

Sundgrein 13
27.01.2024 - 9:30

karla, 400m skriðsund

Opinn
Úrslitalistar Undanrásir

Meet Record	3:53.71	Pál Joensen	FRO		17.01.2009
Icelandic Record	3:54.67	Anton Sveinn McKee	AEGIR	Barcelona (ESP)	28.07.2013
Icelandic Junior Records	3:59.48	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	06.07.2011
Icelandic Age Group Records	4:08.86	Hólmur Grétarsson	SH	Maribor (SLO)	24.07.2023

Stig: FINA 2023

Sæti			F.ár			Tími	Stig	
15 ára og yngri								
1.	Egill Orri Baldursson		09	Íþróttabandalag Reykjanesbæjar		4:45.01	460	
	50m:	31.67 31.67	150m:	1:43.74 36.20	250m:	2:56.50 36.23	350m:	4:09.46 36.11
	100m:	1:07.54 35.87	200m:	2:20.27 36.53	300m:	3:33.35 36.85	400m:	4:45.01 35.55
2.	Árni Þór Pálmason		09	Íþróttabandalag Reykjanesbæjar		4:46.90	451	
	50m:	30.99 30.99	150m:	1:42.93 36.21	250m:	2:56.45 37.26	350m:	4:11.47 37.37
	100m:	1:06.72 35.73	200m:	2:19.19 36.26	300m:	3:34.10 37.65	400m:	4:46.90 35.43
3.	Noah Galli		09	Schwimmclub Meilen		4:48.83	442	
	50m:	32.11 32.11	150m:	1:44.69 36.49	250m:	3:00.11 37.98	350m:	4:14.77 36.20
	100m:	1:08.20 36.09	200m:	2:22.13 37.44	300m:	3:38.57 38.46	400m:	4:48.83 34.06
4.	Símun Sámal Joensen		09	Havnar Svímjifelag		4:48.88	442	
	50m:	31.59 31.59	150m:	1:44.01 36.73	250m:	2:58.60 37.30	350m:	4:13.21 37.12
	100m:	1:07.28 35.69	200m:	2:21.30 37.29	300m:	3:36.09 37.49	400m:	4:48.88 35.67
5.	Vanja Djurovic		09	Sunddeild Breiðabliks		4:53.47	421	
	50m:	31.86 31.86	150m:	1:45.11 37.20	250m:	3:00.57 37.83	350m:	4:17.03 38.13
	100m:	1:07.91 36.05	200m:	2:22.74 37.63	300m:	3:38.90 38.33	400m:	4:53.47 36.44
6.	Julian Jarnutowski		10	Íþróttabandalag Reykjanesbæjar		4:57.37	405	
	50m:	32.15 32.15	150m:	1:47.88 38.78	250m:	3:04.87 38.51	350m:	4:22.22 38.94
	100m:	1:09.10 36.95	200m:	2:26.36 38.48	300m:	3:43.28 38.41	400m:	4:57.37 35.15
7.	Cyril Jaeger		09	Schwimmclub Thalwil		4:57.88	403	
	50m:	32.23 32.23	150m:	1:47.21 38.27	250m:	3:04.18 38.54	350m:	4:21.75 39.03
	100m:	1:08.94 36.71	200m:	2:25.64 38.43	300m:	3:42.72 38.54	400m:	4:57.88 36.13
8.	Kajus Jatautas		10	Sundfélag Akraness		4:58.78	399	
	50m:	32.66 32.66	150m:	1:49.36 39.20	250m:	3:04.93 37.46	350m:	4:21.31 38.01
	100m:	1:10.16 37.50	200m:	2:27.47 38.11	300m:	3:43.30 38.37	400m:	4:58.78 37.47
9.	Stefán Hagalín Árnason		10	Ármann		5:08.80	361	
	50m:	34.34 34.34	150m:	1:52.65 39.96	250m:	3:12.78 39.92	350m:	4:32.25 39.34
	100m:	1:12.69 38.35	200m:	2:32.86 40.21	300m:	3:52.91 40.13	400m:	5:08.80 36.55
10.	Magni Rafn Ragnarsson		10	Sundfélagið Óðinn		5:09.00	361	
	50m:	34.27 34.27	150m:	1:51.30 39.46	250m:	3:11.27 40.02	350m:	4:31.00 39.56
	100m:	1:11.84 37.57	200m:	2:31.25 39.95	300m:	3:51.44 40.17	400m:	5:09.00 38.00
11.	Tórir Olsen		11	Svímjifelagið Ægir		5:12.10	350	
	50m:	34.54 34.54	150m:	1:52.87 39.92	250m:	3:14.34 40.71	350m:	4:34.04 39.80
	100m:	1:12.95 38.41	200m:	2:33.63 40.76	300m:	3:54.24 39.90	400m:	5:12.10 38.06

