94	30.94	150m:	1:41.12	35.60	250m:	2:54.50	36.77	350m:	4:07.07	36.29
	100m:	1:05.52	34.58	200m:	2:17.73	36.61	300m:	3:30.78	36.28	400m:	4:41.99	34.92
19.	Már Óskar Þorsteinsson								4:42.17	425		
	50m:	30.78	30.78	150m:	1:41.16	35.58	250m:	2:54.20	36.32	350m:	4:07.24	36.50
	100m:	1:05.58	34.80	200m:	2:17.88	36.72	300m:	3:30.74	36.54	400m:	4:42.17	34.93
20.	Jón Ingvar Eypórsson								4:42.32	424		
	50m:	31.16	31.16	150m:	1:42.68	36.23	250m:	2:55.30	36.14	350m:	4:08.18	36.40
	100m:	1:06.45	35.29	200m:	2:19.16	36.48	300m:	3:31.78	36.48	400m:	4:42.32	34.14
21.	Kajus Jatautas								4:47.38	402		
	50m:	30.94	30.94	150m:	1:44.57	37.03	250m:	3:00.20	38.09	350m:	4:14.22	36.89
	100m:	1:07.54	36.60	200m:	2:22.11	37.54	300m:	3:37.33	37.13	400m:	4:47.38	33.16
22.	Huginn Leví Pétursson								4:51.06	387		
	50m:	31.39	31.39	150m:	1:43.26	36.38	250m:	2:58.11	37.61	350m:	4:13.93	38.59
	100m:	1:06.88	35.49	200m:	2:20.50	37.24	300m:	3:35.34	37.23	400m:	4:51.06	37.13