

WTC32 Puur Tamminga Challenge  
Veenendaal, 21- - 22-10-2023

Programmanr. 1  
21-10-2023 - 9:45

Heren, 400m vrije slag

Senioren Open  
Resultaten

Punten: Rudolph Table 2023

rang	naam	vereniging	intijd		tijd	Pnt	
1.	Émile Fouzaï	Blue Marlins	3:57.28	200500263	<b>4:00.56</b>	15,4	15,4
	50m: 26.34	26.34	150m:	250m:	350m:		
	100m: 56.22	29.88	200m: 1:57.74	300m:	400m: 4:00.56		
2.	Bas Mostert	VZC	4:13.15	200800629	<b>4:16.57</b>	13,9	13,9
	50m: 27.63	27.63	150m:	250m:	350m:		
	100m: 59.17	31.54	200m: 2:05.01	300m:	400m: 4:16.57		
3.	Niek Vreeling	O Z & P C	4:30.66	200604211	<b>4:22.62</b>	10,1	10,1
	50m: 27.41	27.41	150m:	250m:	350m:		
	100m: 59.65	32.24	200m: 2:06.44	300m:	400m: 4:22.62		
4.	Lars ten Katen	Batavia Swim	4:23.20	200600959	<b>4:23.11</b>	10,0	10,0
	50m: 28.98	28.98	150m:	250m:	350m:		
	100m: 1:01.07	32.09	200m: 2:07.54	300m:	400m: 4:23.11		
5.	Lars van Wingerden	ZV New Wave Almere	5:11.14	200404849	<b>4:40.42</b>	1,6	1,6
	50m: 30.36	30.36	150m:	250m:	350m:		
	100m: 1:03.69	33.33	200m: 2:14.86	300m:	400m: 4:40.42		
6.	Storm Elgersma	Zwemlust- den Hommel	4:47.91	200702053	<b>4:47.72</b>	3,8	3,8
	50m: 30.85	30.85	150m:	250m:	350m:		
	100m: 1:05.03	34.18	200m: 2:19.91	300m:	400m: 4:47.72		
7.	Bink Elgersma	Zwemlust- den Hommel	5:01.90	201000137	<b>4:54.32</b>	8,2	8,2
	50m: 31.14	31.14	150m:	250m:	350m:		
	100m: 1:06.42	35.28	200m: 2:22.08	300m:	400m: 4:54.32		
8.	David Bret	Wahoo Swimming	5:00.05	201003615	<b>4:54.93</b>	8,0	8,0
	50m: 32.32	32.32	150m:	250m:	350m:		
	100m: 1:08.95	36.63	200m: 2:24.95	300m:	400m: 4:54.93		
9.	Dimitri Lans	ZV De Aalscholver	4:52.18	200401325	<b>5:03.21</b>		
	50m: 30.08	30.08	150m:	250m:	350m:		
	100m: 1:05.33	35.25	200m: 2:20.85	300m: 2:41.81	400m: 5:03.21		
10.	Gwee Bokma	Zwemlust- den Hommel	5:23.15	201002259	<b>5:07.31</b>	4,8	4,8
	50m: 32.53	32.53	150m:	250m:	350m:		
	100m: 1:08.41	35.88	200m: 2:25.50	300m:	400m: 5:07.31		
11.	Mischa Ritzen	ZV De Aalscholver	5:15.92	200500897	<b>5:22.83</b>		
	50m: 32.49	32.49	150m:	250m:	350m:		
	100m: 1:10.63	38.14	200m: 2:32.99	300m:	400m: 5:22.83		
12.	Yanniek Jager	Batavia Swim	NT	201100315	<b>5:23.82</b>	3,6	3,6
	50m: 34.61	34.61	150m:	250m:	350m:		
	100m: 1:15.11	40.50	200m: 2:39.32	300m:	400m: 5:23.82		
13.	Brayden Vered	Blue Marlins	5:29.71	200802517	<b>5:27.46</b>		
	50m: 34.77	34.77	150m:	250m:	350m:		
	100m: 1:14.08	39.31	200m: 2:38.01	300m:	400m: 5:27.46		
14.	Stan Ordelman	SG Octopus - ZVV	6:40.99	201100009	<b>5:32.72</b>	1,3	1,3
	50m: 35.84	35.84	150m:	250m:	350m:		
	100m: 1:16.18	40.34	200m: 2:38.76	300m:	400m: 5:32.72		
15.	Teun Zeeman	Zwemlust- den Hommel	5:43.90	200901133	<b>5:42.74</b>		
	50m: 34.26	34.26	150m:	250m:	350m:		
	100m: 1:15.33	41.07	200m: 2:44.09	300m:	400m: 5:42.74		
16.	Jake van Duivendijk	Blue Marlins	5:58.17	201000945	<b>5:44.44</b>		
	50m: 36.61	36.61	150m:	250m:	350m:		
	100m: 1:18.18	41.57	200m: 2:45.36	300m:	400m: 5:44.44		
17.	Evan Havenaar	VZC	6:06.96	201102101	<b>5:54.59</b>		
	50m: 39.42	39.42	150m:	250m:	350m:		
	100m: 1:22.62	43.20	200m: 2:52.29	300m:	400m: 5:54.59		
DIS	Kyaro Giuliano	De Dolfijn	5:52.58	201000489			
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>						