16 ára og eldri

1.	Líggjas Joensen		08	Svímjifelagið Ægir		4:16.78	629	Q
	50m:	29.13 29.13	150m:	1:33.36 32.64	250m:	2:39.57 32.76	350m:	3:45.74 32.69
	100m:	1:00.72 31.59	200m:	2:06.81 33.45	300m:	3:13.05 33.48	400m:	4:16.78 31.04
2.	Heini M. Askham		06	Svímjifelagið Ægir		4:16.97	628	Q
	50m:	29.35 29.35	150m:	1:33.77 32.42	250m:	2:39.58 32.94	350m:	3:45.78 33.00
	100m:	1:01.35 32.00	200m:	2:06.64 32.87	300m:	3:12.78 33.20	400m:	4:16.97 31.19

Sundgrein 13, karla, 400m skriðsund, Undanrásir, 16 ára og eldri

Sæti			F.ár					Tími	Stig	
3.	Ymir Chatenay Solvason		06	Sunddeild Breiðabliks				4:17.41	624	Q
	50m:	29.80 29.80	150m:	1:36.38	33.35	250m:	2:42.68	32.68	350m:	3:48.15 32.59
	100m:	1:03.03 33.23	200m:	2:10.00	33.62	300m:	3:15.56	32.88	400m:	4:17.41 29.26
4.	Hólmar Grétarsson		08	Sh				4:18.58	616	Q
	50m:	29.73 29.73	150m:	1:35.99	33.23	250m:	2:42.43	32.87	350m:	3:48.07 32.62
	100m:	1:02.76 33.03	200m:	2:09.56	33.57	300m:	3:15.45	33.02	400m:	4:18.58 30.51
5.	Sigurd S. Kristensen		08	Aalborg				4:23.58	582	Q
	50m:	29.35 29.35	150m:	1:34.82	33.41	250m:	2:42.38	33.71	350m:	3:49.56 33.57
	100m:	1:01.41 32.06	200m:	2:08.67	33.85	300m:	3:15.99	33.61	400m:	4:23.58 34.02
6.	Denas Kazulis		08	Íþróttabandalag Reykjanesbæjar				4:26.13	565	Q
	50m:	30.45 30.45	150m:	1:38.28	34.20	250m:	2:47.92	34.73	350m:	3:54.67 32.43
	100m:	1:04.08 33.63	200m:	2:13.19	34.91	300m:	3:22.24	34.32	400m:	4:26.13 31.46
7.	Felix Tetli		07	Södertälje				4:26.43	563	Q
	50m:	29.29 29.29	150m:	1:35.56	33.54	250m:	2:43.52	34.09	350m:	3:52.07 34.35
	100m:	1:02.02 32.73	200m:	2:09.43	33.87	300m:	3:17.72	34.20	400m:	4:26.43 34.36
8.	Silas Dam Lindberg		08	Havnar Svímjifélag				4:26.62	562	Q
	50m:	29.58 29.58	150m:	1:35.12	33.48	250m:	2:44.07	34.33	350m:	3:52.86 34.32
	100m:	1:01.64 32.06	200m:	2:09.74	34.62	300m:	3:18.54	34.47	400m:	4:26.62 33.76
9.	Birgir Hrafn Kjartansson		08	Sundfélagið Ægir				4:27.48	556	R
	50m:	29.60 29.60	150m:	1:36.34	34.21	250m:	2:45.27	34.53	350m:	3:54.36 34.84
	100m:	1:02.13 32.53	200m:	2:10.74	34.40	300m:	3:19.52	34.25	400m:	4:27.48 33.12
10.	Andri Már Kristjánsson		06	Sh				4:29.73	543	R
