

Sundgrein 13
 27.01.2024 - 17:33

karla, 400m skriðsund

 Opinn
 Úrslitalistar Úrslitsund

Meet Record	3:53.71	Pál Joensen	FRO		17.01.2009
Icelandic Record	3:54.67	Anton Sveinn McKee	AEGIR	Barcelona (ESP)	28.07.2013
Icelandic Junior Records	3:59.48	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	06.07.2011
Icelandic Age Group Records	4:08.86	Hólmur Grétarsson	SH	Maribor (SLO)	24.07.2023

Stig: FINA 2023

Sæti			F.ár			Tími	Stig	
1.	Líggjas Joensen		08	Svimjifelagið Ægir		4:10.88	674	
	50m: 28.38	28.38	150m: 1:32.19	32.39	250m: 2:37.78	32.83	350m: 3:41.79	31.58
	100m: 59.80	31.42	200m: 2:04.95	32.76	300m: 3:10.21	32.43	400m: 4:10.88	29.09
2.	Ymir Chatenay Solvason		06	Sunddeild Breiðabliks		4:12.05	665	
	50m: 28.73	28.73	150m: 1:32.46	32.56	250m: 2:37.74	32.31	350m: 3:42.76	32.33
	100m: 59.90	31.17	200m: 2:05.43	32.97	300m: 3:10.43	32.69	400m: 4:12.05	29.29
3.	Heini M. Askham		06	Svimjifelagið Ægir		4:13.15	656	
	50m: 28.62	28.62	150m: 1:32.68	32.56	250m: 2:37.66	32.53	350m: 3:42.77	32.47
	100m: 1:00.12	31.50	200m: 2:05.13	32.45	300m: 3:10.30	32.64	400m: 4:13.15	30.38
4.	Hólmur Grétarsson		08	Sh		4:15.42	639	
	50m: 29.55	29.55	150m: 1:34.51	32.64	250m: 2:39.80	32.48	350m: 3:44.35	32.10
	100m: 1:01.87	32.32	200m: 2:07.32	32.81	300m: 3:12.25	32.45	400m: 4:15.42	31.07
5.	Silas Dam Lindberg		08	Havnar Svímjifelag		4:23.35	583	
	50m: 29.04	29.04	150m: 1:34.68	33.39	250m: 2:42.20	34.24	350m: 3:50.86	34.54
	100m: 1:01.29	32.25	200m: 2:07.96	33.28	300m: 3:16.32	34.12	400m: 4:23.35	32.49
6.	Síгурd S. Kristensen		08	Aalborg		4:24.51	575	
	50m: 28.67	28.67	150m: 1:34.02	33.51	250m: 2:43.16	34.67	350m: 3:53.02	33.76
	100m: 1:00.51	31.84	200m: 2:08.49	34.47	300m: 3:19.26	36.10	400m: 4:24.51	31.49
7.	Birgir Hrafn Kjartansson		08	Sundfélagið Ægir		4:24.76	574	
	50m: 29.69	29.69	150m: 1:36.36	33.84	250m: 2:44.89	34.38	350m: 3:53.75	34.45
	100m: 1:02.52	32.83	200m: 2:10.51	34.15	300m: 3:19.30	34.41	400m: 4:24.76	31.01
8.	Felix Tetli		07	Södertälje		4:26.60	562	
	50m: 29.50	29.50	150m: 1:35.06	33.09	250m: 2:43.53	34.61	350m: 3:52.33	34.56
	100m: 1:01.97	32.47	200m: 2:08.92	33.86	300m: 3:17.77	34.24	400m: 4:26.60	34.27