

Sundgrein 18
11.11.2023 - 17:12

karla, 1500m skriðsund

Opinn
Úrslitalistar

Íslandsmet	15:00.51	Anton Sveinn McKee	AEGIR	Istanbul (TUR)	16.12.2012
Unglingamet	15:01.35	Anton Sveinn McKee	AEGIR	Laugardalslaug	09.12.2011
Aldursflokkamet	15:52.21	Arnór Stefánsson	SH	Hafnarfjoerdur	18.11.2012

EM25 : 15:23.79 / NM-A 18 +: 15:40.31; 14 - 17: 16:01.50 / NM-B 18 +: 15:49.81; 14 - 17: 16:11.21 / A-landslið : 15:42.65 /
Úrvalshópur 20: 15:49.81; 19: 15:56.88; 18: 16:04.05 / Unglingalandslið 17: 16:11.21; 16: 16:25.91; 15: 16:42.69 /
Framtíðarhópur 14: 17:14.18; 13: 17:54.90; 12: 18:56.36

Stig: FINA 2023

Sæti			Aldur			Tími	Stig		
1.	Hólmar Grétarsson		15	SH		15:58.06	690	NM-A NM-B Ung	
	100m: 1:01.01	1:01.01	500m: 5:17.21	1:04.00	900m: 9:34.73	1:04.15	1300m: 13:51.96	1:04.49	
	200m: 2:05.48	1:04.47	600m: 6:21.39	1:04.18	1000m: 10:39.26	1:04.53	1400m: 14:55.89	1:03.93	
	300m: 3:09.64	1:04.16	700m: 7:26.11	1:04.72	1100m: 11:43.22	1:03.96	1500m: 15:58.06	1:02.17	
	400m: 4:13.21	1:03.57	800m: 8:30.58	1:04.47	1200m: 12:47.47	1:04.25			
2.	Bartosz Henke		18	SH		16:07.20	671		
	100m: 1:00.79	1:00.79	500m: 5:17.62	1:04.32	900m: 9:36.33	1:04.78	1300m: 13:58.12	1:05.56	
	200m: 2:05.47	1:04.68	600m: 6:22.12	1:04.50	1000m: 10:41.42	1:05.09	1400m: 15:04.31	1:06.19	
	300m: 3:09.32	1:03.85	700m: 7:26.83	1:04.71	1100m: 11:46.99	1:05.57	1500m: 16:07.20	1:02.89	
	400m: 4:13.30	1:03.98	800m: 8:31.55	1:04.72	1200m: 12:52.56	1:05.57			
3.	Andri Már Kristjánsson		17	SH		16:43.00	601		
	100m: 1:01.26	1:01.26	500m: 5:28.76	1:08.03	900m: 10:00.42	1:07.95	1300m: 14:31.26	1:08.48	
	200m: 2:07.07	1:05.81	600m: 6:36.96	1:08.20	1000m: 11:08.71	1:08.29	1400m: 15:39.14	1:07.88	
	300m: 3:14.13	1:07.06	700m: 7:44.96	1:08.00	1100m: 12:15.99	1:07.28	1500m: 16:43.00	1:03.86	
	400m: 4:20.73	1:06.60	800m: 8:52.47	1:07.51	1200m: 13:22.78	1:06.79			
4.	Karl Björnsson		15	SH		16:45.45	597		
	100m: 1:02.19	1:02.19	500m: 5:31.66	1:07.67	900m: 10:01.74	1:07.37	1300m: 14:33.17	1:07.91	
	200m: 2:08.98	1:06.79	600m: 6:39.24	1:07.58	1000m: 11:09.60	1:07.86	1400m: 15:40.20	1:07.03	
	300m: 3:16.55	1:07.57	700m: 7:46.68	1:07.44	1100m: 12:17.23	1:07.63	1500m: 16:45.45	1:05.25	
	400m: 4:23.99	1:07.44	800m: 8:54.37	1:07.69	1200m: 13:25.26	1:08.03			
5.	Birgir Hrafn Kjartansson		15	Ægir		16:54.41	581		
	100m: 1:02.21	1:02.21	500m: 5:36.15	1:08.79	900m: 10:09.84	1:08.20	1300m: 14:41.20	1:07.67	
	200m: 2:09.67	1:07.46	600m: 6:45.03	1:08.88	1000m: 11:17.69	1:07.85	1400m: 15:49.44	1:08.24	
	300m: 3:18.67	1:09.00	700m: 7:53.16	1:08.13	1100m: 12:25.41	1:07.72	1500m: 16:54.41	1:04.97	
	400m: 4:27.36	1:08.69	800m: 9:01.64	1:08.48	1200m: 13:33.53	1:08.12			
6.	Ragnar Halldórsson		14	Breiðablik		18:45.90	425		
	100m: 1:08.77	1:08.77	500m: 6:11.08	1:15.74	900m: 11:14.92	1:15.57	1300m: 16:18.07	1:15.63	
	200m: 2:23.34	1:14.57	600m: 7:27.57	1:16.49	1000m: 12:30.64	1:15.72	1400m: 17:32.77	1:14.70	
	300m: 3:38.90	1:15.56	700m: 8:43.46	1:15.89	1100m: 13:46.31	1:15.67	1500m: 18:45.90	1:13.13	
	400m: 4:55.34	1:16.44	800m: 9:59.35	1:15.89	1200m: 15:02.44	1:16.13			

