

Event 13 Men, 400m Freestyle Open Results Final  
 27.01.2024 - 17:33

Meet Record	3:53.71	Pál Joensen	FRO		17.01.2009
Icelandic Record	3:54.67	Anton Sveinn McKee	AEGIR	Barcelona (ESP)	28.07.2013
Icelandic Junior Records	3:59.48	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	06.07.2011
Icelandic Age Group Records	4:08.86	Hólmar Grétarsson	SH	Maribor (SLO)	24.07.2023

Points: FINA 2023

Rank			YB			Time	Pts	
1.	Liggjas Joensen		08	Svimjifelagid Agir		<b>4:10.88</b>	674	
	50m:	28.38 28.38	150m:	1:32.19 32.39	250m:	2:37.78 32.83	350m:	3:41.79 31.58
	100m:	59.80 31.42	200m:	2:04.95 32.76	300m:	3:10.21 32.43	400m:	4:10.88 29.09
2.	Ymir Chatenay Solvason		06	Sunddeild Breidabliks		<b>4:12.05</b>	665	
	50m:	28.73 28.73	150m:	1:32.46 32.56	250m:	2:37.74 32.31	350m:	3:42.76 32.33
	100m:	59.90 31.17	200m:	2:05.43 32.97	300m:	3:10.43 32.69	400m:	4:12.05 29.29
3.	Heini M. Askham		06	Svimjifelagid Agir		<b>4:13.15</b>	656	
	50m:	28.62 28.62	150m:	1:32.68 32.56	250m:	2:37.66 32.53	350m:	3:42.77 32.47
	100m:	1:00.12 31.50	200m:	2:05.13 32.45	300m:	3:10.30 32.64	400m:	4:13.15 30.38
4.	Holmar Gretarsson		08	SH		<b>4:15.42</b>	639	
	50m:	29.55 29.55	150m:	1:34.51 32.64	250m:	2:39.80 32.48	350m:	3:44.35 32.10
	100m:	1:01.87 32.32	200m:	2:07.32 32.81	300m:	3:12.25 32.45	400m:	4:15.42 31.07
5.	Silas Dam Lindberg		08	Havnar Svímjifelag		<b>4:23.35</b>	583	
	50m:	29.04 29.04	150m:	1:34.68 33.39	250m:	2:42.20 34.24	350m:	3:50.86 34.54
	100m:	1:01.29 32.25	200m:	2:07.96 33.28	300m:	3:16.32 34.12	400m:	4:23.35 32.49
6.	Sigurd S. Kristensen		08	Aalborg		<b>4:24.51</b>	575	
	50m:	28.67 28.67	150m:	1:34.02 33.51	250m:	2:43.16 34.67	350m:	3:53.02 33.76
	100m:	1:00.51 31.84	200m:	2:08.49 34.47	300m:	3:19.26 36.10	400m:	4:24.51 31.49
7.	Birgir Hrafn Kjartansson		08	Sundfelagid Agir		<b>4:24.76</b>	574	
	50m:	29.69 29.69	150m:	1:36.36 33.84	250m:	2:44.89 34.38	350m:	3:53.75 34.45
	100m:	1:02.52 32.83	200m:	2:10.51 34.15	300m:	3:19.30 34.41	400m:	4:24.76 31.01
8.	Felix Tetli		07	Sodertalje		<b>4:26.60</b>	562	
	50m:	29.50 29.50	150m:	1:35.06 33.09	250m:	2:43.53 34.61	350m:	3:52.33 34.56
	100m:	1:01.97 32.47	200m:	2:08.92 33.86	300m:	3:17.77 34.24	400m:	4:26.60 34.27