	50m:	29.33 29.33	150m:	1:38.19	35.32	250m:	2:47.07	34.40	350m:	3:56.58 34.68
	100m:	1:02.87 33.54	200m:	2:12.67	34.48	300m:	3:21.90	34.83	400m:	4:29.73 33.15
11.	Stefán Ingi Ólafsson		06	Sundfélagið Ægir				4:32.32	527	
	50m:	30.05 30.05	150m:	1:38.29	34.56	250m:	2:48.45	35.18	350m:	3:58.91 35.12
	100m:	1:03.73 33.68	200m:	2:13.27	34.98	300m:	3:23.79	35.34	400m:	4:32.32 33.41
12.	Sebastian Isaksen		07	Bergensvømmerne				4:33.21	522	
	50m:	29.57 29.57	150m:	1:38.65	35.15	250m:	2:49.31	35.55	350m:	3:59.54 35.26
	100m:	1:03.50 33.93	200m:	2:13.76	35.11	300m:	3:24.28	34.97	400m:	4:33.21 33.67
13.	Leander Berg		07	Bergensvømmerne				4:39.35	488	
	50m:	29.87 29.87	150m:	1:37.96	34.60	250m:	2:50.21	36.30	350m:	4:03.49 36.51
	100m:	1:03.36 33.49	200m:	2:13.91	35.95	300m:	3:26.98	36.77	400m:	4:39.35 35.86
14.	Sverre Wesnes		08	Bergensvømmerne				4:42.63	472	
	50m:	30.20 30.20	150m:	1:40.58	36.20	250m:	2:53.72	36.79	350m:	4:06.83 35.84
	100m:	1:04.38 34.18	200m:	2:16.93	36.35	300m:	3:30.99	37.27	400m:	4:42.63 35.80
15.	Ólavur Winther Jákupsson		08	Havnar Svímjifélag				4:44.20	464	
	50m:	31.12 31.12	150m:	1:41.34	35.95	250m:	2:54.85	36.45	350m:	4:08.24 36.51
	100m:	1:05.39 34.27	200m:	2:18.40	37.06	300m:	3:31.73	36.88	400m:	4:44.20 35.96
16.	Halldór Ingi Hafþórsson		08	Sh				4:46.12	455	
	50m:	31.22 31.22	150m:	1:42.44	36.08	250m:	2:56.16	36.81	350m:	4:10.57 37.20
	100m:	1:06.36 35.14	200m:	2:19.35	36.91	300m:	3:33.37	37.21	400m:	4:46.12 35.55
17.	Mathias Greve-Isdahl Mohn		07	Bergensvømmerne				4:54.82	415	
	50m:	32.40 32.40	150m:	1:47.08	37.49	250m:	3:01.98	37.11	350m:	4:17.84 38.04
	100m:	1:09.59 37.19	200m:	2:24.87	37.79	300m:	3:39.80	37.82	400m:	4:54.82 36.98
18.	Niranjan Mukundan		94	India				5:27.28	304	
	50m:	35.91 35.91	150m:	1:57.64	42.23	250m:	3:21.57	42.27	350m:	4:46.59 42.44
	100m:	1:15.41 39.50	200m:	2:39.30	41.66	300m:	4:04.15	42.58	400m:	5:27.28 40.69

Sundgrein 13, karla, 400m skriðsund, Undanrásir, 16 ára og eldri

Sæti	F.ár						Tími	Stig				
19.	Guðfinnur Karlsson						5:43.03	264				
	50m:	38.54	38.54	150m:	2:03.77	43.64	250m:	3:31.20	44.06	350m:	5:00.91	45.05
	100m:	1:20.13	41.59	200m:	2:47.14	43.37	300m:	4:15.86	44.66	400m:	5:43.03	42.12