18 ára og yngri

1.	Hólmar Grétarsson		15	SH		15:58.06	690	NM-A NM-B Ung	
	100m: 1:01.01	1:01.01	500m: 5:17.21	1:04.00	900m: 9:34.73	1:04.15	1300m: 13:51.96	1:04.49	
	200m: 2:05.48	1:04.47	600m: 6:21.39	1:04.18	1000m: 10:39.26	1:04.53	1400m: 14:55.89	1:03.93	
	300m: 3:09.64	1:04.16	700m: 7:26.11	1:04.72	1100m: 11:43.22	1:03.96	1500m: 15:58.06	1:02.17	
	400m: 4:13.21	1:03.57	800m: 8:30.58	1:04.47	1200m: 12:47.47	1:04.25			
2.	Bartosz Henke		18	SH		16:07.20	671		
	100m: 1:00.79	1:00.79	500m: 5:17.62	1:04.32	900m: 9:36.33	1:04.78	1300m: 13:58.12	1:05.56	
	200m: 2:05.47	1:04.68	600m: 6:22.12	1:04.50	1000m: 10:41.42	1:05.09	1400m: 15:04.31	1:06.19	
	300m: 3:09.32	1:03.85	700m: 7:26.83	1:04.71	1100m: 11:46.99	1:05.57	1500m: 16:07.20	1:02.89	
	400m: 4:13.30	1:03.98	800m: 8:31.55	1:04.72	1200m: 12:52.56	1:05.57			
3.	Andri Már Kristjánsson		17	SH		16:43.00	601		
	100m: 1:01.26	1:01.26	500m: 5:28.76	1:08.03	900m: 10:00.42	1:07.95	1300m: 14:31.26	1:08.48	
	200m: 2:07.07	1:05.81	600m: 6:36.96	1:08.20	1000m: 11:08.71	1:08.29	1400m: 15:39.14	1:07.88	
	300m: 3:14.13	1:07.06	700m: 7:44.96	1:08.00	1100m: 12:15.99	1:07.28	1500m: 16:43.00	1:03.86	
	400m: 4:20.73	1:06.60	800m: 8:52.47	1:07.51	1200m: 13:22.78	1:06.79			

Sundgrein 18, Piltar, 1500m skriðsund, 18 ára og yngri

Sæti	Aldur								Tími	Stig
4.	Karl Björnsson								16:45.45	597
	100m: 1:02.19	1:02.19	500m: 5:31.66	1:07.67	900m: 10:01.74	1:07.37	1300m: 14:33.17	1:07.91		
	200m: 2:08.98	1:06.79	600m: 6:39.24	1:07.58	1000m: 11:09.60	1:07.86	1400m: 15:40.20	1:07.03		
	300m: 3:16.55	1:07.57	700m: 7:46.68	1:07.44	1100m: 12:17.23	1:07.63	1500m: 16:45.45	1:05.25		
	400m: 4:23.99	1:07.44	800m: 8:54.37	1:07.69	1200m: 13:25.26	1:08.03				
5.	Birgir Hrafn Kjartansson								16:54.41	581
	100m: 1:02.21	1:02.21	500m: 5:36.15	1:08.79	900m: 10:09.84	1:08.20	1300m: 14:41.20	1:07.67		
	200m: 2:09.67	1:07.46	600m: 6:45.03	1:08.88	1000m: 11:17.69	1:07.85	1400m: 15:49.44	1:08.24		
	300m: 3:18.67	1:09.00	700m: 7:53.16	1:08.13	1100m: 12:25.41	1:07.72	1500m: 16:54.41	1:04.97		
	400m: 4:27.36	1:08.69	800m: 9:01.64	1:08.48	1200m: 13:33.53	1:08.12				
6.	Ragnar Halldórsson								18:45.90	425
	100m: 1:08.77	1:08.77	500m: 6:11.08	1:15.74	900m: 11:14.92	1:15.57	1300m: 16:18.07	1:15.63		
	200m: 2:23.34	1:14.57	600m: 7:27.57	1:16.49	1000m: 12:30.64	1:15.72	1400m: 17:32.77	1:14.70		
	300m: 3:38.90	1:15.56	700m: 8:43.46	1:15.89	1100m: 13:46.31	1:15.67	1500m: 18:45.90	1:13.13		
	400m: 4:55.34	1:16.44	800m: 9:59.35	1:15.89	1200m: 15:02.44	1:16.13				